



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday 10/1/2021	Saturday 10/2/2021
B F S T						Choice of hot/cold Cereal Wheat Toast Fresh Fruit Milk	Oatmeal Scramble Eggs Sausage Patties Fresh Fruit Milk
N O O N						Turkey W/Gravy Mashed Potatoes Fruit Cocktails Milk	Beef Stew Saltines Apricots milk `
E V E						Cube Steak Au gratin Potatoes Broccoli Dinner Roll Fresh Fruit Milk/juice	Sloppy Joes Whole Wheat Bun Baked Fries Whole Kernel Corn Apple Slices Milk/Juice
SNACK AM						Pineapple chunks	Fruit Snacks
SNACK PM						Baked off Pumpkin Pie	Ice cream




WATER SHOULD BE OFFER WITH ALL MEALS AND THROUGHOUT THE DAY

ALL CROCKPOT MEALS SHOULD BE STARTED BY 1ST SHIFT

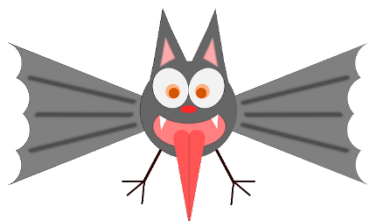


October



	Sunday 10/3/2021	Monday 10/4/2021	Tuesday 10/5/2021	Wednesday 10/6/2021	Thursday 10/7/2021	Friday 10/8/2021	Saturday 10/9/2021
B F S T	Egg/sausage Breakfast Burrito Fresh Fruit Milk	Choice of hot/cold Cereal Wheat Toast Fresh Fruit milk	Sausage/egg Mc Muffin Applesauce Milk	Choice of hot/cold Cereal Sausage Fresh Fruit Milk	Waffles Fresh Fruit Sausage link Milk	Choice of hot/cold Cereal Wheat toast Fresh fruit Milk	Grits Wheat Toast  Turkey Bacon Milk
N O O N	Fish Fillet Sandwich Small salad Fruit Milk/juice	Ham and Cheese Sandwich Chicken noodle soup Milk/juice	Chicken Sandwich Veggie tots Apple slices Milk/juice	Pizza Rolls Baked Fries Peaches Milk/juice	BLT Sandwich Vegetable Soup Fresh Fruit Milk	Chicken Nuggets French fries Peaches Milk/juice	Polish Sausage Veggie Chips Orange Wedges Milk/juice
E V E	Ground turkey w/gravy Mashed Potatoes Honey Glazed Carrots ½ Wheat Bread Sliced Pears Milk/Juice	Beef Stroganoff w/ Egg Noodles Sweet Peas Orange Wedges ½ slice Wheat Bread Milk/juice	Create your own Subs Veggie Chips Tropical fruit Milk/juice	Crockpot Meal Chili w/ ground turkey Whole Kernel Corn Cornbread Milk/juice	Bingo Night Meal 	Resident Choice Order out 	Roasted Chicken Roasted Potatoes Peas and Carrots Cornbread Milk/Juice
SNACK AM	Pudding	Snack of choice	Strawberries	Grapes	Apple Slices Caramel	Fruit cocktails	Nutri grain Bar
SNACK PM	Smoothie	Candy Apples	Fruit snacks	Goldfish Crackers	Rainbow Gelatin	Teddy Grahams	Green Slime punch

MORE THAN A HOME
WEEK 3 MENU
2021






	Sunday 10/10/2021	Monday 10/11/2021	Tuesday 10/12/2021	Wednesday 10/13/2021	Thursday 10/14/2021	Friday 10/15/2021	Saturday 10/16/2021
B F S T	Scramble Eggs Grits Biscuits Bacon Milk 	Choice of hot/cold Cereal Wheat Toast Fresh Fruit Milk	Omelet Wheat Toast Fresh Fruit Milk 	Eggs and Ham Wheat Toast Fresh Fruit Milk	Hash browns Sausage Patty Wheat toast Fresh Fruit Milk	Choice of hot/cold Cereal Wheat Toast Fresh Fruit Milk	Pancakes Scramble Eggs Sausage links Fresh Fruit Milk
N O O N	Corn dogs Tater Tots Applesauce Milk/juice	Pasties Sweet Corn Fruit Milk/juice	Ham and Cheese Subs Veggie Chips Peaches Milk	Chicken Salad Sandwich Sun Chips Fruit of Choice Milk/juice	Tuna Mac Spinach Salad Tropical Fruit Milk/juice	Pork and Beans Hot dogs Apple Slices Milk/Juice	Chicken Tenders Steak Fries Orange half Milk/Juice
E V E	Lasagna Garden Salad Garlic Bread Fresh Pear Milk/Juice	Chicken Wings Scallop Potatoes Peas ½ slice Wheat Bread Milk/juice	Pork Steaks Mac n cheese Broccoli Orange Wedges ½ slice Wheat Bread Milk/juice	Pumpkin Eggs and Bacon	Swedish Meatballs Garlic Mashed Potatoes California Blend Veggies ½ wheat Bread Applesauce Milk/Juice	Tuna Casserole Sweet Peas Whole Wheat Dinner Roll Pear Halves Milk/Juice	Meatloaf Mashed Potatoes Peas and Corn Cornbread Mandarin Oranges Milk/Juice
SNACK AM	Grapes	Bananas	Fruit cup	Strawberries	Tropical Fruit	Pudding	Pumpkin Cookies
SNACK PM	Brownies	Raisins	Smores	Peanut Butter Cookies	Watermelon Fruit Salad	Broccoli and Ranch Water	Fruit Snacks

MORE THAN A HOME
WEEK 4 MENU



2021



	Sunday 10/17/2021	Monday 10/18/2021	Tuesday 10/19/2021	Wednesday 10/20/2021	Thursday 10/21/2021	Friday 10/22/2021	Saturday 10/23/2021
B F S T	Wheat Toast Fresh Fruit Turkey Bacon Milk	Choice of hot/cold Cereal Fresh Fruit Milk	Sausage Link Pancakes Fresh Fruit Milk	Choice of hot/cold Cereal Wheat toast Fresh Fruit Milk	French Toast Applesauce Milk	Breakfast Casserole Wheat Toast Fresh Fruit Milk	Sausage and Egg Scrambler Diced Potatoes Wheat Toast Milk
N O O N	Turkey and Cheese Sandwich Chicken noodle soup String Cheese Milk/Juice	BBQ Riblet Sandwich Lays Chips Fruit Cocktails Milk/Juice	Chicken Caesar Salad Whole Grain Roll Cottage Cheese Sliced Peaches Milk/Juice	Chicken Patty Sandwich Corn Applesauce Milk/juice	Resident's Choice 	Taco Salad Tortilla Chips Mandarin Oranges Milk/juice	Leftovers 
E V E	Pork Chop Suey w/Oriental Vegetables Seasoned Brown Rice Cornbread Pineapple Chunks Milk/Juice	Hamburgers w/ the works French Fries Whole Kernel Corn Fruit of Choice Milk/juice	Manicotti W/tomato Sauce Romaine Salad w/Dressing Garlic Bread Banana Milk/Juice	Crockpot Meal Beef vegetable Soup French roll Jello Milk/Juice	Bingo Night 	Resident's Choice	Roast w/potatoes and Carrots Brussel Sprouts Watermelon Chunks Wheat Roll Milk/Juice
SNACK AM	Bananas	Grapes	Strawberries	Cheese sticks	Carrot Sticks	Snack cake	Snack of choice
SNACK PM	Cheese Balls Grape Juice	Ice Cream	Orange Smoothies	Pita Chips Fruit Punch	Teddy Grahams	Fruit salad	Pretzels Apple juice