



# 2020 Professional Development Schedule



Month	Professional Development	
January	Honoring Residents Rights	<p>Learning Points:</p> <ol style="list-style-type: none"> <li>1. Identify the rights of residents the law</li> <li>2. Explore common violations of residents' rights</li> <li>3. Learn effective techniques to safeguard residents' rights</li> </ol>
March	Working with People with Physical Disabilities	<p>This module explores what a physical disability is. We begin by defining physical disability and discussing some of the causes of physical disabilities. Then, we examine how a physical disability is different from a developmental disability and the special adaptations people with physical disabilities may need to make</p>
April	Working with People who are Mentally Ill	<p>This module will cover the important topics of mental health and mental illness. We will start by learning what mental health is and how mentally healthy people cope with stressors in their life. We will then discuss what mental illness is, what causes it, and signs of mental illness. You will learn about specific mental health issues such as anxiety, depression, and schizophrenia. We will explore how mental illness is treated to help a person suffering from mental illness recover from their disease. Finally, we will discuss the role of a Home Health Aide/Personal Care Aide in working with patients who suffer from a mental illness.</p>
April	Dietary Training	<p>Learning Topics:</p> <ol style="list-style-type: none"> <li>1. To gain an understanding of basic nutritional needs</li> <li>2. To understand dietary needs as the pertain to nutritional needs</li> <li>3. To understand how to put together a good menu for these needs</li> <li>4. To understand how to safely prepare food</li> <li>5. To understand how to make good substitutions</li> </ol>
May	Working with People with Developmental Disabilities	<p>In this module, we will explore how to work with people with developmental disabilities. We will discuss what it means to have a developmental disability, some of the causes of disability, and how normal functioning can be affected. We will take a closer look at some specific developmental disabilities, such as intellectual disabilities,</p>

		cerebral palsy, autism, and neurological impairments. We will also talk about how to best help meet the needs of a person with a developmental disability by exploring Maslow's Hierarchy of Human Needs and how they apply to a person with a developmental disability. Finally, we will discuss what the role of a Home Health Aide/Personal Care Aide is in the home of a person with a developmental disability.
May	CPI	Content: Unit 1 CPI Development Model Unit 2 Non-Verbal Communication Unit 3 Paraverbal and Verbal Communication Unit 4 Verbal Intervention Unit 5 Precipitating Factors, Rational Detachment, Integrated Experiences Unit 6 Staff Fear and Anxiety Unit 7 Decision Making Unit 8 Physical Interventions -Disengagement Skills Unit 9 Physical Interventions Holding Skills
June	The Facts about Dementia and Other Related Conditions	Learning Points: 1. Understand the changes that occur in the brain with dementia 2. Recognize the stages and symptoms of dementia 3. Apply knowledge of dementia to residents' care
July	Preventing Medication Diversion	Learning Points: 1. Increase Awareness of Medication Diversion in Long-Term Care 2. Understand Controlled Substances 3. Learn Best Practices for Preventing Diversion 4. Report Drug Diversion by Caregivers
August	Meeting the Emotional Needs of Residents	Learning Points: 1. Distinguish among feelings of empathy, sympathy and pity 2. Discover person-centered approaches for working with residents 3. Apply effective techniques to build residents self-esteem.
September	DHS 83.20 CBRF Medication Administration Training	Training Topics This training covers a wide range of topics, all designed to provide the information and skills necessary to properly administer medications to those in your care. Examples of topics include: <ul style="list-style-type: none"> <li>• Resident Rights</li> <li>• Facility Policies and Procedures</li> <li>• Delegated Procedures</li> <li>• Medication Management</li> <li>• Medical Terms and Abbreviations</li> <li>• Medication Packaging, Labeling and Storage</li> </ul>

		<ul style="list-style-type: none"> <li>• Types of Medications</li> <li>• Medication Administration</li> </ul>
September	Fire Safety & Emergency Procedures	<p>Learning Points:</p> <ol style="list-style-type: none"> <li>1. Learn more about fire and flammable materials</li> <li>2. Identify special needs of those in our care during an emergency</li> <li>3. Review the steps for discharging a fire extinguisher</li> <li>4. Understand the steps for responding to a fire emergency</li> </ol>
October	CPI	<p>Content:</p> <ul style="list-style-type: none"> <li>Unit 1 CPI Development Model</li> <li>Unit 2 Non-Verbal Communication</li> <li>Unit 3 Paraverbal and Verbal Communication</li> <li>Unit 4 Verbal Intervention</li> <li>Unit 5 Precipitating Factors, Rational Detachment, Integrated Experiences</li> <li>Unit 6 Staff Fear and Anxiety</li> <li>Unit 7 Decision Making</li> <li>Unit 8 Physical Interventions -Disengagement Skills</li> <li>Unit 9 Physical Interventions Holding Skills</li> </ul>