



March



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10 am Music listening 1 pm Meditation Time 3 pm Organization time 5pm Movie and popcorn night.
2 10 am Spiritual programming 1pm Beading time 3 pm Movie time 5pm Memory games	3 9am Sit & Fit 11am Music listening 1 pm open card games 3pm Resident's choice 5pm Board game of choice	4 9am Chair exercises 11am Music listening 1pm Open card games 3pm Resident's choice 5pm Movie of choice	5 9am Dance move time 11am Music listening 1pm Open card games 3pm Resident's choice 5pm Board game of choice	6 9am Sit & Fit 11am Music listening 1pm Open card games 3pm Resident's choice 5pm Shamrock smoothie night	7 9am Chair exercises 11am Music listening 1pm Open card games 3pm Resident's choice 5pm Order out night	8 10am Social time 1pm Open baking time 3pm Decluttering time 5pm Board game of choice
9 Daylight Saving time	10	11	12	13	14	15
10am Spiritual reading 1pm Movie time 3pm Open board game 5pm Resident's choice	9am Chair exercise 11am Music listening 1pm Open card game 3pm Resident choice 5pm Board game of choice	9am Chair exercises 11am MTAH Dollar store outing 3pm Resident's choice 5pm Movie of choice	9am Chair exercises 11am Music listening 1pm Open card games 3pm Resident's choice 5pm let's make rainbow rice crispy treats	9am Walk in place time 11am Music listening 1pm Open card games 3pm Resident's choice 5pm Board game of choice	9am Sit and fit time. 11am Music listening 1pm Open card games 3pm Resident's choice 5pm Cookie baking night	10am Resident choice 1pm Open craft 3pm Organization time 5pm Movie and snack of choice night
16	17 St. Patrick's Day	18	19	20	21	22
10am Spiritual programming 1pm Open craft time 3pm Social Time 5pm Open board games	9am Sit and fit time. 11am Music listening 1pm Open card games 3pm Resident's choice 5pm Shamrock mug painting night	9am Dance move time 11am Music listening 1pm Open card games 3pm Resident's choice 5pm New recipe night	9am chair exercises 11am Music listening 1pm Open card game 3pm Resident's choice 5pm Find the pot of gold at COF	9am Sit and fit time 10am Music listening 1pm Open card games 3pm Resident's choice 5pm Movie of choice	9am Chair exercise 11am Music listening 1pm Open card games 3pm Resident's choice 5pm Order out night	10am Social time 1pm Coloring time 3pm Card making time 5pm Movie and popcorn night
23	24	25	26	27	28	29
10 am Spiritual reading 1pm Movie time 3pm Open board game 5pm Resident's choice	9am Dance move time 10am Music listening 1pm Open card games 3pm Resident's choice 5pm Movie of choice	9 Music listening 11am MTAH Cracker Barrel outing 3pm Resident's choice 5pm Taco night	9am Chair exercises 11am Music listening 1pm Positive thinking 3pm Resident's choice 5pm Open baking night	9am Sit & Fit 11am Music listening 1pm Open card games 3pm Resident's choice 5pm craft of choice	9am Chair exercises 11am Music listening 1pm Open card games 3pm Resident's choice 5pm Movie of choice	10am Music listening 1pm Open baking time 3pm Decluttering time 5pm Board game of choice
30	31					
10 am Spiritual programming 1pm Beading time 3 pm Movie time	9am Sit & Fit Walk in place time 11am Music listening					

5pm Positive thinking time	1pm Positive thinking time 3pm Music listening 5pm Movie of choice					
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