



Jennifer Harwood, LCSW, LCAC, LLC

EMDR Therapist

PSYCHOTHERAPY INTENSIVES

Jennifer Harwood, LCSW, LCAC, LLC is pleased to announce she will now offer Psychotherapy Intensives as part of her treatment practice. The Intensives will be a series of EMDR Therapy, Expressive Arts Therapy, and other modalities as deemed appropriate. The client will meet with Jennifer on 3 consecutive days for a two-hour session in the morning and a 2-hour session in the afternoon each day. These Intensives are structured for the complex trauma client who would like to get into intensive work and process through this in a short period of time, for those who have limited availability for routine therapy, are at a standstill in their current therapy regime, or who are in crisis and need to push through some targeted events which are causing dysfunction in their life currently. The sessions will be one on one with the therapist as Jennifer introduced EMDR Therapy to those unfamiliar with its process and continues with those who may be current clients in EMDR therapy. The length of the sessions allows for complete processing of targets without the restrictions of insurance driven time limitations. The client must be able to commit to all 3 days of therapy. Please make sure your schedule is such that limited outside activities are scheduled in the between session hours to complete assignments, self soothe, and stay mindfully connected with the process.

For those interested in completing a Psychotherapy Intensive, please note the following:

- Insurance will not be accepted or billed.
- Payment will be expected at the beginning of the Intensive in full.
- The cost of the entire 3-day Intensive will be \$900.
- Lunch will be on your own.
- No visitors or children will be permitted to wait in the office.
- Feel free to bring your own non-alcoholic beverages but be mindful of caffeine intake on these days.

If you have questions about the program or are interested in scheduling an Intensive with Jennifer, please contact the office at 812-470-3640.

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