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PROFESSIONAL LIFE ASSESSMENT

"When I think about my job, I feel" (circle one or more that apply):



"I feel this way because":

Three good things about my job that I like:

1. _____
2. _____
3. _____

Three not-so-good things about my job:

1. _____
2. _____
3. _____

My definitions of work and success are:



TALINE YESSAYAN
ACC, CPC, ELI-MP

PROFESSIONAL LIFE

Self-Assessment

Why do I work? To pay bills or for a lifestyle I want for yourself and my family?

My type of job allows me to:

It's different from other jobs because:

How well do I express myself in my job?



Expressing myself in my job is important to me because:

The last time I was able to fully express myself at work was:

It was different because:



PROFESSIONAL LIFE
Self-Assessment

Who am I in relation to my job?

Am I my true self at work? Why or why not?

If I were to change something in my professional life, what would it be?

What would it take to implement that change?

Why are these changes important to me?

Doing is Work - Being is Effortless

If you're good at something
people need, but you don't
love what you do, you will not
get the satisfaction you desire.

