



Call or Text to Order

using
IDEAL PROTEIN
 POWERING *life* POSSIBLE

Drink Mixes

| | | | |
|--|---|--|---|
| <p>Vanilla Smoothie Mix</p>  <p>Contains: Milk</p>  | <p>Peach Mango Drink Mix</p>  <p>Contains: Milk</p>  | <p>Cappuccino Smoothie Mix</p>  <p>Kosher Contains: Milk</p>  | <p>Chocolate Smoothie Mix</p>  <p>Sweetened with Stevia Contains: Milk</p>  |
| <p>S'mores Cocoa Drink Mix</p>  <p>Contains: Soy, milk</p>  | <p>Piña Colada Smoothie Mix</p>  <p>Kosher Sweetened with Stevia Contains: Milk</p>  | <p>Berry Breakfast Smoothie Mix</p>  <p>Contains: Milk</p>  | <p>Watermelon Smoothie Mix</p>  <p>Contains: Milk</p>  |

Gluten Free -  Restricted - 

**Ready-to-serve
Chocolate Shake**



Kosher
Contains: Milk



**Ready-to-serve
Vanilla Shake**



Kosher
Contains: Milk



**Ready-to-serve
Cappuccino Shake**




Kosher
Contains: Milk



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Breakfast

Crispy Cereal



Contains: Milk, Soy, Gluten

Golden Pancake Mix



Kosher
Sweetened with Stevia
Contains: Milk, Eggs, Wheat

Chocolate Chip Pancake Mix



Kosher
Sweetened with Stevia
Contains: Milk, Soy, Eggs, Wheat

Maple Oatmeal



Kosher
Contains: Milk, Soy

Apple Cinnamon Oatmeal



Contains: Milk, Soy

Cheese Omelet Mix



Kosher
Contains: Milk, Eggs

Blueberry Pancake Mix



Sweetened with Stevia
Contains: Milk, Wheat

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Soups

Chicken Noodle Soup Mix



coming back soon!

With Hydrolyzed collagen

Contains: Milk, Wheat, Gluten

Chicken Chowder Mix



Contains: Milk, Wheat

Tomato Basil Soup Mix



Contains: Milk

Broccoli Cheese Soup Mix



Contains: Milk



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Entrees and Sides

Vegetable Chili Mix



Contains: Soy

Mashed Potatoes Mix



Contains: Milk

Rotini Pasta



Contains: Eggs, Wheat

Multi-grain Seeded Bread

NEW



Contains: Soy, Wheat, Milk, Gluten, Sesame seeds

Vegetable Bolognese Spaghetti Mix



Contains: Soy, Eggs, Wheat

Macaroni & Cheese



Contains: Milk, Eggs, Wheat

Creamy Parmesan Mushroom Risotto



Contains: Milk, Eggs, Wheat

Cheddar Cheese Sauce Mix



Contains: Milk



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Bars

Chocolate Almond Protein Bar



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Kosher

Peanut Butter Protein Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Kosher

Chocolate Coconut Protein Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts, Coconut

Cookie Dough Protein Swirl Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Mint Chocolate Bars



Contains: Milk, Soy

Kosher

Cranberry Pomegranate Protein Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Kosher

Caramel Peanut Protein Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Orange Creamsicle Bars



coming back soon!



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Lemon Raspberry Bars



coming back soon!



Contains: Milk, Soy, Eggs, Almonds, Peanuts

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Sweet Snacks

**Chocolate Caramel
Mug Cake Mix**



Contains: Milk, Soy, Wheat

Vanilla Pudding Mix



Contains: Milk

**Dark Chocolate
Pudding Mix**



Contains: Milk

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Orange Crème Wafers



Contains: Milk, Soy, Wheat

Triple Chocolate Wafers



Contains: Milk, Soy, Wheat

Lemon Wafers



Contains: Milk, Soy, Wheat

Strawberry Wafers



Contains: Milk, Soy, Wheat

Salted Caramel Chocolate Clusters



coming back soon!



Contains: Milk, Soy

Chocolate Puffs



Contains: Milk, Soy

Apple Cinnamon Puffs



Kosher
Contains: Milk, Soy



Double Chocolate Brownie



Kosher
Contains: Milk, Soy, Nuts



Chocolate Crispy Square



Kosher
Contains: Milk, Soy, Eggs

Vanilla Crispy Square



Kosher
Contains: Milk, Soy, Eggs, Almonds, Peanuts

Lemon Crispy Square



Contains: Milk, Soy, Nuts



Salty Snacks

Ranch Dorados



Contains: Milk, Soy

Sea Salt & Vinegar Crisps



Contains: Soy

Butter Popcorn Popped Cakes



Kosher
Contains: Milk, soy

Pizza Crisps



Contains: Milk, soy

Nacho Cheese Dorados



Contains: Milk, Soy

Trail Mix

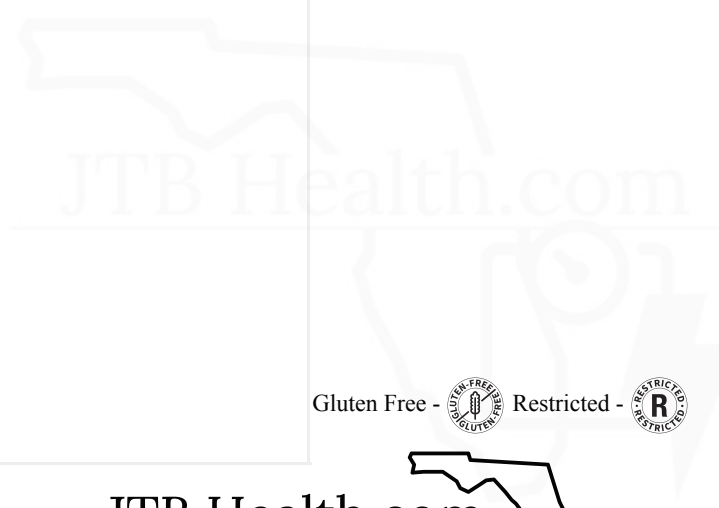


Kosher
Contains: soy, wheat

Dill Pickle Zippers



Contains: Milk, Soy



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Helpful Foods

Dark Chocolate
Sea Salt Mini Bars



Contains: Milk & coconut

Spaghetti



Konjac is a plant rich in fibers to help you feel full. Limited to 1 packet daily in Phase 1

Konjac

Rice



Kosher

Vanilla Collagen
Creamer Mix

NEW



with MCT oil that turns into ketones. Exclusively for Phase 3



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Condiments and Specialties

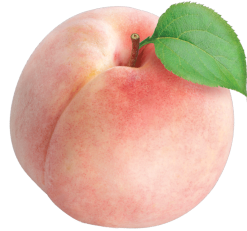
**Raspberry Limonade
Powdered Water
Enhancer**



**Black Cherry
Powdered Water
Enhancer**



**White Peach
Powdered Water
Enhancer**



Maple Flavored Syrup



**Lemon Powdered
Water Enhancer**



coming
back soon!



**Tangerine Powdered
Water Enhancer**



coming
back soon!



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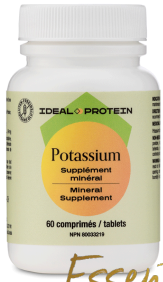
Gluten Free - 

Restricted - 



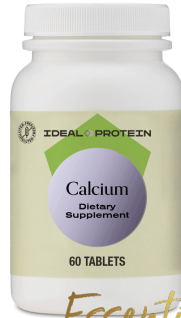
Micronutrition

Potassium



Essential

Calcium Citrate



Essential

Magnesium Citrate



Essential

Omega-3 Plus



Essential

Multi-Vita + K2



Essential

Contains: Soy, Fish

Ideal Salt



Essential

Akkermansia



Enzymes



Branched Chain Amino Acids (BCAA)



Hydrolyzed Collagen Shots



Hydrolyzed Collagen Gelatin & Drink Mix



Ketone-IQ Peach



AntiOxidant



Floralax



coming back soon!

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30 Day Challenge - For Lifestyle

Ultimate Shrooms



Ultimate Elixir



UNCOMPROMISING STANDARDS

