



Call or Text to Order

using  
**IDEAL PROTEIN**  
 POWERING life POSSIBLE

**Drink Mixes**

<p><b>Vanilla Smoothie Mix</b></p>  <p>Contains: Milk</p> 	<p><b>Peach Mango Drink Mix</b></p>  <p>Contains: Milk</p> 	<p><b>Cappuccino Smoothie Mix</b></p>  <p>Kosher      Contains: Milk</p> 	<p><b>Chocolate Smoothie Mix</b></p>  <p>Sweetened with Stevia      Contains: Milk</p> 
<p><b>S'mores Cocoa Drink Mix</b></p>  <p><b>Limited time!</b></p> <p>Contains: Soy, milk</p> 	<p><b>Piña Colada Smoothie Mix</b></p>  <p><b>NEW RECIPE</b>  <b>SUMMER EDITION</b></p> <p>Kosher      Sweetened with Stevia      Contains: Milk</p> 	<p><b>Berry Breakfast Smoothie Mix</b></p>  <p>Contains: Milk</p> 	<p><b>Watermelon Smoothie Mix</b></p>  <p>Contains: Milk</p> 

Gluten Free -  Restricted - 

**Ready-to-serve  
Chocolate Shake**



**Kosher**  
**Contains: Milk**



**Ready-to-serve  
Vanilla Shake**



**Kosher**  
**Contains: Milk**



**Ready-to-serve  
Cappuccino Shake**



**Kosher**  
**Contains: Milk**



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# Breakfast

**Crispy Cereal**



**Contains:** Milk, Soy, Gluten

**Golden Pancake Mix**



**Kosher**  
Sweetened with Stevia  
**Contains:** Milk, Eggs, Wheat

**Chocolate Chip Pancake Mix**



**Kosher**  
Sweetened with Stevia  
**Contains:** Milk, Soy, Eggs, Wheat

**Maple Oatmeal**



**Kosher**  
**Contains:** Milk, Soy

**Apple Cinnamon Oatmeal**



**Contains:** Milk, Soy

**Cheese Omelet Mix**



**Kosher**  
**Contains:** Milk, Eggs

**Blueberry Pancake Mix**



Sweetened with Stevia  
**Contains:** Milk, Wheat

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# Soups

## Chicken Noodle Soup Mix



*With  
Hydrolyzed  
collagen*

**Contains:** Milk, Wheat, Gluten

## Chicken Chowder Mix



**Contains:** Milk, Wheat

## Tomato Basil Soup Mix



**Contains:** Milk

## Broccoli Cheese Soup Mix



**Contains:** Milk



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# Entrees and Sides

**Vegetable Chili Mix**



**Contains:** Soy

**Mashed Potatoes Mix**



**Contains:** Milk

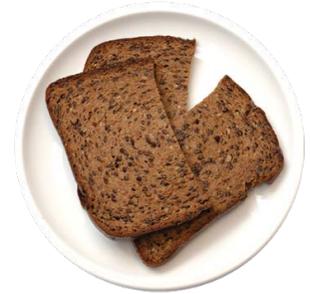
**Rotini Pasta**



**Contains:** Eggs, Wheat

**Multi-grain Seeded Bread**

**NEW**



**Contains:** Soy, Wheat, Milk, Gluten, Sesame seeds

**Vegetable Bolognese Spaghetti Mix**



**Contains:** Soy, Eggs, Wheat

**Macaroni & Cheese**



**Contains:** Milk, Eggs, Wheat

**Creamy Parmesan Mushroom Risotto**



**Contains:** Milk, Eggs, Wheat

**Cheddar Cheese Sauce Mix**



**Contains:** Milk



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# Bars

## Chocolate Almond Protein Bar



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Kosher

## Peanut Butter Protein Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Kosher

## Chocolate Coconut Protein Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts, Coconut

## Cookie Dough Protein Swirl Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts

## Mint Chocolate Bars

**NEW**



Contains: Milk, Soy

Kosher

## Cranberry Pomegranate Protein Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Kosher

## Caramel Peanut Protein Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts

## Orange Creamsicle Bars

**NEW**



Contains: Milk, Soy, Eggs, Almonds, Peanuts

## Lemon Raspberry Bars

**NEW**



Contains: Milk, Soy, Eggs, Almonds, Peanuts

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# Sweet Snacks

**Chocolate Caramel  
Mug Cake Mix**



Contains: Milk, Soy, Wheat

**Vanilla Pudding Mix**



Contains: Milk

**Dark Chocolate  
Pudding Mix**



Contains: Milk

**Ready-to-serve  
Chocolate Pudding**



Contains: Milk

  
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**Orange Crème Wafers**



**Contains:** Milk, Soy, Wheat

**Triple Chocolate Wafers**



**Contains:** Milk, Soy, Wheat

**Lemon Wafers**



**Contains:** Milk, Soy, Wheat

**Strawberry Wafers**



**Contains:** Milk, Soy, Wheat

**Salted Caramel  
Chocolate Clusters**



**Contains:** Milk, Soy



**Chocolate Puffs**



**Contains:** Milk, Soy

**Apple Cinnamon  
Puffs**



**Kosher**  
**Contains:** Milk, Soy



**Chocolate Fudge  
Brownie**



**Kosher**  
**Contains:** Milk, Soy, Nuts



**Chocolate Crispy  
Square**



**Kosher**  
**Contains:** Milk, Soy, Eggs

**Vanilla Crispy  
Square**



**Kosher**  
**Contains:** Milk, Soy,  
Eggs, Almonds, Peanuts

**Lemon Crispy  
Square**



**Contains:** Milk, Soy, Nuts



# Salty Snacks

**Ranch Dorados**



Contains: Milk, Soy

**Sea Salt & Vinegar Crisps**



Contains: Soy

**Spicy Queso Chips**



Contains: Milk, Soy

**Pizza Crisps**



Contains: Milk, soy

**Nacho Cheese Dorados**



Contains: Milk, Soy

**Trail Mix**



**Kosher**  
Contains: soy, wheat

**Dill Pickle Zippers**



Contains: Milk, Soy

**Butter Popcorn Popped Cakes**



**Kosher**



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# Helpful Foods

**Dark Chocolate  
Sea Salt Mini Bars**



*Limited  
time!*



Contains: Milk & coconut

**Spaghetti**



**Konjac**

coming  
back soon!

*Konjac is a plant  
rich in fibers to  
help you feel full.  
Limited to 1  
packet daily in  
Phase 1*

**Rice**



**Kosher**

**NEW**



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# Condiments and Specialties

**Raspberry Limonade  
Powdered Water  
Enhancer**



**Black Cherry  
Powdered Water  
Enhancer**



**White Peach  
Powdered Water  
Enhancer**



coming  
back soon!



**Maple Flavored Syrup**



**Lemon Powdered  
Water Enhancer**



coming  
back soon!



**Tangerine Powdered  
Water Enhancer**



coming  
back soon!



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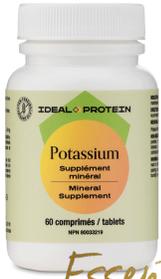
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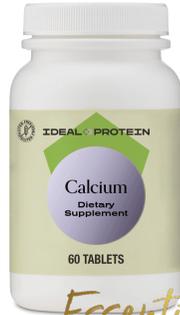
# Micronutrition

## Potassium



*Essential*

## Calcium Citrate



*Essential*

## Magnesium Citrate



*Essential*

## Omega-3 Plus



*Essential*

## Multi-Vita + K2



*Essential*

Contains: Soy, Fish

## Ideal Salt



*Essential*

## Flora Health Max



## Enzymes



## Branched Chain Amino Acids (BCAA)



## Hydrolyzed Collagen Shots



## Hydrolyzed Collagen Gelatin & Drink Mix



## Ketone-IQ



## Floralax



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# 30 Day Challenge - For Lifestyle

## Ultimate Shrooms



## Ultimate Elixir



UNCOMPROMISING STANDARDS

