

Call or Text to Order

using
IDEAL PROTEIN
 POWERING life POSSIBLE

Drink Mixes

**Vanilla
Smoothie Mix**



Contains: Milk



**Peach Mango
Drink Mix**



Contains: Milk



**Cappuccino
Smoothie Mix**



Kosher

Contains: Milk



**Chocolate
Smoothie Mix**



Sweetened
with Stevia
Contains: Milk



**S'mores Cocoa
Drink Mix**



Contains: Soy, milk



**Piña Colada
Smoothie Mix**



Kosher
Sweetened
with Stevia
Contains: Milk



**Berry Breakfast
Smoothie Mix**



Contains: Milk



Gluten Free - Restricted -

**Ready-to-serve
Chocolate Shake**



Kosher
Contains: Milk



**Ready-to-serve
Vanilla Shake**



Kosher
Contains: Milk



**Ready-to-serve
Cappuccino Shake**



Kosher
Contains: Milk



Breakfast

Crispy Cereal



Contains: Milk, Soy, Gluten

Golden Pancake Mix



Kosher
Sweetened with Stevia
Contains: Milk, Eggs, Wheat

Chocolate Chip Pancake Mix



Kosher
Sweetened with Stevia
Contains: Milk, Soy, Eggs, Wheat

Maple Oatmeal



Kosher
Contains: Milk, Soy

Apple Cinnamon Oatmeal



Contains: Milk, Soy

Cheese Omelet Mix



Kosher
Contains: Milk, Eggs

Blueberry Pancake Mix



Sweetened with Stevia
Contains: Milk, Wheat

Soups

Chicken Noodle Soup Mix



*With
Hydrolyzed
collagen*

Contains: Milk, Wheat, Gluten

Chicken Chowder Mix



Contains: Milk, Wheat

Tomato Basil Soup Mix



Contains: Milk

Broccoli Cheese Soup Mix



Contains: Milk

Entrees and Sides

Vegetable Chili Mix



Contains: Soy

Mashed Potatoes Mix



Contains: Milk

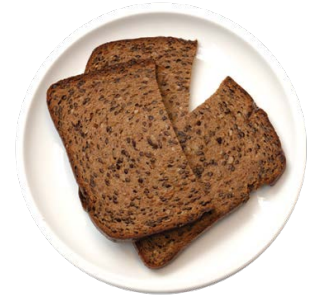
Rotini Pasta



Contains: Eggs, Wheat

Multi-grain Seeded Bread

NEW



Contains: Soy, Wheat, Milk, Gluten, Sesame seeds

Vegetable Bolognese Spaghetti Mix



Contains: Soy, Eggs, Wheat

Macaroni & Cheese



Contains: Milk, Eggs, Wheat

Creamy Parmesan Mushroom Risotto



Contains: Milk, Eggs, Wheat

Cheddar Cheese Sauce Mix



Contains: Milk



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Bars

Chocolate Almond Protein Bar



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Kosher

Peanut Butter Protein Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Kosher

Chocolate Coconut Protein Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts, Coconut

Cookie Dough Protein Swirl Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Mint Chocolate Bars



Contains: Milk, Soy

Kosher

Cranberry Pomegranate Protein Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Kosher

Caramel Peanut Protein Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Orange Creamsicle Bars



coming back soon!



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Lemon Raspberry Bars



coming back soon!




Contains: Milk, Soy, Eggs, Almonds, Peanuts

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Sweet Snacks

**Chocolate Caramel
Mug Cake Mix**



Contains: Milk, Soy, Wheat

Vanilla Pudding Mix



Contains: Milk

**Dark Chocolate
Pudding Mix**














Contains: Milk



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<p>Orange Crème Wafers</p>  <p>Contains: Milk, Soy, Wheat</p>	<p>Triple Chocolate Wafers</p>  <p>Contains: Milk, Soy, Wheat</p>	<p>Lemon Wafers</p>  <p>Contains: Milk, Soy, Wheat</p>	<p>Strawberry Wafers</p>  <p>Contains: Milk, Soy, Wheat</p>
<p>Salted Caramel Chocolate Clusters</p>  <p>coming back soon!</p> <p>Contains: Milk, Soy</p>	<p>Chocolate Puffs</p>  <p>Contains: Milk, Soy</p>	<p>Apple Cinnamon Puffs</p>  <p>Kosher Contains: Milk, Soy</p>	<p>Double Chocolate Brownie</p>  <p>Kosher Contains: Milk, Soy, Nuts</p>
<p>Chocolate Crispy Square</p>  <p>Kosher Contains: Milk, Soy, Eggs</p>	<p>Vanilla Crispy Square</p>  <p>Kosher Contains: Milk, Soy, Eggs, Almonds, Peanuts</p>	<p>Lemon Crispy Square NEW</p>  <p>Contains: Milk, Soy, Nuts</p>	



Salty Snacks

Ranch Dorados



Contains: Milk, Soy



Sea Salt & Vinegar Crisps



Contains: Soy



Spicy Queso Chips

NEW



Contains: Milk, Soy



Pizza Crisps

NEW



Contains: Milk, soy



Nacho Cheese Dorados



Contains: Milk, Soy

Trail Mix



Kosher

Contains: soy, wheat

Dill Pickle Zippers



Contains: Milk, Soy

Butter Popcorn Popped Cakes

NEW



Kosher

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Helpful Foods

Dark Chocolate Sea Salt Mini Bars



Contains: Milk & coconut

Konjac Spaghetti



*Konjac is a plant
rich in fibers to
help you feel full.
Limited to 1
packet daily in
Phase 1*

Rice



Kosher

Vanilla Collagen Creamer Mix

NEW



*with MCT oil that
turns into
ketones.
Exclusively for
Phase 3*

Condiments and Specialties

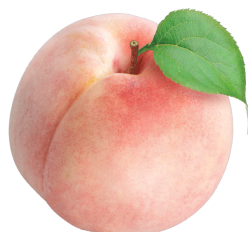
**Raspberry Limonade
Powdered Water
Enhancer**



**Black Cherry
Powdered Water
Enhancer**



**White Peach
Powdered Water
Enhancer**



Maple Flavored Syrup



**Lemon Powdered
Water Enhancer**



coming
back soon!

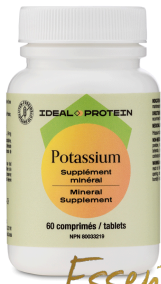
**Tangerine Powdered
Water Enhancer**



coming
back soon!

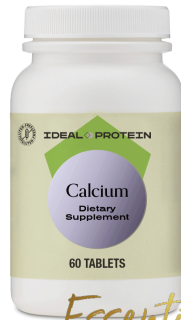
Micronutrition

Potassium



Essential

Calcium Citrate



Essential

Magnesium Citrate



Essential

Omega-3 Plus



Essential

Multi-Vita + K2



Essential

Contains: Soy, Fish

Ideal Salt



Essential

Akkermansia



Enzymes



Branched Chain Amino Acids (BCAA)



Hydrolyzed Collagen Shots



Hydrolyzed Collagen Gelatin & Drink Mix



Ketone-IQ Peach



Floralax



coming back soon!

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Compliance & Accountability Tools

Bluetooth Scale

-Connected to Your Coach-



**Track weight, BMI,
body fat %, lean mass,
muscle mass &
hydration**

Food Scale

[illegible]

Shaker



Oil Dispenser



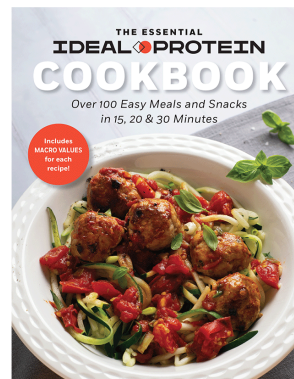
Retractable Body Measuring Tape



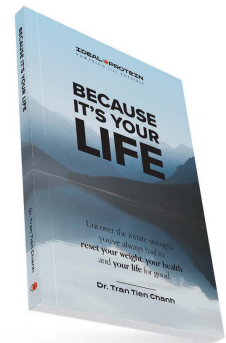
The Ideal Baking Kit



Ideal Protein Cookbook



**Dr. Tran-
Because It's Your Life**



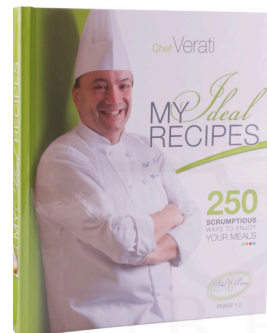
Janeva's Ideal Recipes - Revised



Janeva's Lifestyle Recipes



Chef Verati- My Ideal Recipes



30 Day Challenge - For Lifestyle

Ultimate Shrooms



Ultimate Elixir



UNCOMPROMISING STANDARDS

