



Call or Text to Order

using
IDEAL PROTEIN
 POWERING *life* POSSIBLE

Drink Mixes

<p>Vanilla Smoothie Mix</p>  <p>Contains: Milk</p> <p></p>	<p>Peach Mango Drink Mix</p>  <p>Contains: Milk</p> <p></p>	<p>Cappuccino Smoothie Mix</p>  <p>Kosher</p> <p>Contains: Milk</p> <p></p>	<p>Chocolate Smoothie Mix</p>  <p>Sweetened with Stevia</p> <p>Contains: Milk</p> <p></p>
<p>S'mores Cocoa Drink Mix</p>  <p>Contains: Soy, milk</p> <p></p>	<p>Piña Colada Smoothie Mix</p>  <p>Kosher</p> <p>Sweetened with Stevia</p> <p>Contains: Milk</p> <p></p>	<p>Berry Breakfast Smoothie Mix</p>  <p>Contains: Milk</p> <p></p>	

Ready-to-serve Chocolate Shake



Kosher
Contains: Milk



Ready-to-serve Vanilla Shake



Kosher
Contains: Milk



Ready-to-serve Cappuccino Shake



Kosher
Contains: Milk



Gluten Free -  Restricted - 

JTB Health.com
WEIGHT LOSS AND LIFESTYLE
(561)632-5873

Breakfast

<p>Crispy Cereal</p>  <p>Contains: Milk, Soy, Gluten</p>	<p>Golden Pancake Mix</p>  <p>Kosher Sweetened with Stevia Contains: Milk, Eggs, Wheat</p>	<p>Chocolate Chip Pancake Mix</p>  <p>Kosher Sweetened with Stevia Contains: Milk, Soy, Eggs, Wheat</p>	<p>Maple Oatmeal</p>  <p> Kosher Contains: Milk, Soy</p>
<p>Apple Cinnamon Oatmeal</p>  <p> Contains: Milk, Soy</p>	<p>Cheese Omelet Mix</p>  <p> Kosher Contains: Milk, Eggs</p>	<p>Blueberry Pancake Mix</p>  <p>Sweetened with Stevia Contains: Milk, Wheat</p>	

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Soups

Chicken Noodle Soup Mix



With
Hydrolyzed
collagen

Contains: Milk, Wheat, Gluten

Chicken Chowder Mix



Contains: Milk, Wheat

Tomato Basil Soup Mix



Contains: Milk

Broccoli Cheese Soup Mix



Contains: Milk



Entrees and Sides

Vegetable Chili Mix



Contains: Soy

Mashed Potatoes Mix

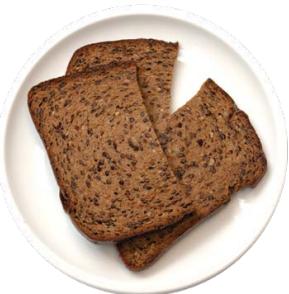


Contains: Milk

Rotini Pasta



Multi-grain Seeded Bread



Contains: Soy, Wheat, Milk, Gluten, Sesame seeds

Vegetable Bolognese Spaghetti Mix



Contains: Soy, Eggs, Wheat

Macaroni & Cheese



Contains: Milk, Eggs, Wheat

Creamy Parmesan Mushroom Risotto



Contains: Milk, Eggs, Wheat

Cheddar Cheese Sauce Mix



Contains: Milk



Gluten Free - Restricted - R



Bars

Chocolate Almond Protein Bar



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Kosher

Peanut Butter Protein Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Kosher

Chocolate Coconut Protein Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts, Coconut

Cookie Dough Protein Swirl Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Mint Chocolate Bars



Contains: Milk, Soy, Kosher

Cranberry Pomegranate Protein Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Kosher

Caramel Peanut Protein Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Orange Creamsicle Bars



coming
back soon!



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Lemon Raspberry Bars



coming
back soon!



Contains: Milk, Soy, Eggs, Almonds, Peanuts

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Sweet Snacks

**Chocolate Caramel
Mug Cake Mix**



Contains: Milk, Soy, Wheat

Vanilla Pudding Mix



Contains: Milk

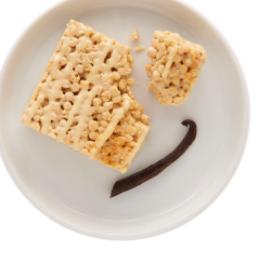
**Dark Chocolate
Pudding Mix**



Contains: Milk

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<p>Orange Crème Wafers</p>  <p>Contains: Milk, Soy, Wheat</p>	<p>Triple Chocolate Wafers</p>  <p>Contains: Milk, Soy, Wheat</p>	<p>Lemon Wafers</p>  <p>Contains: Milk, Soy, Wheat</p>	<p>Strawberry Wafers</p>  <p>Contains: Milk, Soy, Wheat</p>
<p>Salted Caramel Chocolate Clusters</p>  <p>coming back soon!</p> <p>Contains: Milk, Soy</p> 	<p>Chocolate Puffs</p>  <p>Contains: Milk, Soy</p>	<p>Apple Cinnamon Puffs</p>  <p>Kosher Contains: Milk, Soy</p> 	<p>Double Chocolate Brownie</p>  <p>Kosher Contains: Milk, Soy, Nuts</p> 
<p>Chocolate Crispy Square</p>  <p>Kosher Contains: Milk, Soy, Eggs</p> 	<p>Vanilla Crispy Square</p>  <p>Kosher Contains: Milk, Soy, Eggs, Almonds, Peanuts</p> 	<p>Lemon Crispy NEW Square</p>  <p>Contains: Milk, Soy, Nuts</p> 	

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Salty Snacks

<p>Ranch Dorados</p>  <p>Contains: Milk, Soy</p> <p></p>	<p>Sea Salt & Vinegar Crisps</p>  <p>Contains: Soy</p> <p></p>	<p>Spicy Queso Chips </p>  <p>Contains: Milk, Soy</p> <p></p>	<p>Pizza Crisps </p>  <p>Contains: Milk, soy</p> <p></p>
<p>Nacho Cheese Dorados</p>  <p></p> <p>Contains: Milk, Soy</p>	<p>Trail Mix</p>  <p></p> <p>Kosher</p> <p>Contains: soy, wheat</p>	<p>Dill Pickle Zippers</p>  <p></p> <p>Contains: Milk, Soy</p>	<p>Butter Popcorn Popped Cakes </p>  <p></p> <p>Kosher</p>

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Helpful Foods

Dark Chocolate Sea Salt Mini Bars



Contains: Milk & coconut

Spaghetti



Konjac

Rice



Konjac is a plant rich in fibers to help you feel full. Limited to 1 packet daily in Phase 1

Kosher

Vanilla Collagen Creamer Mix

NEW



with MCT oil that turns into ketones. Exclusively for Phase 3

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Condiments and Specialties

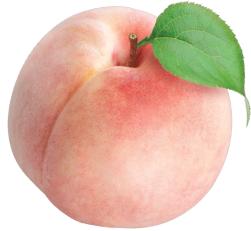
Raspberry Limonade Powdered Water Enhancer



Black Cherry Powdered Water Enhancer



Wite Peach Powdered Water Enhancer



Maple Flavored Syrup



Lemon Powdered Water Enhancer



coming
back soon!



Tangerine Powdered Water Enhancer

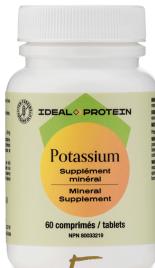


coming
back soon!



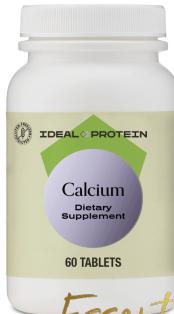
Micronutrition

Potassium



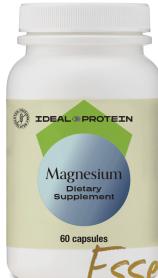
Essential

Calcium Citrate



Essential

Magnesium Citrate



Essential

Omega-3 Plus



Essential

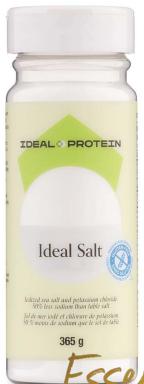
Multi-Vita + K2



Essential

Contains: Soy, Fish

Ideal Salt



Essential

Akkermansia



Enzymes



Branched Chain Amino Acids (BCAA)



Hydrolyzed Collagen Shots



Hydrolyzed Collagen Gelatin & Drink Mix



Ketone-IQ Peach



Floralax



coming
back soon!

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Compliance & Accountability Tools

Bluetooth Scale -Connected to Your Coach-



Track weight, BMI, body fat %, lean mass, muscle mass & hydration

Food Scale



Shaker



Oil Dispenser



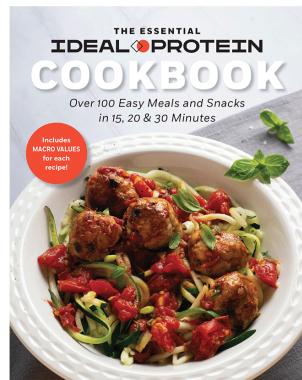
Retractable Body Measuring Tape



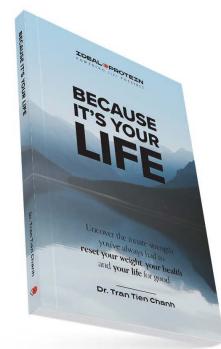
The Ideal Baking Kit



Ideal Protein Cookbook



Dr. Tran- Because It's Your Life



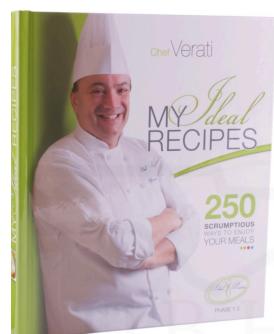
Janeva's Ideal Recipes - Revised



Janeva's Lifestyle Recipes



Chef Verati- My Ideal Recipes



30 Day Challenge - For Lifestyle

Ultimate Shrooms



Ultimate Elixir



UNCOMPROMISING STANDARDS

