

Call or Text to Order

using
IDEAL PROTEIN
 POWERING life POSSIBLE

Drinks

<p>Vanilla Smoothie Mix</p>  <p>Contains: Milk</p> 	<p>Berry Pomegranate Drink Mix</p>  <p>With Hydrolyzed Collagen</p> 	<p>Cappuccino Smoothie Mix</p>  <p>Kosher</p> <p>Contains: Milk</p> 	<p>Chocolate Smoothie Mix</p>  <p>Sweetened with Stevia</p> <p>Contains: Milk</p> 
<p>Peach Mango Drink Mix</p>  <p>Contains: Milk</p> 	<p>Piña Colada Smoothie Mix</p>  <p>NEW RECIPE</p> <p>SUMMER EDITION</p> <p>Kosher</p> <p>Sweetened with Stevia</p> <p>Contains: Milk</p> 	<p>Berry Breakfast Smoothie Mix</p>  <p>Contains: Milk</p> 	<p>S'mores Cocoa Drink Mix</p>  <p>NEW</p> <p>Limited time!</p> <p>Contains: Soy, milk</p> 

Gluten Free -  Restricted - 

**Ready-to-serve
Chocolate Shake**



Kosher
Contains: Milk



**Ready-to-serve
Vanilla Shake**



Kosher
Contains: Milk



**Ready-to-serve
Cappuccino Shake**



Kosher
Contains: Milk



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Breakfast

Crispy Cereal



Contains: Milk, Soy, Gluten

Golden Pancake Mix



Kosher
Sweetened with Stevia
Contains: Milk, Eggs, Wheat

Chocolate Chip Pancake Mix



Kosher
Sweetened with Stevia
Contains: Milk, Soy, Eggs, Wheat

Maple Oatmeal



Kosher
Contains: Milk, Soy

Apple Cinnamon Oatmeal



Contains: Milk, Soy

Cheese Omelet Mix



Kosher
Contains: Milk, Eggs

Blueberry Pancake Mix

NEW



Sweetened with Stevia
Contains: Milk, Wheat



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Soups

Chicken Noodle Soup Mix



Contains: Milk, Wheat, Gluten

Chicken Chowder Mix



Contains: Milk, Wheat

Tomato Basil Soup Mix



Contains: Milk

Broccoli Cheese Soup Mix



Contains: Milk

Thai Soup Mix

NEW



with
hydrolyzed
collagen

Contains: Milk, Wheat

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Entrees and Sides

Vegetable Chili Mix



coming back soon!

Contains: Soy, Wheat

Mashed Potatoes Mix



Contains: Milk

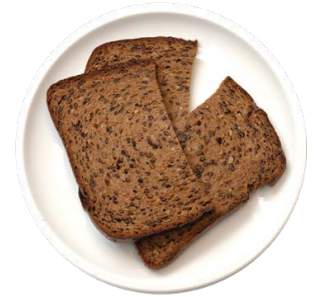
Rotini Pasta



Contains: Eggs, Wheat

Multi-grain Seeded Bread

NEW



Contains: Soy, Wheat, Milk, Gluten, Sesame seeds

Vegetable Bolognese Spaghetti Mix

NEW



coming back soon!

Contains: Soy, Eggs, Wheat

Macaroni & Cheese



Contains: Milk, Eggs, Wheat

Creamy Parmesan Mushroom Risotto



coming back soon!

Contains: Milk, Eggs, Wheat

Cheddar Cheese Sauce Mix

NEW



coming back soon!



Contains: Milk



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Bars

NEW
Chocolate Almond Protein Bar



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Kosher

NEW
Baked Peanut Butter Protein Bars



coming back soon!



Contains: Milk, Soy, Nuts, Peanuts

Chocolate Coconut Protein Bars



Contains: Milk, Soy Eggs, Almonds, Peanuts, Coconut

Cookie Dough Protein Swirl Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts

NEW
Mint Chocolate Crisp Bars



Contains: Milk, Soy

Kosher

Cranberry Pomegranate Protein Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Kosher

Caramel Peanut Protein Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Peanut Butter Protein Bars



Contains: Milk, Soy, Eggs, Almonds, Peanuts

Kosher

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Sweet Snacks

Raspberry Gelatin Mix



*With
Hydrolyzed
Collagen*



Contains: Milk

**Dark Chocolate
Pudding Mix**



Contains: Milk

**Ready-to-serve
Chocolate Pudding**



coming
back soon!



Contains: Milk

**Chocolate Caramel
Mug Cake Mix**



Contains: Milk, Soy, Wheat



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<p>Vanilla Wafers</p>  <p>Contains: Milk, Soy, Wheat</p>	<p>Triple Chocolate Wafers</p>  <p>coming back soon!</p> <p>Contains: Milk, Soy, Wheat</p>	<p>Lemon Wafers</p>  <p>coming back soon!</p> <p>Contains: Milk, Soy, Wheat</p>	<p>Strawberry Wafers</p>  <p>coming back soon!</p> <p>Contains: Milk, Soy, Wheat</p>
<p>Orange Crème Wafers</p>  <p>coming back soon!</p> <p>Contains: Milk, Soy, Wheat</p>	<p>Chocolate Puffs</p>  <p>Contains: Milk, Soy</p>	<p>Apple Cinnamon Puffs</p>  <p>RESTRICTED</p> <p>Contains: Soy</p>	<p>Double Chocolate Brownies</p>  <p>coming back soon!</p> <p>RESTRICTED</p> <p>Contains: Milk, Soy</p>
<p>Chocolate Crispy Square</p>  <p>GLUTEN-FREE</p> <p>Kosher</p> <p>Contains: Milk, Soy, Eggs</p>	<p>Vanilla Crispy Square</p>  <p>Kosher</p> <p>Contains: Milk, Soy, Eggs, Almonds, Peanuts</p>	<p>Lemon Crispy Square NEW</p>  <p>TBD</p>	<p>Salted Caramel Chocolate Clusters NEW</p>  <p>GLUTEN-FREE</p> <p>Contains: Milk, Soy</p>



Salty Snacks

Ranch Dorados



Contains: Milk, Soy

Sea Salt & Vinegar Crisps



Contains: Soy

Barbecue Crisps



Contains: Soy

Sweet Chili Dorados



Contains: Soy

Nacho Cheese Dorados



Contains: Milk, Soy

Trail Mix



Kosher
Contains: Milk, soy, wheat

Dill Pickle Zippers



Contains: Milk, Soy

Butter Popcorn Popped Cakes NEW



Kosher

Buffalo Ranch Puffs NEW



Contains: Soy

Pizza Curls NEW



Kosher
Contains: Milk

Gluten Free -  Restricted - 



Helpful Foods

**Garlic Parmesan
Croutons**

NEW



** Limited to 1
packet daily in
Phase 1*

Kosher

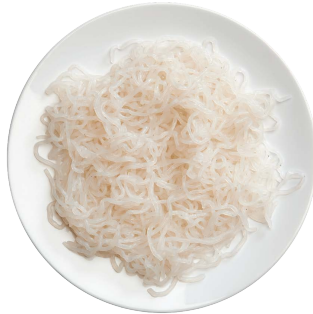
Contains: Milk

Spaghetti

Konjac

Rice

NEW



*Konjac is a plant
rich in fibers to
help you feel full.
Limited to 1
packet daily in
Phase 1*

Kosher

**Dark Chocolate
Sea Salt Mini Bars**

NEW



*Limited
time!*



Contains: Milk & coconut



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Condiments and Specialties

Classic Balsamic Dressing



coming back soon!



Honey Dijon Dressing



coming back soon!



Italian Herb Dressing



coming back soon!



Contains: Milk

Exotic Fruit Powdered Water Enhancer (Mangosteen)



Lemon Powdered Water Enhancer



coming back soon!



Tangerine Powdered Water Enhancer



White Peach Powdered Water Enhancer



coming back soon!



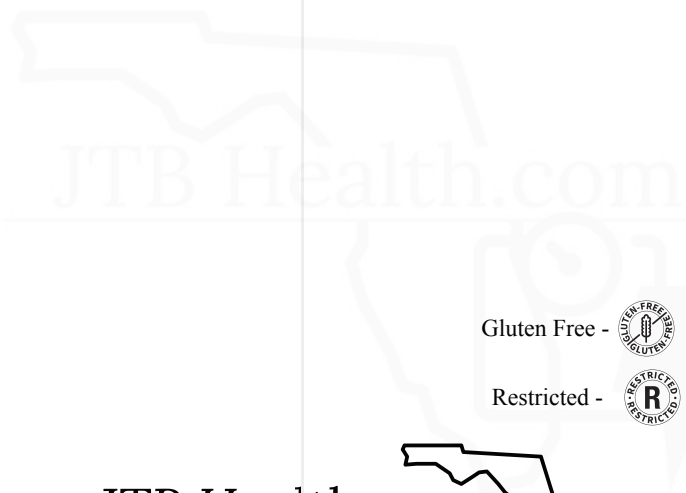
Raspberry Limonade Powdered Water Enhancer



Black Cherry Powdered Water Enhancer



Maple Flavored Syrup



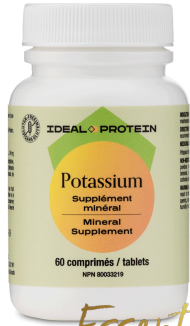
Gluten Free -

Restricted -



Micronutrition

Potassium



Essential

Cal-Mag



Or Essential

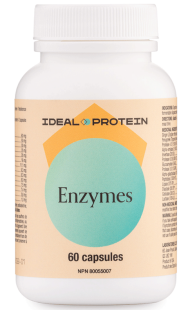
Cal-Mag Soft Chocolate Chews



coming back soon!

Contains: Soy Kosher

Enzymes



Multi-Vita



Essential

Contains: Soy, Fish

Omega-3 Plus



Essential

Contains: Soy, Fish, Shellfish

Flora Health Max



Hydrolyzed Collagen



Branched Chain Amino Acids (BCAA)



Ideal Salt



Essential

Sea Salt



Ketone-IQ



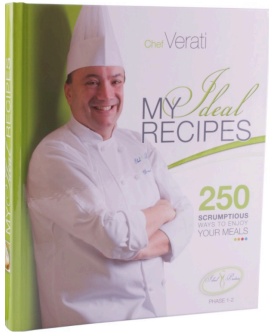
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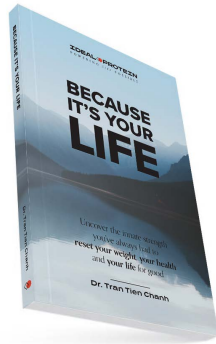


Compliance & Accountability Tools

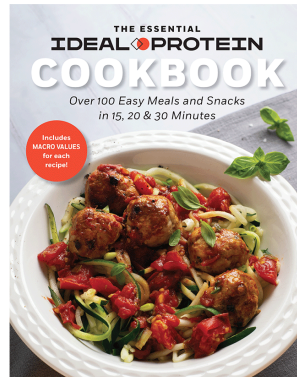
Chef Verati- My Ideal Recipes



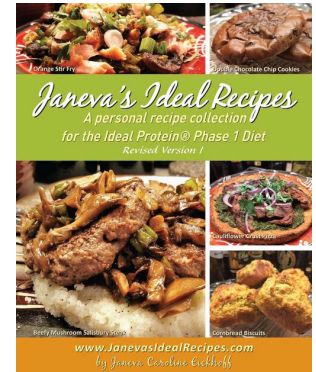
Dr. Tran- Because It's Your Life



Ideal Protein Cookbook



Janeva's Ideal Recipes - Revised



Janeva's Lifestyle Recipes



Bluetooth Scale -Connected to Your Coach-



Track weight, BMI,
body fat %, lean mass,
muscle mass &
hydration

Food Scale



Oil Dispenser



Retractable Body Measuring Tape



The Ideal Baking Kit



Shaker



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30 Day Challenge - For Lifestyle

Ultimate Shrooms



Ultimate Elixir



UNCOMPROMISING STANDARDS

