

# Product Listing



## JTB Health.com

WEIGHT LOSS AND LIFESTYLE

(561)632-5873

Call or Text to Order



### Drinks

**Orange  
Drink Mix**



Allergens: Milk

**Berry Pomegranate  
Drink Mix**



*With  
Hydrolyzed  
Collagen*



**Cappuccino  
Smoothie Mix**



Allergens: Milk

**Chocolate  
Smoothie Mix**



Sweetened With Stevia  
Allergens: Milk

**Peach Mango  
Drink Mix**



Allergens: Milk

**Piña Colada  
Smoothie Mix**



Allergens: Milk

**Berry Breakfast  
Smoothie Mix**



Allergens: Milk

**Vanilla  
Smoothie Mix**



Allergens: Milk

Gluten Free -  Restricted - 

<p><b>DISCONTINUED</b></p> <p><b>Vanilla Chai Latte Drink Mix</b></p>   <p>Sweetened With Stevia Allergens: Milk</p>	<p><b>Back for Fall</b></p> <p><b>Pumpkin Spice Latte Mix</b></p>   <p>Sweetened With Stevia Allergens: Milk, Coconut</p>	<p><b>NEW</b></p> <p><b>Peppermint Cacao Drink Mix</b></p>   <p><i>Holiday Limited Edition</i></p> <p>Sweetened With Stevia Allergens: Milk</p>	
<p><b>Ready-to-serve Chocolate Shake</b></p>   <p>Kosher Allergens: Milk</p>	<p><b>Ready-to-serve Cappuccino Shake</b></p>   <p>Kosher Allergens: Milk</p>	<p><b>Ready-to-serve Strawberry Banana Shake</b></p>   <p>Allergens: Milk</p>	<p><b>Ready-to-serve Vanilla Shake</b></p>   <p>Kosher Allergens: Milk</p>

Gluten Free -  Restricted - 



# Bars

## Chocolate Almond Protein Bar

NEW



**Allergens:** Milk, Soy, Eggs, Almonds, Peanuts

## Mint Chocolate Protein Bars



**Allergens:** Milk, Soy, Eggs, Almonds, Peanuts

## Chocolate Coconut Protein Bars



**Allergens:** Milk, Soy Eggs, Almonds, Peanuts, Coconut

## Cookie Dough Protein Swirl Bars



**Allergens:** Milk, Soy, Eggs, Almonds, Peanuts

## Vanilla Peanut Butter Protein Bars



**Allergens:** Milk, Soy, Eggs, Almonds, Peanuts

## Cranberry Pomegranate Protein Bars



**Allergens:** Milk, Soy, Eggs, Almonds, Peanuts

## Caramel Peanut Protein Bars (Caramel Nut Bar)



**Allergens:** Milk, Soy, Eggs, Almonds, Peanuts

## Peanut Butter Protein Bars



**Allergens:** Milk, Soy, Eggs, Almonds, Peanuts

## Baked Peanut Butter Protein Bars

NEW



**Allergens:** Milk, Soy, Nuts, Peanuts

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# Breakfast

## Crispy Cereal



**Allergens:** Milk, Soy, Gluten

## Golden Pancake Mix



**Sweetened With Stevia**  
**Allergens:** Milk, Eggs, Wheat

## Chocolate Chip Pancake Mix



**Allergens:** Milk, Soy, Eggs, Wheat

## Maple Oatmeal



**Allergens:** Milk, Soy

## Apple Cinnamon Oatmeal



**Allergens:** Milk, Soy

## Cheese Omelet Mix



**Allergens:** Milk, Eggs

## Blueberry Muffin Mix



**Sweetened With Stevia**  
**Allergens:** Milk, Wheat

**NEW**

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# Soups

## Mushroom Soup Mix



Allergens: Milk, Soy

## Chicken Soup Mix



Allergens: Milk, Soy

## Tomato Basil Soup Mix



Allergens: Milk

## Broccoli Cheese Soup Mix



Allergens: Milk

## Chicken Chowder Mix



Allergens: Milk, Wheat

## Chicken Noodle Soup Mix



Allergens: Milk, Wheat, Gluten

## French Onion Soup Mix



Allergens: Milk

## Thai Pork Soup Mix



Allergens: Milk, Wheat

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# Entrees and Sides

## Vegetable Chili Mix



**Allergens:** Soy, Wheat, Gluten

## Mashed Potatoes Mix



**Allergens:** Milk

## Chicken Patty Mix



**Allergens:** Milk, Soy, Eggs, Wheat

## Rotini Pasta



**Allergens:** Eggs, Wheat

## Vegetable Bolognese Spaghetti Mix

**NEW**



**Allergens:** Soy, Eggs, Wheat

## Macaroni & Cheese



**Allergens:** Milk, Eggs, Wheat

## Creamy Parmesan Mushroom Pasta (Mushroom Parmesan Risotto)



**Allergens:** Milk, Eggs, Wheat

## Cheddar Cheese Sauce Mix

**NEW**



**Allergens:** Milk

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# Sweet Snacks

## Raspberry Gelatin Mix



With  
Hydrolyzed  
Collagen



Allergens: Milk

## Dark Chocolate Pudding Mix



Allergens: Milk

## Ready-to-serve Chocolate Pudding



Allergens: Milk

## Chocolate Crispy Square



**Kosher**  
Allergens: Milk, Soy, Eggs

## Vanilla Crispy Square



Allergens: Milk, Soy, Eggs,  
Almonds, Peanuts

## Chocolate Caramel Mug Cake Mix



Allergens: Milk, Soy, Wheat

## Salted Caramel Chocolate Clusters



Allergens: Milk, Soy

**NEW**

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<p><b>Vanilla Wafers</b></p>  <p><b>Allergens:</b> Milk, Soy, Wheat</p>	<p><b>Triple Chocolate Wafers</b></p>  <p><b>Allergens:</b> Milk, Soy, Wheat</p>	<p><b>Lemon Wafers</b></p>  <p><b>Allergens:</b> Milk, Soy, Wheat</p>	<p><b>Strawberry Wafers</b></p>  <p><b>Allergens:</b> Milk, Soy, Wheat</p>
<p><b>Orange Crème Wafers</b></p>  <p><b>Allergens:</b> Milk, Soy, Wheat</p>	<p><b>Chocolate Puffs</b></p>  <p><b>Allergens:</b> Milk, Soy</p>	<p><b>Apple Cinnamon Puffs</b></p>  <p> <b>Allergens:</b> Soy</p>	<p><b>Double Chocolate Brownies</b></p>  <p>  <b>Allergens:</b> Milk, Soy</p>

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# Salty Snacks

**Ranch Dorados**

**NEW**



**Allergens:** Milk, Soy

**Sea Salt & Vinegar Crisps**



**Allergens:** Soy

**Barbecue Crisps**



**Allergens:** Soy

**Sweet Chili Dorados**



**Allergens:** Soy

**Nacho Cheese Dorados**



**Allergens:** Milk, Soy

**Jalapeno Cheddar Crisps**

**NEW**



**Kosher**  
**Allergens:** Soy, Milk

**Garlic and Fine Herbs Crisps**



**LAST CHANCE!**

**Allergens:** Soy

**Sweet & Spicy Trail Mix**



**Kosher**  
**Allergens:** Soy, wheat

**Dill Pickle Zippers**



**Allergens:** Milk, Soy

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# Meal Replacements (For Holidays and/or Maintenance)

**Toffee Pretzel Bars  
(Ideal Complete)**



**Allergens:** Milk, Soy, Eggs,  
Almonds, Peanuts

**Creamy Chocolate Meal  
Repl. Smoothie Mix  
(Ideal Comp. Choco)**



**Allergens:** Milk

**Vanilla Crème Meal  
Repl. Smoothie Mix  
(Ideal Comp. Vanilla)**



**Allergens:** Milk

**Ideal Comp.  
Strawberry Drink Mix**



**Allergens:** Milk

## Helpful Foods

**Chicken Breast With  
Dijonnaise Sauce**



*Busy? Replace  
your lean protein  
dinner.*

**Allergens:** Milk, Mustard

**Konjac Spaghetti** NEW



**Kosher**

**Beef Stroganoff**



*Busy? Replace  
your lean protein  
dinner.*

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# Condiments and Specialties

**Sesame Sauce**



Sweetened With Stevia  
Allergens: Soy

**Honey Dijon Dressing**



**Italian Herb Dressing**



Allergens: Milk

**Classic Balsamic Dressing**



**Lemon Powdered Water Enhancer**



**Tangerine Powdered Water Enhancer**



**Raspberry Limonade Powdered Water Enhancer**



**Exotic Fruit Powdered Water Enhancer (Mangosteen)**



**Maple Flavored Syrup**



**Raspberry Temptation Chocolatey Bars**



Allergens: Milk, Soy

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Restricted -



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# Supplements

## Anti-Oxy



## Cal-Mag



## Cal-Mag Soft Chocolate Chews



## Enzymes



Allergens: Soy

## Multi-Vita



## Omega-3 Plus



## Potassium



## Flora Health



Allergens: Soy, Fish

Allergens: Soy, Fish, Shellfish

## Branched Chain Amino Acids (BCAA)



## Ideal Salt



## Sea Salt



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