



REVITALIZE YOUR CAREER PATH

CAREER PIVOT CHECKLIST

This checklist will help guide you through self-exploration, skill enhancement, and strategic planning to successfully pivot in your career and life as little as, or as much as you want. Let's turn your experience into a new beginning!

KAT FROM THRIVE VIBE CREATIONS

WELCOME

Hi There!

In today's fast-paced world, it's easy to find ourselves feeling trapped in careers that no longer ignite our passion, especially as we cross the milestone of 50. But here's the good news: it's never too late to embark on a journey of reinvention and discover a path that truly resonates with your aspirations.

This easy to read checklist is designed to be your blueprint for quick-start transformation. It will guide you through the just a few vital stages of self-exploration, skill enhancement, and strategic planning, empowering you to pivot successfully in both your career and personal life. With each step, you'll have the opportunity to journal your thoughts and emotions, embracing actionable tasks that will help you gain the momentum needed to turn your wealth of experience into an exciting new chapter.

Let's begin to unlock your potential and create the future you've always dreamed of!

Kat

ABOUT ME

I'm Kat from Thrive Vibe Creations, a dedicated entrepreneur with an impressive 38-year journey in the corporate world, is driven by a profound desire to help others, I am passionate about guiding individuals in designing a life inspired by passion and purpose.

PIVOT CHECKLIST: STEPS TO REINVENT YOUR WORK AND LIFE JOURNEY

☐ Step 1: Self-Discovery

Reflect on Your Current Career: Identify what aspects of your current job leave you unsatisfied. Is it the work environment, the role, or the lack of growth opportunities?

Passions and Interests: List the activities and subjects that genuinely excite you. Consider what you would pursue if financial obligations were not a concern.

Core Values and Priorities: Define your core values. What's most important to you in the next phase of your career—flexibility, meaningful work, balance, or financial growth?

Journal Prompt: What elements of joy have I felt in past roles or activities, and how can I incorporate these elements into my future career and life?

☐ Step 2: Skill Enhancement

Identify Skill Gaps: Evaluate the skills required in your new field of interest. Compare them with your current skills to identify gaps.

Choose Learning Resources: Select online courses, workshops, or mentorship options that can bridge your skill gaps.

Create a Learning Schedule: Dedicate specific time each week to your skill enhancement activities, allowing you to progress steadily on your own time.

Journal Prompt: What skills do I wish I had more confidence in and how will acquiring these skills transform my career path?

☐ Step 3: Build Your Support Network

Join Communities: Engage with like-minded individuals by joining online groups or attending local meetups in your field of interest.

Seek Mentorship: Find mentors who have successfully navigated a career change. Their insights can be invaluable.

Journal Prompt: Who in my life has inspired me with their career choices, and what elements of their journey resonate with my own aspirations?

☐ Step 4: Practical Steps Towards Change

Update Your Resume and LinkedIn Profile: Reflect your new skills, projects, and any relevant coursework.

Explore Opportunities: Start with part-time projects, volunteering, or internships in your new area to gain practical experience.

Set Small Achievable Goals: Break down the transition into manageable steps. Celebrate small victories along the way.

Journal Prompt: What is one small action I can take this week that will lead me closer to my career goals, or life goals, and how will it feel to achieve it?

☐ Step 5: Sustain Your Momentum

Stay Motivated: Regularly revisit your reasons for making the change—your "why." Use it as motivation to push through challenging times.

Embrace Flexibility: Be open to adjusting your goals as you learn more about your new interests..

Journal Prompt: Why is this career or life pivot important to me, and how can I remind myself of this motivation during challenging times?



WANNA LEARN MORE?



Are you over the age of 50 and want to reignite your life by designing a life of passion and purpose this year? We've got the course for you! Click on the button below to see if you are ready for journey into creating a life that you deserve.

[LET'S KICKSTART 2025.](#)