



Shauna Michele Coaching

INTRODUCTORY CLIENT INTAKE AGREEMENT AND LIABILITY WAIVER

www.shaunamichelecoaching.com

This agreement outlines the terms, expectations, and liability waiver for your introductory life coaching session with Shauna Michele. By signing this document, you acknowledge and agree to the terms and disclaimers outlined below.

CONTACT INFORMATION

CLIENT NAME: _____

PHONE NUMBER: _____

EMAIL ADDRESS: _____

Coaching Goals

Please describe the areas you would like to focus on during your session:

Nature of Coaching

Life coaching is a collaborative process focused on personal growth, goal-setting, and actionable strategies. It is not a substitute for therapy, counseling, medical treatment, or other professional services. As your coach, I will:

- Provide a safe, supportive, and judgment-free space.
- Offer personalized tools, techniques, and guidance.
- Maintain confidentiality to the extent outlined in this agreement.

Client Acknowledgments

By signing this agreement, you acknowledge and agree to the following:

1. **Non-Therapeutic Nature of Coaching:**

- Coaching is not therapy, and I am not a licensed therapist, counselor, or medical professional.
- Any recommendations or techniques provided are intended for personal development purposes only.

2. **Personal Responsibility:**

- You are fully responsible for the decisions and actions you take as a result of coaching.
- Results are not guaranteed and may vary depending on your commitment and individual circumstances.

3. **Medical and Mental Health Disclosures:**

- You agree to disclose any medical conditions or mental health concerns that may affect your participation in coaching.
- Coaching should not replace advice, treatment, or diagnosis from qualified healthcare providers.

4. **Voluntary Participation:**

- You are voluntarily participating in this session and assume all risks associated with coaching.

Confidentiality

All information shared during coaching sessions will remain confidential except:

- When you provide written consent to share specific details.
- If disclosure is required by law (e.g., if there is risk of harm to yourself or others).

Release of Liability

By signing this agreement, you agree to release and hold harmless Shauna Michele Coaching from any and all claims, liabilities, damages, or losses arising directly or indirectly from your participation in coaching. This includes but is not limited to:

- Emotional distress or perceived negative outcomes from coaching sessions.
- Decisions or actions taken by the client based on coaching discussions or recommendations.

You understand that results are not guaranteed and that personal effort, external factors, and circumstances contribute to outcomes.

Cancellation Policy

If you need to reschedule or cancel, please notify me at least 24 hours in advance. Missed appointments without notice may not be eligible for rescheduling.

Emergency Contact Information (Optional)

Name: _____

Phone Number: _____

Acknowledgment and Consent

By signing below, you acknowledge that you have read and understood this agreement, including the liability waiver. You voluntarily agree to participate in coaching and assume all risks associated with it.

Client Signature: _____

Date: _____

Coach Signature: _____

Date: _____
