## LINE DANCE STUDY GUIDE 6<sup>TH</sup> GRADE

Line dancing is a very popular form of dance that is used in social situations throughout the world. It can be done without a partner, has repeated moves, and both boys and girls can participate at the same time. Line dance is a lifelong aerobic activity. It requires very little equipment; music and sometimes a partner. It can be done by anyone of any age.

**Right grapevine step**... is the most common move in line dances. It is done by stepping right, cross behind with left, step right and then step together.

## **LINE DANCES Learned in class:**

**Chicken Dance**...partner elbow swings, most commonly done in a circle.

**Electric Slide**...grapevine step with ½ turns to the left

**Cha Cha Slide**...popular line dance using these steps: cha cha steps, stomps, grapevine steps, charlie brown, and criss cross

**Cotton Eye Joe**...(Slapping Leather) A very popular fast paced country line dance that includes: heel, heel, heel, heel, slides and twists. It is also called "Slapping Leather" because of the dance move where you hit your shoe.

**Snowball**...dance done in a circle. Two partners start the dance and continue to seek out new partners when the word "Snowball" is called. At "LMS Dances" students that WANT to participate should be in the circle ready to be chosen. Not everyone has to participate.

**Windshield Wiper Dance** – A new hip hop line dance done in a line that includes moves called: windshield wiper, ice cream truck, do it like a bus, army jeep, headlights.