

Drug Types and their Effects

Drug: A substance other than food that changes the structure of functions of the body or mind.

Types of drugs:

- Stimulants
- Depressants
- Inhalants
- Hallucinogens
- Anabolic Steroids
- Marijuana
- Narcotics

Stimulants: Speeds up the body systems

Types of stimulants:

- Amphetamines (speed)
- Cocaine
- Ritalin (ADHD)
- Caffeine
- Nicotine

Depressants: Depresses or slows down the central nervous system

- Types of depressants:
- Barbiturates (sleeping pills)
- Methaqualone (muscle relaxers)
- Tranquilizers (valium)
- Alcohol

Inhalants: Dangerous fumes that are inhaled from a bag, cloth, container, or balloon to get high.

Types of inhalants:

- Glue
- Nail polish remover
- Aerosol sprays
- Spot remover
- Cleaning fluid
- White out
- Nitrous oxide
- Whipits

Steroids: Powerful compounds that is similar to the male sex hormone testosterone, which increases muscle mass and strength.

- Injection, pills, inhaled (asthma)

Hallucinogens: Drugs that distort the senses and cause hallucinations (imaginary sounds or visions)

- LSD (lysergic acid diethylamide)
- Mushrooms
- Peyote
- Mescaline

Marijuana (Cannabis): A plant that contains THC that gives the high. In its own category.

- Depressant (calming, sleepy)
- Stimulant (raises blood pressure/heart rate)
- Narcotic (pain relief, euphoria)
- Psychoactive psychedelic (though not a hallucinogen by definition)

Narcotics: Highly addictive substances

- Illegal
 - Heroin
 - Opium
 - Methadone/Methamphetamins (Crystal Meth)
- Legal
 - Codeine
 - Morphine
 - Oxycontin
 - Other pain relievers

Date Rape Drugs or Club Drugs

- Ecstasy (ETC)
- Rohypnol (Roofies)
- GHB (GAM-muh heye-DROX-ee-BYOO-tur-ihk)
- Ketamine (KEET-uh-meen)