

Lundahl Middle School Outdoor Adventure Club

Dear Parents/Guardians:

Your son/daughter has taken an interest in the “Outdoor Adventure Club”. My goal is to get kids excited about learning by turning off screens and get discover what can be done outdoors, and take on a new adventure. They’ll learn to be more self-sufficient, explore outside their comfort zone, and be successful at something new.

This club will be doing activities throughout the year after school and one weekend day/evening per month. Some events will be open to all who wish to come, while others may have limited slots. They can sign up for any of the events/activities that their interested in experiencing throughout the year. I hope to get them outside using their brains and bodies. Adventure/outdoor skills can be used for a lifetime in activities that are not normally available in regular education but are equally beneficial in their educational development.

Take a look at the calendar on my website at: PhyEdFred.com

Don't forget to sign up on "Remind" (Text: @OACLMS2019 To number: 81010) to get information about upcoming events or schedule changes!

Below are just the off campus activities that we need your permission for.

Date	Event	Time	Location	Approve
September 5th (Thursday)	Frisbee Golf (Frolf)	2:45-4:00	Bus to Lippold Park	
September 20th (Thursday)	Geo Caching	2:45-4:00	Bus to Downtown Crystal Lake	
October 3th (Thursday)	Canoeing	2:45-4:00	Bus to Main Beach	
October 18th- 19th (Fri.-Sat.)	Camping	5:00pm-8:00am	LMS Cafeteria (tree line)	
December 12th (Thursday)	Swimming – Water polo (\$5)	2:45-4:00	Bus to YMCA	
March 5th (Thursday)	Swimming - Life Saving (\$5)	2:45-4:00	Bus to YMCA	
March 12th (Thursday)	Northwall Climbing Gym (\$12)	2:45-4:00	Bus to Northwall	
April 9th (Thursday)	Hiking	2:45-4:00	Bus to Veteran's Acres	
April 30th (Thursday)	Nature Scavenger Hunt	2:45-4:00	Bus to Veteran's Acres	
May 7th (Thursday)	Biking	2:20-3:30	Bike through Village of Lakewood	
				Approve all

Students Name: _____

Parent/Guardian Signature: _____

If you have any questions, please feel free to contact me at any time.

Sincerely,
Mr. Kaiser