#### BEARDSLEY MIDDLE SCHOOL WRESTLING

To Parents and Wrestlers,

This year looks to be a great season. We hope to have a great turnout of wrestlers on the team, and would like to make sure both wrestlers and parents understand the school and team requirements, in order to keep everything running smoothly for everyone involved.

#### **ON-LINE REGISTRATION**

8to18.com – Link found on school website. Must be in the system for wrestling with updated physical before you can practice.

Remind – Coaches way to communicate to the team in a text (this is for wrestlers and/or parents).

Setup: Text: @wresbear20 To: 81010 Follow promps to complete signup.

# PRACTICE

Please look at the provided schedule so arrangements can be made.

Monday through Friday from 2:30 - 4:00

Please arrange rides prior to end of practice or use the activity bus on Monday, Tuesday or Thursdays

### MEETS

- \* A schedule of the meets and locations are attached.
- \* The starting lineup will wrestle after all exhibition matches are completed at all <u>home</u> meets.
- \* Home meets will start at **4:00**, exhibition matches may start earlier. Finish at **5:30 - 6:00 (approximate)**
- \* Away meets will start at **4:00**, exhibition matches may start earlier. Return to school at **5:45 - 6:15 (approximate)**
- \* Matches will start in a draw to see which weight class will begin the meet. Each match will then run consecutively. The starting weight class is determined just prior to the meet start.
- \* Depending on the size of competing teams, the meets may run faster or slower.
- \* Please arrange rides prior to the end of the meet.
- \* There will be no bus on return trips from Bernotas or Lundahl, please arrange ride prior to meet.
- \* Wrestlers may go home with their parents on away meets after notifying the coach.
- \* Due to the size of our team, it will be impossible for everyone to wrestle, at the exhibition level, at each meet. We'll try our best to provide matches for each wrestler. Wrestlers will know 1 day in advance if they have a match. On away meets, only those wrestlers with a match will ride the bus. All "A team", members will be at all meets.
- \* To be on the "A team" a wrestler must be able to beat all other wrestlers at their weight class. Challenges will be held each week.
- \* The wrestlers are representatives of the school and the team. Proper behavior will be expected along with proper dress. No sweats or T-shirts unless it represents Beardsley wrestling. Ties are optional but encouraged.

# ELIGIBILITY

- \* A wrestler will be dismissed from the team after three non-excused missed practices, this Includes detentions.
- \* If the wrestler misses a practice (non excused) a day before a meet, their spot may be replaced.
- \* The wrestler must be in school for one half day on a day of a meet in order to participate.
- \* The wrestler cannot practice or participate in a meet while serving in an in-school or out-ofschool suspension. Suspensions will be considered a non-excused absence.
- \* Weekly checklist will be sent to all teachers for their evaluation of behavior and academic progress.
  - A failing grade in any subject will result in the wrestler's ineligibility for the following week's competition, Mon. through Fri.
  - Ineligibility for a 2nd time and the wrestler will not be able to participate in meets or practice for the following week.
  - Ineligibility for a 3rd time and the wrestler will be excused from the team.
- \* Guidelines from the student handbook also apply to each wrestler.

We're looking forward to a great season and a chance to work with everyone on the team. We encourage parents to come and watch practice if they would like, and we hope to see you at the meets.

Mr. Kaiser & Mr. Schmalzer