Piercing after care:

* Wound wash or saline to clean your piercing.
* Simple diy saline solution is one cup of warm distilled water, one quarter teaspoon of sea salt, and three drops of tea tree oil. Do not store this solution; you should make a fresh cup everytime or the solution may become contaminated.
* Best time to clean your piercings is after you get out the shower, take a q-tip and run it under Luke warm water ring it around your piercing. Then take the wound wash put it a clean q-tip ring it around the piercing and with clean hands gently rotate your piercing.
* No alcohol or peroxide!
* No listerine with oral piercings mix up Luke warm water and sea salt in a water bottle. Every time you eat or smoke you need to clean your mouth!!!
* Please always clean your hands before you touch your piercing!!!!!!!!
* If you have pets that sleep with you please clean your bedding and pillow cases!! Pet dander causes infections.
* Clean phones and head phones with new lip, cheek, and ear piercings phones and head phones are dirty.
* Always get a new tooth brush with oral piercings.
* No makeup around your new piercing
* Clean piercing once a day if you really need to you can do a second cleaning. the less you mess with it the better!
* If you have any questions please call me!