

Clinical Information: 29/M with ankle's joint pain, short shortness
of breath with CXR hilar adenopathy with findings suggestive of
sarcoidosis (1 year ago). New bruise-like bumps raised and pink.



## DIAGNOSIS:

- SKIN, RIGHT LOWER LEG, BIOPSY:
  - ERYTHEMA NODOSUM.

## Teaching Points:

- EN not always purely septal process
- Lofgren's syndrome triad: hilar lymphadenopathy, erythema nodosum and acute sarcoid arthritis

## Minimal Diagnostic Criteria:

- Septal, fibrosing panniculitis ± lobular extension
- Neutrophils, lymphocytes, histiocytes, & ± eosinophils
- Multinucleated histiocytes (Miescher's granuloma)
- Extravasated erythrocytes without vasculitis

## Differential Diagnosis:

- If septal and sclerosing, then connective tissue disease
- If also lobular with neutrophils, then infection,
   PG, and Sweet syndrome

