



## 2026 SFL Football Schedule

Starting Times:

Frosh 7:00, JV 4:45, Varsity 7:00

<b>Frosh, Thursday, September 24th JV/V, Friday, September 25th</b>
Rocklin at Folsom Granite Bay at Jesuit Del Oro at Oak Ridge Whitney Bye
<b>Frosh, Thursday, October 1st JV/V, Friday, October 2nd</b>
Jesuit at Whitney Oak Ridge at Rocklin Folsom at Granite Bay Del Oro Bye
<b>Frosh, Thursday, October 8th JV/V, Friday, October 9th</b>
Granite Bay at Rocklin Whitney at Folsom Jesuit at Del Oro Oak Ridge Bye
<b>Frosh, Thursday, October 15th JV/V, Friday, October 16th</b>
Rocklin at Whitney Granite Bay at Del Oro Folsom at Oak Ridge Jesuit Bye
<b>Frosh, Thursday, October 22nd JV/V, Friday, October 23rd</b>
Whitney at Granite Bay Oak Ridge at Jesuit Del Oro at Folsom Rocklin Bye
<b>Frosh, Thursday, October 29th JV/Varsity, Friday, October 30th</b>
Jesuit at Rocklin Del Oro at Whitney Oak Ridge at Granite Bay Folsom Bye
<b>Frosh, Thursday, November 5th JV/Varsity, Friday, November 6th</b>
Folsom at Jesuit Rocklin at Del Oro Whitney at Oak Ridge Granite Bay Bye

League Rep: Joe Cattolico, Granite Bay High School

Official Practice Begins—August 3rd

1st Scrimmage—August 21st

1st Contest—August 26th

Sit Out Period—October 2nd

Last Contest—November 7th

1/22/2026