



2019 SFL Football Schedule

Starting Times:

Frosh 5:30,

JV 4:45, Varsity 7:00

Frosh, Thursday, September 19th JV/V, Friday, September 20th
Folsom at Oak Ridge Granite Bay at Del Oro Rocklin at Whitney Grant Bye
Frosh, Thursday, September 26th JV/V, Friday, September 27th
Granite Bay at Grant Del Oro at Whitney Oak Ridge at Rocklin Folsom Bye
Frosh, Thursday, October 3rd JV/V, Friday, October 4th
Oak Ridge at Grant Rocklin at Folsom Whitney at Granite Bay Del Oro Bye
Frosh, Thursday, October 10th JV/V, Friday, October 11th
Grant at Rocklin Folsom at Whitney Del Oro at Oak Ridge Granite Bay Bye
Frosh, Thursday, October 17th JV/V, Friday, October 18th
Whitney at Oak Ridge Grant at Del Oro Folsom at Granite Bay Rocklin Bye
Frosh, Thursday, October 24th JV/V, Friday, October 25th
Oak Ridge at Granite Bay Rocklin at Del Oro Grant at Folsom Whitney Bye
Frosh, Thursday, October 31st JV/V, Friday, November 1st
Del Oro at Folsom Whitney at Grant Granite Bay ay Rocklin Oak Ridge Bye

League Rep: Eris Cavaliere--Oak Ridge

Dead Period Begins July 8th

Practice Begins July 29th

1st Scrimmage August 16th

1st Contest August 23rd

Sit Out Period Sept 27th

Last Contest November 1st