

2018 SFL Spring All League Teams

Boys Golf

MVP	Cade Knight	Woodcreek
	Dylan McDermott	Granite Bay
	Kyle Wesolowski	Del Oro
	Brayden Johnk	Granite Bay
	Sean Woods	Folsom
	Jacob Van Roekel	Oak Ridge
	Nico Dolley	Oak Ridge
	TJ Patterson	Granite Bay
	Derrick Dollesin	Granite Bay
	Mason Mancasola	Del Oro
	Jordan Bliss	Granite Bay

Swim and Dive Girls

MVP	Chloe Clark	Granite Bay
	Amber Myers	Granite Bay
	Jasmine Williams	Folsom
	Emily Cooley	Folsom
	Hannah Joseph	Folsom
	Emma Mehl	Oak Ridge
	Camryn Bussey	Woodcreek
	Madeline Rutan	Woodcreek
	Ashlyn Hemphill	Granite Bay
	Diana Neagu	Woodcreek
	Ellie Hardey	Del Oro
	Sofie Swayne	Woodcreek
	Bella Vachuska	Woodcreek
	Paige Tattersail	Granite Bay
	Emma Goss	Woodcreek
	Sophie Miller	Granite Bay
	Piper Rea	Rocklin
	Alissa Ongaco	Granite Bay
Relay	Masan Baker	Folsom
Relay	Nadia Ansari	Woodcreek
Dive	Melia Stout	Granite Bay
Dive	Sienna Le	Granite Bay
Dive	Bri Medvecki	Granite Bay

Swim and Dive Boys

MVP	Ben Dillard	Oak Ridge
MVP	Colby Mefford	Oak Ridge
MVP	Evan McCormick	Oak Ridge
	Seth Konig	Oak Ridge
	Tyler Green	Granite Bay
	Spenser Richard	Granite Bay
	Aldan Vulgas	Woodcreek
	Jack Gillespie	Granite Bay
	Jonathan Chu	Oak Ridge
	John Duhra	Oak Ridge
	Tommy Spadley	Granite Bay
	Joey MacLeane	Granite Bay
	John Murphy	Granite Bay
	Kyle Garcia	Oak Ridge
	Christopher Boliard	Granite Bay
	Terry Chen	Oak Ridge
Dive	Jackson Camacho	Granite Bay
Dive	Branden Turner	Nevada Union
Dive	Ethan Griscom	Nevada Union

Sport Cheer

MVP	Mackenzie Murphy	Rocklin
	Abby Connell	Rocklin
	Alex Perkins	Rocklin
	Sohie Paul	Rocklin
	Cydney LeClaire	Rocklin
	Breanna Ruggiero	Woodcreek
	Corissa Harris	Woodcreek
	Hope JBeily	Woodcreek
	Elizabeth Lisenbauch	Woodcreek
	Raegan Kopka	Oak Ridge
	Hannah Mortensen	Granite Bay

Boys Tennis

MVP	Sean Barstow	Folsom
	Nayan Pallagar	Granite Bay
	Cole Fowler	Granite Bay
	Pavan Muruges	Granite Bay
	Bryce Bumhan	Granite Bay
	Sam Frank	Del Oro
	Lucus Mosher	Del Oro
	DJ Sobrepena	Rocklin
	Kiam Shahi	Rocklin
	Andrew Tseng	Folsom
	Caleb Switzer	Woodcreek
	Richard Hull	Oak Ridge
	Luke Mulert	Oak Ridge

Boys Track

	Ryan Mulholland	Del Oro
	Ricky Frank	Granite Bay
	Patrick Dunakin	Woodcreek
	Brayden McLaughlin	Del Oro
	Garrett Gough	Nevada Union
	Cole Whatley	Del Oro
	Carson Stell	Woodcreek
	Natano Uivaa	Woodcreek
	Eric Werner	Granite Bay
	Tyler Burns	Oak Ridge
	Jarad Harper	Granite Bay
	Jacob Markward	Nevada Union
Relays	Jorge Pena III	Woodcreek
	Hunter Winsman	Woodcreek
	Jaylen Latson	Granite Bay
	Anthony Martin	Granite Bay
	Tristen Lee	Granite Bay

Girls Track

	Jada Harper	Granite Bay
	Cathilyn McIntosh	Del Oro
	Elena Denner	Oak Ridge
	Shimona Draper	Oak Ridge
	Kaili Udoffia	Del Oro
	Crystal Diei	Oak Ridge
	Tasha Brechtel	Del Oro
	Jayden Jackson	Del Oro
	Megan Leaman	Del Oro
	Megan Ellis	Granite Bay
Relays	Lilly Gregg	Woodcreek
	Rachel Sjolie	Woodcreek
	Valerie Heywood	Woodcreek
	Maiya Evans	Woodcreek
	CJ Blankenship	Woodcreek
	Anitha Graves	Woodcreek
	Alex Sandoval	Woodcreek

Boys Volleyball

MVP	Dawson Fugate	Del Oro		
MVP	JT Demure	Granite Bay		
	Tyler Rennie	Del Oro	Hunter Mortensen	Granite Bay
	Sydney Mathias	Del Oro	Daniel Patterson	Granite Bay
	Nick Ashbaugh	Nevada Union	Sam Hales	Nevada Union
	Jordan Mills	Nevada Union	Tanner Quiggle	Nevada Union
	Addison Frese	Oak Ridge	Cameron Williams	Woodcreek
	Ryan Jew	Woodcreek	Michael Clements	Woodcreek

Baseball

MVP	Cameron Allie	Oak Ridge		
	Nikolas McClaughry	Rocklin	Alex Zarfos	Rocklin
	Cole Anderson	Rocklin	Jakob Frederick	Del Oro
	Cody Oldwin	Del Oro	Blake Rainey	Del Oro
	Dennis Boatman	Woodcreek	Tyler Smith	Woodcreek
	Ryan Harvey	Woodcreek	Shig Watari	Woodcreek
	Trey Furrey	Folsom	Drake Digiorno	Folsom
	CJ Pallari	Oak Ridge	Joe Durket	Oak Ridge
	Mitch Alhady	Oak Ridge	Peter Hansen	Oak Ridge
	Trevor Johnson	Granite Bay	Kyle Sisco	Granite Bay
	Blake Peterson	Granite Bay	Luke Cornish	Nevada Union

Softball

MVP	Peyton Toto	Woodcreek	Kaylee Winn	Del Oro
MVP	Lindsey Paulos	Granite Bay	Amanda DuPriest	Del Oro
	Madalyn Moore	Del Oro	Kelly Barr	Del Oro
	Lillian Whitley	Del Oro	Shelby Pflieger	Folsom
	Maddie Eshbach	Folsom	Jessilyn Barrow	Folsom
	Bri Alston	Rocklin	Kyra Gooler	Rocklin
	Taylor Fitzpatrick	Rocklin	Maddie Ybarra	Woodcreek
	Ashley Esty	Woodcreek	Ashley Bartels	Granite Bay
	Brittany Baisden	Granite Bay	Reese Mattley	Granite Bay
	Vanessa Enriquez	Nevada Union	Kaitlin Trace	Nevada Union
	Hannah Dardano	Oak Ridge	Kaylin Pebley	Oak Ridge
	Kelley Renner	Oak Ridge	Leah Polson	Oak Ridge
	Reagan Hunt	Oak Ridge	Sky Linnane	Oak Ridge