

## 2019 SFL Spring Sport All League

### Boys Volleyball

<b>MVP—Jeffery DeMure</b>	<b>Granite Bay</b>
Daniel Patterson	Granite Bay
Grayson King	Granite Bay
Devin Daria	Granite Bay
Noah Hart	Granite Bay
Shane Atkins	Rocklin
Noah Dahla	Rocklin
Byron Peterson	Rocklin
Sydney Mathias	Del Oro
Ethan Suchomel	Del Oro
Manning Lemoine	Folsom
Jackson Cable	Whitney

### Boys Tennis

<b>MVP—Pavan Murugesh</b>	<b>Granite Bay</b>
Cole Fowler	Granite Bay
Matt Handy	Granite Bay
Shane Timmons	Granite Bay
Bryce Burnham	Granite Bay
Rahul Iyer	Granite Bay
Rathip Rajakumar	Granite Bay
Lucas Mosher	Del Oro
DJ Sobrepena	Rocklin
Diego Rodriguez	Folsom

### Boys Swimming

<b>MVP—Ben Dillard</b>	<b>Oak Ridge</b>	Hayden Ghufuran	Granite Bay
<b>MVP—Colby Mefford</b>	<b>Oak Ridge</b>		
<b>MVP—Evan McCormick</b>	<b>Oak Ridge</b>	<b>Boys Diving</b>	
<b>MVP—Kyle Garcia</b>	<b>Oak Ridge</b>	Kyland Parenti	Whitney
Jack Gillespie	Granite Bay	Everett Tai	Oak Ridge
Jonathan Chu	Oak Ridge	Martin Feuillet	Whitney
Jack Donovan	Del Oro		
Michael Hansen	Granite Bay		

## Girls Swimming

<b>MVP—Amber Myers</b>	<b>Granite Bay</b>
Emma Mehl	Oak Ridge
Hannah Joseph	Folsom
Ashlyn Hemphill	Granite Bay
Rosie Murphy	Granite Bay
Jasmine Williams	Folsom
Natalie Quilala	Granite Bay
Alissa Ongaco	Granite Bay

## Girls Diving

Bri Medvecki	Granite Bay
Chloe Lienert	Oak Ridge
Claire Loos	Oak Ridge

## Baseball

<b>MVP—CJ Hutton</b>	<b>Folsom</b>
Drake Digiorno	Folsom
Jacob Lynch	Folsom
Ryan Stafford	Folsom
Tyler Agnew	Folsom
Nate Hansen	Oak Ridge
Tino Bethancourt	Oak Ridge
Branden Tester	Oak Ridge
Will Cookham	Oak Ridge
Zach Adamson	Oak Ridge
Will Curtis	Oak Ridge

Owen Cuffe	Del Oro
Ethan Remmers	Rocklin
Andrew Ketchum	Rocklin
Mason Mooney	Rocklin
Marco Pirruccello	Rocklin
Chris Wagner	Whitney
Mattie Thomas	Granite Bay
JR Freethy	Granite Bay
Nolan Wilson	Granite Bay
Garen Caulfield	Granite Bay

## Softball

<b>MVP—Mazie Macfarlane</b>	<b>Whitney</b>
Makenzie Macfarlane	Whitney
Nia Trinidad	Whitney
Claire Stover	Whitney
Montannah Herмосillo	Whitney
Amanda DuPriest	Del Oro
Michalah Robison	Del Oro
Jenna Birch	Del Oro
Lindsey Poulos	Granite Bay
Emma Vincent	Granite Bay
Jazlyn Kakehuawehe	Folsom

Leah Polson	Oak Ridge
Reagan Hunt	Oak Ridge
Ashley Schnars	Oak Ridge
Taylor Fitzgerald	Rocklin
Claudia Kirchner	Rocklin
Jordan Tressler	Rocklin
Jayla Castro	Rocklin
Dakota Kennedy	Folsom
Shelby Pfeiler	Folsom
Emma Falen	Folsom

## **Sport Cheer**

### **MVP—Alexis Reed**

Lindsey Wickum	Rocklin	Isabella Rocha	Granite Bay
Maddy Gomes-Bejar	Rocklin	Aimee Olson	Folsom
Aleah Schotsal	Rocklin	Mackenzie Carroll	Whitney
Liz Kukuryak	Rocklin	Allison Carroll	Whitney
Trinity Eli	Rocklin	Alyssa Miller	Whitney

## **Boys Golf**

### **MVP—Sam Sommerhauser Whitney**

Will Phelan	Whitney	Ethan Tang	Oak Ridge
Zach Pollo	Whitney	Ryan Nelson	Oak Ridge
CJ Gassner	Whitney	Dylan McDermott	Granite Bay
Kyle Wesolowski	Del Oro	TJ Patterson	Granite Bay
Mason Mancasola	Del Oro	Brian Lee	Rocklin

## **Boys Track and Field**

Ryan Mulholland	Del Oro
Brayden McLaughlin	Del Oro
James Baker	Del Oro
Ethan Powers	Del Oro
Caiden Macktinger	Del Oro
Joey Souto	Whitney
Ethan Dodge	Whitney
Bennett Woodward	Whitney
Sirr Butler	Whitney
Jaiden Love-Williams	Whitney
Caveli Hensley	Whitney
Gabriel Maximo	Folsom
Conner Hayes	Folsom
William Abello	Folsom
Jordan Lenehan	Folsom
Zach Welch	Oak Ridge
Tyler Burns	Oak Ridge
Bryce Law	Oak Ridge

## **Girls Track and Field**

Gianna Scruggs	Folsom
Abigail Peterson	Granite Bay
Kastin Ostrode	Oak Ridge
Riley Chamberlain	Del Oro
Sydney Johnson	Whitney
Kathryn Bingham	Oak Ridge
Shimona Draper	Oak Ridge
Madi Walker	Oak Ridge
Teagan Brown	Oak Ridge
Jessica Willis	Oak Ridge
Chloe Taylor	Oak Ridge
Jenny Rehnvall	Folsom
Tasha Brechtel	Del Oro
Isabel Simmons	Whitney

