



2020 SFL Track Schedule

Starting Times:

Duels: 3:30 PM

Wednesday, March 18th
Whitney, Del Oro at Granite Bay Folsom, Oak Ridge at Rocklin
Wednesday, March 25th
Del Oro at Folsom Rocklin at Whitney Granite Bay at Oak Ridge
Wednesday, April 1st
Whitney at Folsom Del Oro at Oak Ridge Granite Bay at Rocklin
Wednesday, April 15th
Rocklin at Del Oro Oak Ridge at Whitney Folsom at Granite Bay

SFL Championships—May 6th and May 8th at Rocklin

League Rep: Matt Eckman, Rocklin HS

Practice Begins—February 10th

1st Scrimmage—February 21st

1st Contest—February 28th

Sit-Out Period Date---April 4th

Last Contest—May 9th

End of Season Dead Period---May 31st

2/27/19