



2020 SFL Wrestling Schedule

Starting Times:

Weigh In: 5:00PM

Duels: 6:00 PM

Wednesday, December 18th
Del Oro at Whitney Oak Ridge at Granite Bay Folsom at Rocklin
Wednesday, January 8th
Granite Bay at Folsom Whitney at Oak Ridge Rocklin at Del Oro
Wednesday, January 15th
Folsom at Del Oro Oak Ridge at Rocklin Granite Bay at Whitney
Wednesday, January 22nd
Whitney at Folsom Del Oro at Oak Ridge Rocklin at Granite Bay
Wednesday, January 29th
Oak Ridge at Folsom Granite Bay at Del Oro Rocklin at Whitney

SFL Championships-- February 7th and 8th at TBA

League Rep: Clint Madden, Del Oro

Practice Begins—November 4th

1st Scrimmage—November 15th

1st Contest—November 22nd

Sit Out Period---December 27th

Last Contest Duel—January 29th

Last Contest Individual—February 8th

10/8/18