

# 2021-22 Sierra Foothill League Fall Sports All League Teams

## Football

**Most Valuable Player—Elias Mullican—Rocklin**

**Offensive Player of the Year—Nathan Kent—Rocklin**

**Defensive Player of the Year—Brandon Wong—Whitney**

**Lineman of the Year—Alani Noa—Grant**

### **Folsom**

Tyler Tremain QB

Rico Flores WR

Walker Lyons TE

Christian Clingerman OT

Josh Tremain ILB

Grecco Carillo DB

Tourre Hendricks RB

### **Oak Ridge**

Reese Catchings

Conner Dasmann

Joey Whiting

### **Del Oro**

Akio Martinson DL

James Ramesbottom DB

Gavin Guillen RB

Aiden Parry WR

### **Whitney**

Carson Phillips ILB

Ian Don DL

Roman Floyd Util

Anthony Parker Util

### **Rocklin**

Kenny Lueth QB

Anthony Johnston RB

Brad Baur OT

Bobby Piland ILB

Derek Houston OLB

Rio Patton ILB

Kale Larson DL

Teeg Slone DB

### **Granite Bay**

Noah Mitcheom QB

Josh Coibion DB

James Stabbert TE

Dominic Soares WR/KR

Zach Annis ILB

Frank Cusano OLB

Talae Tuimaunei OT/DT

Jack Ferguson OT/DT

Zaire Collier OG

### **Grant**

Dubee Lopa ILB

## Water Polo

### Girls

**Field Most Valuable Player—Natalie Wilcox—Granite Bay**

**Goalie Most Valuable Player—Katharine Hampton—Oak Ridge**

Ella McCarron	Granite Bay	Natalie Mancinelli	Oak Ridge
Avery Moll	Granite Bay	Ashley Michelin	Oak Ridge
Noelani Gardner	Granite Bay	Alena Tadayeski	Oak Ridge
Maddie Myers	Granite Bay	Lauren DeJong	Del Oro
Carla Smurthwaite	Rocklin	Heidi Green	Del Oro
Adrineh Smith	Rocklin	Annelise Lubiens	Del Oro
		Ally Wright	Whitney

### Boys

**Field Most Valuable Player—Chris Nihart—Granite Bay**

**Goalie Most Valuable Player—Christian Braum—Rocklin**

Hank Wildenradt	Rocklin	Ethan Scifres	Granite Bay
Eric Ryu	Rocklin	Ryan Bousfield	Granite Bay
Dallin Poduska	Rocklin	Seth Bousfield	Granite Bay
Morgan Madril	Rocklin	Adam Dell'Orto	Granite Bay
Eddie Hill	Rocklin	Sam Cortez	Del Oro
Brendan Kearney	Whitney	Tommaso Bigatti	Del Oro
		Joey O'Shay	Del Oro

### Girls Volleyball

**Most Valuable Player—Natalie Colfescu—Oak Ridge**

**Coach of the Year—Trevin Morgan—Oak Ridge**

Jordyn Casey	Del Oro	Kaitlyn Cochran	Whitney
Kylie Mulvaney	Del Oro	Jesse Camarillo	Whitney
Eliza Hakes	Folsom	Jenna Kraft	Whitney
Addi DeMarse	Folsom	Abby Reynolds	Oak Ridge
Emily Craig	Granite Bay	Madison Walker	Oak Ridge
Mackenzie Wells	Granite Bay	Delaney Sparks	Rocklin

## Cross Country

### Boys

**MVP—Zachary Graeber—Folsom**

Ethan Smith	Folsom
Nathan Short	Folsom
Aakash Arumugam	Rocklin
Cole Jamieson	Whitney
Devin Pereira	Rocklin
Brian Lew	Oak Ridge
Joel Tajiri	Whitney
James Bowen	Whitney
Troy Esparza	Oak Ridge

### Girls

**MVP—Riley Chamberlain—Del Oro**

Katie Kopec	Whitney
Kayla Rutz	Oak Ridge
Carly Foster	Granite Bay
Ava Maier	Oak Ridge
Brooke Butler	Oak Ridge
Samantha Liaty	Oak Ridge
Emily Allison	Granite Bay
Angeline Gutierrez	Del Oro
Lizzy Hansen	Granite Bay

## Girls Tennis

**Most Valuable Player—Roxana Shahi—Rocklin**

Lila Bromfield	Granite Bay	Maiah White	Rocklin
Ava Rafanan	Granite Bay	Erin Johnson	Rocklin
Bianca Welch	Granite Bay	Nica Sobrepena	Rocklin
Sanya Murdeshwar	Oak Ridge	Ava Brown	Folsom
Maya Lojo	Oak Ridge	Emily Yang	Folsom
Ella Edwards	Del Oro	Bella Hernandez	Whitney

## Girls Golf

**Most Valuable Player—Saanvi Kotti—Folsom**

Tavia Burgess	Granite Bay	Lexi Boras	Rocklin
Anika Varma	Granite Bay	Jessica Burdick	Rocklin
Lauren Pierce	Granite Bay	Liliana Rubio	Oak Ridge
Taylor Peterson	Granite Bay	Haley Wong	Oak Ridge
Kiana Kim	Whitney	Cami Tennison	Del Oro

