**2021-2022 Sierra Foothill League Winter Sports All League Teams**

**Girls Basketball Boys Basketball**

**MVP—Teagan Brown Oak Ridge MVP—Brycen Shackelford Folsom**

Ella Ray Oak Ridge Jake Thoensen Folsom

Madison Butcher Del Oro Miles Macayan Folsom

Gabby Kime Del Oro Yaqub Mir Granite Bay

Livi Wood Del Oro TJ Maveety Granite Bay

Makayla Jackson Folsom Jack Gillingham Oak Ridge

Ava Rawlings Folsom Nick Graves Oak Ridge

Charlotte Climenhage Folsom Boston Graf Whitney

Julie Riley Granite Bay Matt Schroeder Whitney

Keke Scott Rocklin Caden Pinnick Del Oro

Harper Peterson Whitney Mark Lavrenov Rocklin

**Girls Soccer**

**MVP—Grace Goins Oak Ridge**

Olivia Chimienti Oak Ridge Isabella Fraser Granite Bay

Sophia Moness Oak Ridge Lucy Newlin Granite Bay

Iman Mustafa Oak Ridge Daryn Conner Granite Bay

Emily Lieber Oak Ridge Izzy Palmatier Folsom

Savannah Schwarze Granite Bay Raya Amin Folsom

Julia Schwarze Granite Bay Kailey Stroth Folsom

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Angela Shannon Whitney Myah Newton Rocklin

Lauren Hunter Whitney Gigi Kirchner Rocklin

Amber Murray Whitney Gray Wilson Del Oro

Gabby Starr Whitney Dakota Harris Del Oro

 Alexandria Williams Del Oro

**Boys Soccer**

**MVP—Robbie Mora-Arias Whitney**

Diego Angelina De La Cruz Granite Bay Ben Luong Whitney

Luke Garman Granite Bay Drew Krawiec Whitney

Talan Rochelle Granite Bay Drew Swenson Whitney

Jeremy Siau Granite Bay Jackson Garza Whitney

Lucas Bost Del Oro Darius Dukes Whitney

Jake Goehring Del Oro Rami Zantout Folsom

Chris Marisco Del Oro Max Haslemann Folsom

Keith Willey Del Oro

John Brandon Oak Ridge

Ben Mehl Oak Ridge

Cameron Milbrath Oak Ridge

Blake Coursey Rocklin

Hector Serrano Martin Whitney

Andrew VandenAkker Whitney

Brayden Goularte Whitney

**Wrestling**

106 Eric Buchko Del Oro 126 Talon Niimi Granite Bay

113 Jagger French Del Oro 145 Shadin Carr Oak Ridge

120 Issac Hererra Del Oro 220 Jake Hall Oak Ridge

132 Damion Elliott Del Oro 152 Shane Davenport Whitney

138 Cesar Jaimes Del Oro 170 Brayden Rush Rocklin

160 Ben Clark Del Oro 195 Kaiden Baker Rocklin

182 Toure Hendrick Folsom HWT Bobby Piland Rocklin