



2026 SFL Girls Volleyball Schedule
Start Times: 2 Gyms: Frosh and JV 5:30, Varsity 7:00
1 Gym: Frosh 4:30, JV 5:30, Varsity 7:00

<p align="center">Tuesday, September 8th</p> <p align="center"> Rocklin at Folsom Granite Bay at St. Francis Del Oro at Oak Ridge Whitney at Davis </p>	<p align="center">Thursday, October 1st</p> <p align="center"> Folsom at Rocklin St. Francis at Granite Bay Oak Ridge at Del Oro Davis at Whitney </p>
<p align="center">Thursday, September 10th</p> <p align="center"> St. Francis at Whitney Oak Ridge at Rocklin Folsom at Granite Bay Davis at Del Oro </p>	<p align="center">Tuesday, October 6th</p> <p align="center"> Whitney at St. Francis Rocklin at Oak Ridge Granite Bay at Folsom Del Oro at Davis </p>
<p align="center">Tuesday, September 15th</p> <p align="center"> Granite Bay at Rocklin Whitney at Folsom Del Oro at St. Francis Davis at Oak Ridge </p>	<p align="center">Thursday, October 8th</p> <p align="center"> Rocklin at Granite Bay Folsom at Whitney St. Francis at Del Oro Oak Ridge at Davis </p>
<p align="center">Thursday, September 17th</p> <p align="center"> St. Francis at Folsom Rocklin at Del Oro Oak Ridge at Whitney Granite Bay at Davis </p>	<p align="center">Tuesday, October 13th</p> <p align="center"> Folsom at St. Francis Del Oro at Rocklin Whitney at Oak Ridge Davis at Granite Bay </p>
<p align="center">Tuesday, September 22nd</p> <p align="center"> St. Francis at Oak Ridge Whitney at Granite Bay Folsom at Del Oro Davis at Rocklin </p>	<p align="center">Thursday, October 15th</p> <p align="center"> Oak Ridge at St. Francis Granite Bay at Whitney Del Oro at Folsom Rocklin at Davis </p>
<p align="center">Thursday, September 24th</p> <p align="center"> Rocklin at St. Francis Del Oro at Whitney Granite Bay at Oak Ridge Folsom at Davis </p>	<p align="center">Tuesday, October 20th</p> <p align="center"> St. Francis at Rocklin Whitney at Del Oro Oak Ridge at Granite Bay Davis at Folsom </p>
<p align="center">Tuesday, September 29th</p> <p align="center"> Whitney at Rocklin Davis at St. Francis Del Oro at Granite Bay Oak Ridge at Folsom </p>	<p align="center">Thursday, October 22nd</p> <p align="center"> Rocklin at Whitney St. Francis at Davis Granite Bay at Del Oro Folsom at Oak Ridge </p>

League Rep: Cassidy Romig, Del Oro HS

Practice Begins: August 3rd

1st Scrimmage: August 14th

1st Contest: August 21st

Sit-Out Period: September 22nd

Last Contest: October 22nd

1/4/2026