



2025 SFL Girls Lacrosse Schedule

Start Times: 5:30 JV, 7:15 Varsity

Tuesday, March 4th	Thursday, March 27th
Rocklin at St. Francis Del Oro at Whitney Folsom at Davis Oak Ridge at Granite Bay	St. Francis at Rocklin Whitney at Del Oro Davis at Folsom Granite Bay at Oak Ridge
Thursday, March 6th	Tuesday, April 1st
St. Francis at Folsom Del Oro at Rocklin Whitney at Oak Ridge Granite Bay at Davis	Folsom at St. Francis Rocklin at Del Oro Oak Ridge at Whitney Davis at Granite Bay
Tuesday, March 11th	Thursday, April 3rd
Folsom at Rocklin Oak Ridge at Del Oro Granite Bay at St. Francis Davis at Whitney	Rocklin at Folsom Del Oro at Oak Ridge St. Francis at Granite Bay Whitney at Davis
Thursday, March 13th	Tuesday, April 8th
Rocklin at Oak Ridge Folsom at Granite Bay Davis at Del Oro St. Francis at Whitney	Oak Ridge at Rocklin Granite Bay at Folsom Del Oro at Davis Whitney at St. Francis
Tuesday, March 18th	Thursday, April 10th
Rocklin at Granite Bay Oak Ridge at Davis Whitney at Folsom Del Oro at St. Francis	Granite Bay at Rocklin Davis at Oak Ridge Folsom at Whitney St. Francis at Del Oro
Thursday, March 20th	Tuesday, April 22nd
Davis at Rocklin Granite Bay at Whitney St. Francis at Oak Ridge Folsom at Del Oro	Rocklin at Davis Whitney at Granite Bay Oak Ridge at St. Francis (3/8) Del Oro at Folsom
Tuesday, March 25th	Thursday, April 24th
Whitney at Rocklin St. Francis at Davis Del Oro at Granite Bay Oak Ridge at Folsom	Rocklin at Whitney Davis at St. Francis Granite Bay at Del Oro Folsom at Oak Ridge

League Rep: Julia Southard, St. Francis HS

Practice Begins: February 3rd

1st Scrimmage: February 14th

1st Contest: February 21st

Sit-Out Period: March 25th

Last Contest: April 24th

1/25/2025