



2026 SFL Swim and Dive Schedule

Starting Time: 4:00

Tuesday, March 3rd
At Del Oro Del Oro vs Granite Bay At Rocklin Rocklin vs Davis vs Oak Ridge At Folsom Jesuit/St Francis vs Folsom vs Whitney
Tuesday, March 10th
At Davis Davis at Jesuit/St. Francis At Granite Bay Rocklin vs Granite Bay vs Folsom At Whitney Whitney vs Oak Ridge vs Del Oro
Tuesday, March 17th
At Oak Ridge Oak Ridge at Folsom At Jesuit Del Oro vs Jesuit/St. Francis vs Rocklin At Whitney Whitney vs Davis vs Granite Bay
Tuesday, April 14th
At Rocklin Rocklin at Whitney At Del Oro Del Oro vs Folsom vs Davis At Granite Bay Granite Bay vs Jesuit/St. Francis vs Oak Ridge

SFL League Championships---April 22nd, 23rd and 24th at TBD

League Rep: John Sherman, Granite Bay HS

Practice Begins---February 9th

1st Contest---February 27th

Sit Out Period---March 28th

Last Contest Duel---April 24th

5/24/2025

