



2026 SFL Girls Lacrosse Schedule

Start Times: 5:30 JV, 7:15 Varsity

Tuesday, March 3rd	Thursday, March 26th
St. Francis at Rocklin Whitney at Del Oro Davis at Folsom Granite Bay at Oak Ridge	Rocklin at St. Francis Del Oro at Whitney Folsom at Davis Oak Ridge at Granite Bay
Thursday, March 5th	Tuesday, April 7th
Folsom at St. Francis Rocklin at Del Oro Oak Ridge at Whitney Davis at Granite Bay	St. Francis at Folsom Del Oro at Rocklin Whitney at Oak Ridge Granite Bay at Davis
Tuesday, March 10th	Thursday, April 9th
Rocklin at Folsom Del Oro at Oak Ridge St. Francis at Granite Bay Whitney at Davis	Folsom at Rocklin Oak Ridge at Del Oro Granite Bay at St. Francis Davis at Whitney
Thursday, March 12th	Tuesday, April 14th
Oak Ridge at Rocklin Granite Bay at Folsom Del Oro at Davis Whitney at St. Francis	Rocklin at Oak Ridge Folsom at Granite Bay Davis at Del Oro St. Francis at Whitney
Tuesday, March 17th	Thursday, April 16th
Granite Bay at Rocklin Davis at Oak Ridge Folsom at Whitney St. Francis at Del Oro	Rocklin at Granite Bay Oak Ridge at Davis Whitney at Folsom Del Oro at St. Francis
Thursday, March 19th	Tuesday, April 21st
Rocklin at Davis Whitney at Granite Bay Oak Ridge at St. Francis Del Oro at Folsom	Davis at Rocklin Granite Bay at Whitney St. Francis at Oak Ridge Folsom at Del Oro
Tuesday, March 24th	Thursday, April 23rd
Rocklin at Whitney Davis at St. Francis Granite Bay at Del Oro Folsom at Oak Ridge	Whitney at Rocklin St. Francis at Davis Del Oro at Granite Bay Oak Ridge at Folsom

League Rep: Julia Southard, St. Francis HS

Practice Begins: February 2nd

1st Scrimmage: February 13th

1st Contest: February 20th

Sit-Out Period: March 24th

Last Contest: April 23rd

4/7/2025