



## 2025-2026 SFL Girls Soccer Schedule

**Start Times:**

**Tuesday Frosh/Soph 3:30, Varsity 5:30, JV 7:15**

**Thursday JV 3:30, Varsity 5:30, Frosh/Soph 7:15**

<b>Thursday, December 11th</b>	<b>Tuesday, January 20th</b>
Rocklin at St. Francis Del Oro at Whitney Davis at Folsom Oak Ridge at Granite Bay	St. Francis at Rocklin Whitney at Del Oro Folsom at Davis Granite Bay at Oak Ridge
<b>Tuesday, December 16th</b>	<b>Thursday, January 22nd</b>
St. Francis at Folsom Del Oro at Rocklin Whitney at Oak Ridge Granite Bay at Davis	Folsom at St. Francis Rocklin at Del Oro Oak Ridge at Whitney Davis at Granite Bay
<b>Thursday, December 18th</b>	<b>Tuesday, January 27th</b>
Folsom at Rocklin Oak Ridge at Del Oro St. Francis at Granite Bay Davis at Whitney	Rocklin at Folsom Del Oro at Oak Ridge Granite Bay at St. Francis Whitney at Davis
<b>Tuesday, January 6th</b>	<b>Thursday, January 29th</b>
Rocklin at Oak Ridge Granite Bay at Folsom Davis at Del Oro Whitney at St. Francis	Oak Ridge at Rocklin Folsom at Granite Bay Del Oro at Davis St. Francis at Whitney
<b>Thursday, January 8th</b>	<b>Tuesday, February 3rd</b>
Rocklin at Granite Bay Oak Ridge at Davis Whitney at Folsom Del Oro at St. Francis	Granite Bay at Rocklin Davis at Oak Ridge Folsom at Whitney St. Francis at Del Oro
<b>Tuesday, January 13th</b>	<b>Thursday, February 5th</b>
Davis at Rocklin Granite Bay at Whitney St. Francis at Oak Ridge Folsom at Del Oro	Rocklin at Davis Whitney at Granite Bay Oak Ridge at St. Francis Del Oro at Folsom
<b>Thursday, January 15th</b>	<b>Monday, February 9th</b>
Whitney at Rocklin St. Francis at Davis Del Oro at Granite Bay Folsom at Oak Ridge	Rocklin at Whitney Davis at St. Francis Granite Bay at Del Oro Oak Ridge at Folsom

**League Rep: Jeffery (JJ) Barnett, Rocklin HS**

**Practice Begins: November 3rd**

**1<sup>st</sup> Scrimmage: November 14th**

**1st Contest: November 21st**

**Sit-Out Period: January 1st**

**Last Contest: February 10th**

**2/19/2025**