

## 2022-2023 Sierra Foothill League Varsity Standings

### FALL SPORTS

Football	Girls Xctry	Boys Xctry	G Golf	G Tennis
1 Folsom	1 Granite Bay	1 Whitney	1 Granite Bay	1 Oak Ridge
2 Rocklin	2 Whitney	2 Folsom	2 Oak Ridge	2 Rocklin
2 Del Oro	3 Oak Ridge	3 Rocklin	2 Folsom	3 Granite Bay
2 Oak Ridge	4 Del Oro	4 Oak Ridge	4 Rocklin	4 Del Oro
5 Granite Bay	5 Folsom	5 Del Oro	5 Whitney	5 Whitney
6 Whitney	6 Rocklin	6 Granite Bay	5 Del Oro	6 Folsom

  

G Volleyball	G Water Polo	B Water Polo
1 Oak Ridge	1 Granite Bay	1 Rocklin
2 Whitney	2 Del Oro	2 Granite Bay
3 Rocklin	3 Oak Ridge	3 Del Oro
3 Folsom	4 Rocklin	4 Oak Ridge
5 Del Oro	5 Whitney	5 Whitney
6 Granite Bay	6	6

### WINTER SPORTS

B Basketball	G Basketball	B Soccer	G Soccer	Wrestling
1 Folsom	1 Folsom	1 Whitney	1 Rocklin	1 Del Oro
2 Del Oro	2 Oak Ridge	2 Granite Bay	2 Oak Ridge	2 Folsom
3 Whitney	3 Whitney	3 Oak Ridge	3 Del Oro	3 Oak Ridge
4 Oak Ridge	4 Rocklin	4 Del Oro	4 Whitney	4 Whitney
5 Granite Bay	5 Del Oro	5 Rocklin	5 Granite Bay	5 Granite Bay
6 Rocklin	6 Granite Bay	6 Folsom	6 Folsom	6 Rocklin

### SPRING SPORTS

Baseball	Softball	B Golf	B Tennis	B Swim
1 Whitney	1 Granite Bay	1 Rocklin	1 Granite Bay	1 Granite Bay
2 Oak Ridge	2 Whitney	2 Granite Bay	1 Oak Ridge	2 Oak Ridge
2 Rocklin	2 Oak Ridge	3 Oak Ridge	3 Whitney	3 Del Oro
4 Folsom	4 Del Oro	4 Del Oro	4 Rocklin	4 Folsom
5 Granite Bay	5 Folsom	4 Folsom	5 Del Oro	5 Rocklin
6 Del Oro	5 Rocklin	4 Whitney	6 Folsom	6 Whitney

  

G Swim	B Track	G Track	Sport Cheer	B. Volleyball
1 Granite Bay	1 Whitney	1 Whitney	1 Oak Ridge	1 Whitney
2 Oak Ridge	2 Rocklin	2 Rocklin	2 Whitney	2 Granite Bay
3 Whitney	2 Oak Ridge	3 Granite Bay	2 Rocklin	3 Del Oro
4 Del Oro	4 Granite Bay	3 Oak Ridge	4 Granite Bay	3 Folsom
5 Folsom	5 Folsom	5 Del Oro	5 Del Oro	5 Oak Ridge
6 Rocklin	6 Del Oro	5 Folsom	6	5 Rocklin

  

G Lacrosse	B Lacrosse
1 Oak Ridge	1 Oak Ridge
2 Granite Bay	1 Granite Bay
3 Folsom	3 Whitney

3 Del Oro  
5 Rocklin  
6 Whitney

4 Rocklin  
5 Folsom  
6 Del Oro