



2023-2024 Jug Covich SFL All Sports Award

ALL SPORTS CALCULATIONS - BASED ON STANDINGS

	FALL SPORTS										WINTER SPORTS					SPRING SPORTS										TOTALS		
	Football	Girls Cross Country	Boys Cross Country	Girls Golf	Girls Tennis	Girls Volleyball	Girls Water Polo	Boys Water Polo	Flag Football	Boys Basketball	Girls Basketball	Boys Soccer	Girls Soccer	Boys Wrestling	Softball	Baseball	Boys Golf	Boys Tennis	Boys Swim	Boys Volleyball	Girls Swim	Boys Track	Girls Track	Boys Lacrosse	Girls Lacrosse	Sport Cheer	League Championships	Total Score
Oak Ridge	3	3	3	2	1	2	2	4		5	2	2	2	5	1	2	4	2	2	2	1	2	4	1	1	1		
Granite Bay	4	2	4	1	1	3	1	1	3	6	6	4	4	4	5	2	1	1	1	2	2	6	3	1	2	5		
Del Oro	5	4	6	6	4	6	2	2	1	2	4	3	1	1	6	5	5	3	3	4	4	2	6	5	3	5		
Whitney	6	1	1	5	5	5	5	4	4	4	3	1	5	3	2	2	6	4	4	5	3	1	1	1	6	3		
Rocklin	2	5	2	3	3	1	2	2	2	1	5	5	3	6	3	1	2	6	6	6	5	5	1	4	5	2		
Folsom	1	6	5	4	6	3			5	3	1	6	6	2	4	6	3	5	5	1	6	4	4	5	4	3		

Boy

Oak Ridge	10	10						7		6	12		6		10	8	12	12	11		11	12.3					127.3
Granite Bay	8	8					15			4	8		8		10	15	15	15	11		4	12.3					133.3
Del Oro	6	4					11			12	10		15		6	6	10	10	8		11	5					114
Whitney	4	15					7			8	15		10		10	4	8	8	6		15	12.3					122.3
Rocklin	12	12					11			15	6		4		15	12	4	4	4		6	8					113
Folsom	15	6								10	4		12		4	10	6	6	15		8	5					101

Girls

Oak Ridge		10	12	13.5	12	10				12	12				15						15	7	15	15			148.5
Granite Bay		12	15	13.5	9	15		10		4	8				6						12	10	12	5			131.5
Del Oro		8	4	8	4	10		15		8	15				4						8	4	10	5			102
Whitney		15	6	6	6	6		8		10	6				12						10	13.5	4	9			112.5
Rocklin		6	10	10	15	10		12		6	10				10						6	13.5	6	12			126.5
Folsom		4	8	4	9			6		15	4				8						4	7	8	9			86