

2023-2024 Sierra Foothill League Varsity Standings

FALL SPORTS

Football		Girls Xcntry		Boys Xcntry		G Golf		G Tennis	
1	Folsom	1	Whitney	1	Whitney	1	Granite Bay	1	Granite Bay
2	Rocklin	2	Granite Bay	2	Rocklin	2	Oak Ridge	1	Oak Ridge
3	Oak Ridge	3	Oak Ridge	3	Oak Ridge	3	Rocklin	3	Rocklin
4	Granite Bay	4	Del Oro	4	Granite Bay	4	Folsom	4	Del Oro
5	Del Oro	5	Rocklin	5	Folsom	5	Whitney	5	Whitney
6	Whitney	6	Folsom	6	Del Oro	6	Del Oro	6	Folsom

G Volleyball		G Water Polo		B Water Polo		Flag Football	
1	Rocklin	1	Granite Bay	1	Granite Bay	1	Del Oro
2	Oak Ridge	2	Del Oro	2	Rocklin	2	Rocklin
3	Folsom	2	Oak Ridge	2	Del Oro	3	Granite Bay
3	Granite Bay	2	Rocklin	4	Oak Ridge	4	Davis
5	Whitney	5	Whitney	4	Whitney	4	St. Francis
6	Del Oro	6		6		6	Whitney

WINTER SPORTS

B Basketball		G Basketball		B Soccer		G Soccer		Wrestling	
1	Rocklin	1	Folsom	1	Whitney	1	Del Oro	1	Del Oro
2	Del Oro	2	Oak Ridge	2	Oak Ridge	2	Oak Ridge	2	Folsom
3	Folsom	3	Whitney	3	Del Oro	3	Rocklin	3	Whitney
4	Whitney	4	Del Oro	4	Granite Bay	4	Granite Bay	4	Granite Bay
5	Oak Ridge	5	Rocklin	5	Rocklin	5	Whitney	5	Oak Ridge
6	Granite Bay	6	Granite Bay	6	Folsom	6	Folsom	6	Rocklin

SPRING SPORTS

Baseball		Softball		B Golf		B Tennis		B Swim	
1	Rocklin	1	Oak Ridge	1	Granite Bay	1	Granite Bay	1	Granite Bay
2	Oak Ridge	2	Whitney	2	Rocklin	2	Oak Ridge	2	Oak Ridge
2	Whitney	3	Rocklin	3	Folsom	3	Del Oro	3	Del Oro
2	Granite Bay	4	Folsom	4	Oak Ridge	4	Whitney	4	Whitney
5	Del Oro	5	Granite Bay	5	Del Oro	5	Folsom	5	Folsom
6	Folsom	6	Del Oro	6	Whitney	6	Rocklin	6	Rocklin

G Swim		B Track		G Track		Sport Cheer		B. Volleyball	
1	Oak Ridge	1	Whitney	1	Whitney	1	Oak Ridge	1	Folsom
2	Granite Bay	2	Del Oro	1	Rocklin	2	Rocklin	2	Oak Ridge
3	Whitney	2	Oak Ridge	3	Granite Bay	3	Folsom	2	Granite Bay
4	Del Oro	4	Folsom	4	Oak Ridge	3	Whitney	4	Del Oro
5	Rocklin	5	Rocklin	4	Folsom	5	Del Oro	5	Whitney
6	Folsom	6	Granite Bay	6	Del Oro	5	Granite Bay	6	Rocklin

G Lacrosse		B Lacrosse	
1	Oak Ridge	1	Granite Bay
2	Granite Bay	1	Oak Ridge
3	Del Oro	1	Whitney
4	Folsom	4	Rocklin
5	Rocklin	5	Folsom
6	Whitney	5	Del Oro