



## 2025 SFL Football Schedule

Starting Times:

Frosh 7:00, JV 4:45, Varsity 7:00

<b>Frosh, Thursday, September 18th</b> <b>JV/V, Friday, September 19th</b>
Folsom at Rocklin Jesuit at Granite Bay Oak Ridge at Del Oro Whitney Bye
<b>Frosh, Thursday, September 25th</b> <b>JV/V, Friday, September 26th</b>
Rocklin at Jesuit Whitney at Del Oro Folsom Bye Granite Bay at Oak Ridge
<b>Frosh, Thursday, October 2nd</b> <b>JV/V, Friday, October 3rd</b>
Whitney at Rocklin Del Oro at Granite Bay Jesuit Bye Oak Ridge at Folsom
<b>Frosh, Thursday, October 9th</b> <b>JV/V, Friday, October 10th</b>
Rocklin Bye Granite Bay at Whitney Oak Ridge at Jesuit Folsom at Del Oro
<b>Frosh, Thursday, October 16th</b> <b>JV/V, Friday, October 17th</b>
Rocklin at Granite Bay Oak Ridge Bye Whitney at Folsom Del Oro at Jesuit
<b>Frosh, Thursday October 23rd</b> <b>JV/Varsity, Friday, October 24th</b>
Jesuit at Folsom Del Oro at Rocklin Oak Ridge at Whitney Granite Bay Bye
<b>Frosh, Thursday October 30th</b> <b>JV/Varsity, Friday October 31st</b>
Whitney at Jesuit Del Oro Bye Rocklin at Oak Ridge Granite Bay at Folsom

League Rep: Zac McNally, Whitney High School

Official Practice Begins-July 28h

1st Scrimmage—August 15th

1st Contest—August 22nd

Sit Out Period—September 27th

Last Contest—November 1st

1/16/2025