



## 2026 SFL Water Polo Schedule

**Start Times: 4:00, 5:00, 6:00, 7:00**

<b>Tuesday, September 15th</b> <b>Girls Play First</b>
Davis at Whitney St Francis/Jesuit at Granite Bay Oak Ridge at Del Oro Rocklin Bye
<b>Tuesday, September 22nd</b> <b>Boys Play First</b>
Whitney at St. Francis/Jesuit Rocklin at Oak Ridge Del Oro at Davis Granite Bay Bye
<b>Tuesday, September 29th</b> <b>Girls Play First</b>
Granite Bay at Rocklin Oak Ridge at Davis St. Francis/Jesuit at Del Oro Whitney Bye
<b>Tuesday, October 6th</b> <b>Boys Play First</b>
Davis at Granite Bay Del Oro at Rocklin Whitney at Oak Ridge St. Francis/Jesuit Bye
<b>Thursday, October 8th</b> <b>Girls Play First</b>
Granite Bay at Whitney Oak Ridge at St. Francis/Jesuit Rocklin at Davis Del Oro Bye
<b>Tuesday, October 13th</b> <b>Boys Play First</b>
St. Francis/Jesuit at Rocklin Whitney at Del Oro Granite Bay at Oak Ridge Davis Bye
<b>Thursday, October 15th</b> <b>Girls Play First</b>
Rocklin at Whitney Davis at St. Francis/Jesuit Del Oro at Granite Bay Oak Ridge Bye

League Rep: Tyson Frenn, Granite Bay High School

Official Practice Begins—August 3rd

1st Scrimmage—August 14th

1st Contest—August 21st

Sit Out Period—September 25th

Last Contest—October 28<sup>th</sup>

League Tournament: October 20<sup>th</sup>—October 27<sup>th</sup>

Girls Tournament at Granite Bay, Boys Tournament at Davis

1/7/2026