2026-2027 SFL Wrestling Schedule

Starting Times
Duals Weigh in: 5:00 pm, Quad Duals Weigh in 4:00 pm
Dual Matches: 6:00pm, Quad Duals Matches: 5:00 pm

Wednesday, December 2nd	Tuesday, January 12th
Whitney at Oak Ridge Granite Bay at Del Oro Rocklin at Folsom	Oak Ridge at Folsom Del Oro at Whitney Rocklin at Granite Bay
Wednesday, December 9th	**Wednesday, January 20th**
Del Oro at Rocklin Folsom at Whitney **Quad Dual at Granite Bay** Granite Bay vs Davis Oak Ridge vs Jesuit Granite Bay vs Jesuit Oak Ridge vs Davis	Oak Ridge at Del Oro Folsom at Granite Bay **Quad Dual at Jesuit** Rocklin vs Davis Whitney vs Jesuit Rocklin vs Jesuit Whitney vs Davis
Tuesday, December 15th	**Wednesday, January 27th**
Whitney at Rocklin Granite Bay at Oak Ridge **Quad Dual at Del Oro** Del Oro vs Davis Folsom vs Jesuit Del Oro vs Jesuit Folsom vs Davis	Del Oro at Folsom Jesuit at Davis Granite Bay at Whitney Rocklin at Oak Ridge

SFL Championships— at TBD
League Rep: Clint Madden, Del Oro
Practice Begins—November 2nd
Scrimmage Date—November 13th
1st Contest—November 20th
Sit Out Period---December 30th
Last Contest Date—February 6th
8/22/2026