How to Apply for the Presidential Service Award through ABLE

Please record your volunteer hours on your own and submit it bi-monthly during the last week of the months of Feb, April, June, Aug, Oct & December. Please send the email to office@AboveBeyondLeadership.org. Our advisors will verify and sign on it in two weeks. Due to our limited resources, we will not respond to your inquiry emails until three weeks after you send in your volunteer hours.

We can sponsor and help students who have volunteered to apply for Presidential Volunteer Service Award [https://www.presidentialserviceawards.gov/](https://www.presidentialserviceawards.gov/).

Volunteer Eligibility

- United States citizen or lawful permanent resident of the United States (i.e., green card holder)
- Must be at least five years old.
- Completes eligible service within a 12-month period (for annual Bronze, Silver, and Gold Awards) and over a lifetime (for Lifetime Achievement Awards)

Eligible Service:

- Unpaid acts of volunteer service benefitting others.
  - Service through National service programs that provide a stipend (e.g., Peace Corps, AmeriCorps) may count towards the Lifetime Achievement Award, but not for the annual Bronze, Silver, and Gold Awards)
  - Travel stipends, transit/parking passes, membership passes, expense reimbursements, and other nominal volunteer support do not impact service eligibility

Eligible Service does not include:

- Donating funds
- Political lobbying (Non-partisan voter registration is an eligible activity)
- Religious instruction
- Conducting worship service
- Proselytizing
- Volunteer service performed as part of court-ordered community service
- Serving only family members
Hours Required to Earn Awards in Each Age Group

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<thead>
<tr>
<th>Age Group</th>
<th>Bronze</th>
<th>Silver</th>
<th>Gold</th>
<th>Lifetime Achievement Award</th>
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<tbody>
<tr>
<td>Kids (5–10 years old)</td>
<td>26–49 hours</td>
<td>50–74 hours</td>
<td>75+ hours</td>
<td>4,000+ hours</td>
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<tr>
<td>Teens (11–15)</td>
<td>50–74 hours</td>
<td>75–99 hours</td>
<td>100+ hours</td>
<td>4,000+ hours</td>
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<tr>
<td>Young Adults (16–25)</td>
<td>100–174 hours</td>
<td>175–249 hours</td>
<td>250+ hours</td>
<td>4,000+ hours</td>
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<tr>
<td>Adults (26+)</td>
<td>100–249 hours</td>
<td>250–499 hours</td>
<td>500+ hours</td>
<td>4,000+ hours</td>
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You need to complete the following steps:


2. Make an in-person appointment or zoom meeting with Dr. Sherry to discuss the goals and plans for your volunteering work. The student and both parents need to be present in the zoom meeting. Try to make an in-person meeting if it is possible for your family. If not, you can make a zoom meeting. Use the below link to book your appointment: https://calendly.com/drsherryhu/able

3. Lead/co-lead projects as co-team members. Please provide a project introduction for website posting. Examples can be found here Express Education | Above & Beyond Leadership & Education.

4. Actively participate in ABLE meetings and activities and raise fund for ABLE charity projects.
5. You have been an ABLE member for at least six months and continue to accumulate volunteer hours (at least 100 hours for the bronze level) as you are doing now. Please note the 250 hours (for gold level) is for 12 months immediately before applying for PVSA. A half of the volunteer hours required by the Presidential Volunteer Services Award should be conducted in ABLE.

6. If you qualify for the above requirements, you may provide your volunteer hour log sheet and submit your application with a summary of your introduction, volunteer work & achievement (400 words) to office@AboveBeyondLeadership.org. Please include your age group, award level (Bronze, Silver, Gold), and total hours.

We apply for PVSA twice a year, February and August. Please submit your request before the deadline Feb 1 and Aug 1 of the year. The evaluation process takes 6-8 weeks.

If you have any questions, please join the ABLE monthly meetings. You can ask your questions there. Due to our limited time, we cannot address individual questions in any other situations.
Sample of a school-specific volunteer hours form:

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Last Name:          First Name:          ID #:          Grad Year:          

GUSD Community Service Time Sheet

Community Service is defined as volunteer service for an approved nonprofit agency.
□ Fill in the date, hours and category for EACH DAY you volunteered.
□ Obtain the signature of the supervisor for each activity.
□ Sign your time sheet
□ Have your parents sign your time sheet
□ Return to the Community Service Coordinator at your school
□ Keep a copy of this form for your records.

Please note: ONLY original forms will be accepted-copies will be rejected.

<table>
<thead>
<tr>
<th>Date</th>
<th>Hours (8 hrs max per day)</th>
<th>Category</th>
<th>Nonprofit Agency Name</th>
<th>Agency phone Number</th>
<th>Supervisor’s Printed Name</th>
<th>Supervisor’s Signature</th>
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Description of Activity:  

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Student Signature __________________________  Date: ______  
Parent Signature __________________________  Date: ______  

For office use only:  
Received:  Yes ☐  No ☐  
Approved:  Yes ☐  No ☐  
Reason: __________________________  
Signature: __________________________  

October 2013
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