

# The **DRIVEN** Conference

**Pursuing Excellence**

Hosted by **WTRAA**

## Your Complete HR Checklist

**Guest Speaker:** *Donna Scrivens, DKS Consulting Services*

Unexpected events, like the Great Resignation or the COVID19 Pandemic, can leave your organization with vacancies in key positions from supervisors to critical managers/owners. These transitions are never easy. But you can minimize potential negative impacts through succession planning.



Succession planning can help prepare your workforce for these inevitable departures, retirements and promotions. It also provides advancement opportunities for current employees as well as ensuring business continuity.

This presentation outlines a checklist to develop and implement a succession planning process that gives your organization the stability it needs to thrive in 2022 and beyond.

## Mindful Meditation in the Workplace

**Guest Speaker:** *Molly Palizay, Yoga Instructor/Law Enforcement Officer*

Molly is a registered yoga teacher with over 200 hours of training and a five-year veteran as a law enforcement officer. Meditation and breath work are vital in critical situations. We will be going through some useful breath work techniques that will be beneficial in stressful circumstances. If you learn to control your breath, you can control your emotions, and you'll have better control over the situation at hand.



## Understanding Work-Life Balance and Tipping the Scale in Your Favor

**Guest Speaker:** *Michelle Sukow*

Work- Life Balance is like the "Golden Ticket" from the Willy Wonka and the Chocolate Factory movie! We all want it. We are constantly in search for it and will work hard to obtain it. Let's put this myth to bed and work towards prioritizing the season we are in.



Are you stuck or unsure of what to do? Are you in a place in your life where you need more positivity and growth? Michelle Sukow is a Restart Strategist and Midlife Champion encouraging clients looking to take back control of their lives and wanting to own where they are at both personally and professionally to live their best lives. Check out [www.michellesukow.com](http://www.michellesukow.com) for products and services available.



The 2022 DRIVEN Conference, sponsored by the Women of the Towing & Recovery Association of America, will take place virtually on August 20th from 11am-3pm EST/10am-2pm CST/9am-1pm MST.

Don't miss the inaugural event! Hear stories of inspiration, education, and leadership that will empower you to find success in your workplace and in your personal life.

At this event, you will be able to experience different sessions on relevant issues women face that can be invaluable to you in the professional arena of the towing industry. Join us as we network with other women, so you don't have face business and industry issues alone. We want to give you tools and practices to benefit and support you in your pursuit of enrichment and empowerment

**RSVP today for this empowering conference!**

**Date:** Saturday, August 20, 2022

**Time:** 11am-3pm EST/10am-2pm CST/9am-1pm MST

**Location:** \*Zoom conference

**Cost:** FREE! Open to WTRAA members only. Advanced RSVP Required

**RSVP to:** [contact@wtraa.org](mailto:contact@wtraa.org)

**\* Zoom details will be emailed to all registered attendees.**