

# The Source

A Publication of the Junior League of Scranton



April 2016 Issue



## LETTER FROM THE PRESIDENT

Dear Membership,

Spring has finally sprung in Scranton, and we are delighted to spend it working in the community and training volunteers. Look out for opportunities to participate in Done in a Day service throughout the next few months.

The Ways and Means Committee is also busy planning community projects that center around hunger and nutrition. We look forward to getting out in the Scranton Area and making an impact.

As the League commits to our new impact area, we are offering our members opportunities for training and collaboration with other Leagues. We look forward to April 30, when we host a Regional Meeting here in Scranton. Other Leagues of our size will join us, along with Janine LeSueur, from AJLI, to strategize about increasing our impact. I could not be more proud to host this event, as it brings other Leagues into our city for a common purpose. I hope to see you there.

Sincerely,

*Amie Talarico*

## Board of Directors

Chairman of the Board

*Amy Paciej-Woodruff*

President

*Amie Talarico*

President Elect

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Recording Secretary

*Amy DiChiara*

Treasurer

*Nicole Lance*

Sustainer Representative

*Michelle Catalano-Musheno*

Nominating

*Dana Lawrence*

Membership

*Katie Gilmartin*

Community Research

*Gretchen Wintermantel*

Parliamentarian

*Maggie Nasser*

## 2015-2016 Public Relations Committee

*Jenny Frey: Chair*

*Erin McFadden \* Katelyn McManamon \* Megan Alpert*

*Shannon Black \* Maria Bertha*



Follow us on Twitter: @JLScranton



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c/o The Tripp House

1011 Main Ave

Scranton, PA 18508

(570) 961-8120

juniorleagueofscranton.org



In our goal to accrue 7500 volunteer hours, in honor of our 75<sup>th</sup> Anniversary, the general membership has thus far calculated 3011 hours. If you are an Active, Active Preferred, or Sustaining member and have not reported your hours (from FEBRUARY 2015-FEBRUARY 2016) please do so by emailing [JuniorLeagueofScranton@gmail.com](mailto:JuniorLeagueofScranton@gmail.com)

## Volunteering at Ronald McDonald House

On Saturday, February 20<sup>th</sup>, seven Junior League members had the pleasure of preparing a meal for the residents staying at the Ronald McDonald House of Scranton. League members in attendance included Erin McFadden, Jennifer Frey, Gretchen Wintermantel, Terra McAulliffe, Tami Nasser, Katelyn McManamon, and Mary Kate Johnston. Everyone had an enjoyable time preparing Caesar Salad, Lemon Artichoke Chicken, Baked Ziti and Peppermint Brownies for the 20 plus residents. Knowing that families would return from the hospital to enjoy a nice home cooked meal was so humbling. The Done-in-a-Day was such a big hit that we will be preparing another meal for residents on April 23<sup>rd</sup> at the Ronald McDonald House!

For 26 years the Ronald McDonald House® of Scranton has been providing a "Home Away from Home" for families with critically ill or injured children receiving treatment at Northeast Pennsylvania medical facilities.



Dress Drives were organized by JLS members at Studio RD, to benefit Cinderella's Closet of NEPA. The first was chaired by Noelle Fabbri on February 27<sup>th</sup>, in attendance were Amy DiChiara and provisional member Gina McAndrew. The second was Chaired by Tami Nasser, and included provisional members JoAnne Rossi and Melissa Kadlubowski. Many beautiful gowns were collected.

The Saint Patrick's Day Shenanigans extended beyond the City of Scranton Parade when several JL members organized and hosted a special Sunday afternoon St. Patrick's Day themed Bingo, for the Sisters of IHM. The event took place on March 13<sup>th</sup> at the IHM Center, 2300 Adams Avenue. Members in attendance included Martina Coon, Kelly Sweeney, and provisional members: Dana Ferrise, Liz Speicher, and Mackenzie Lucas. While the sisters joked about the Luck of the Irish and big winnings ... everyone left with at least one prize. Over two dozen Sisters attended and were smiling throughout the event, leaving with candy, green St. Patrick's Day hats, glasses, cups, scarfs, notecards and other stationary items, playing cards, keychains and more! It was a great day and an event enjoyed by all.



*Psssst....if you missed it, check out The Electric City's, Up Close and Personal with our League President Amie Talarico!*

# KIDS IN THE KITCHEN



A Valentine's Day KITK was held on February 6<sup>th</sup> at the Friends of the Poor location at Valley View Terrace in Scranton. Shannon Roche Cusick and Amie Talarico were the Junior League Members in attendance. Ten children, ranging in age from 3 to 11 came out. The children were excited to make parfaits with healthy items, such as yogurt, granola, cereal, bananas, blueberries and strawberries. The children also created and took home a Valentine for a loved one as well. The children were excited to get together, as many of them attended the Friends of the Poor summer camp that Amie works for each summer. It was like a camp reunion! Sister Regina, from Friends of the Poor, stopped by at the end to visit the children and check out the treat they were making. This was a great way to spend a Saturday!



On March 17<sup>th</sup>, a St. Patrick's Day Kids In The Kitchen took place at the Albright Memorial Children's Library. Continuing the AJLI tradition of healthy body and minds, 17 enthusiastic children and their parents attended the family-friendly, green-themed experience. JLS members Jenny Frey, Lindsay Barrasse, Katie Gilmarten, Amy Betts, and provisional Maria Bertha assisted the children in creating hand shamrocks with green finger paint. Six types of green veggies were handed out to enjoy, followed by a reading of *"How to Catch a Leprechaun"*.



League members Rose Coyne, Kelly Sweeney, Tami Nasser and Amy Betts attended the AJLI Regional meeting in Philadelphia.



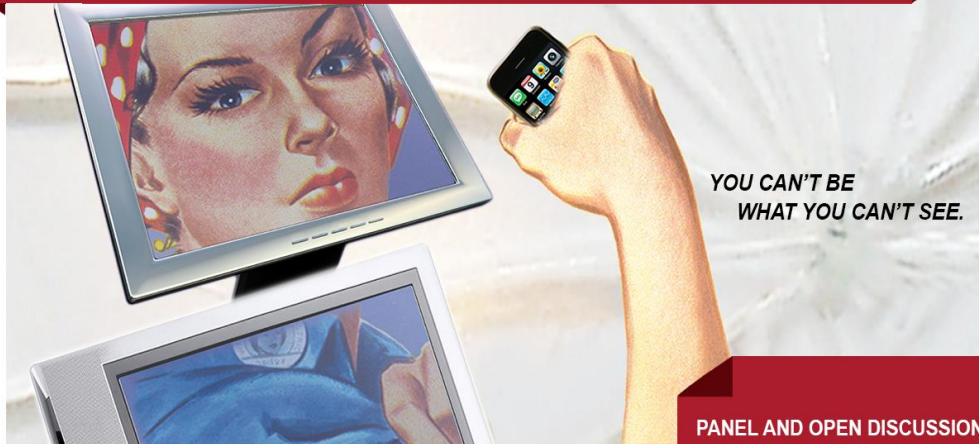


**"Woman must not accept; she must challenge.  
She must not be awed by that which has been built up around her;  
she must reverence that woman in her which struggles for expression."  
~ Margaret Sanger ~**

**FREE Film Screening and Panel Discussion Open to the Public**  
Presented by the **Junior League of Scranton** in association with  
the **Goodwill Industries of Northeast Pennsylvania**

# **MISS REPRESENTATION**

a documentary film by Jennifer Siebel Newsom



The film exposes how the media's misrepresentations of women have led to the under-representation of women in positions of power and influence.

Parents, educators, high school and college students are particularly encouraged to attend. Learn to critically evaluate the message of the media and the tools to effect cultural change. The Film is rated TV-14 and may not be suitable for all ages.

**Saturday, April 30th, 2016 - 6PM**

*Film Screening 6:30PM With Panel Discussion To Follow*

**The Theater at North  
1539 N. Main Ave  
Scranton, PA 18508**

**FREE ADMISSION AND OPEN TO THE PUBLIC!**

## **PANEL AND OPEN DISCUSSION AFTER THE FILM FEATURING:**

**Helena Albert**  
Advocate/Singer-Song Writer

**Lindsay Barrasse**  
Multimedia Producer/Filmmaker

**Jennifer Frey**  
SAG-AFTRA Actress/Body Double

**Stacy Lange**  
Anchor/Reporter WNEP-TV

**Rose Matatics**  
Small Business Owner/Photographer

**Nikki Moser**  
Artist and Educator

**Gene Talerico**  
Counsel, SCE Environmental Group

**Robert Thomas**  
Girls On Guard Instructor

Moderated by Amy Betts

**JUNIOR LEAGUE OF  
SCRANTON**

Spearheaded by League member Lindsay Barrasse, our Education and Training Committee has organized a community event. Come enjoy a screening of the critically acclaimed film 'Miss Representation' on April 30th presented by the Junior League of Scranton in association with the Goodwill Industries of Northeastern PA. Doors open at 6PM with the film's screening starting at 6:30PM. After the film, around 8PM, there will be an open panel discussion. Admission is FREE and open to the public.

The film exposes how the media's misrepresentations of women have led to the underrepresentation of women in positions of power and influence. More information about the film can be found here:  
<http://therepresentationproject.org/film/miss-representation/about-the-film/>



## Education & Training

Rebecca Sitar of Mind, Body, Spirit Co-Op and Bex Body Sculpting was a guest speaker at the general membership meeting on Tuesday, April 4th, 2016. She spoke on how yoga and meditation helped her to be the woman she is today. Through these methods and concentrations, she overcame her battles with eating disorders. She then followed her talk with a closing meditation. She is heavily involved in the community, as well as a featured recurring guest on PA Live with healthy food options, snacks, and activities. Ms. Sitar is a mother of four lovely children and resides in the Scranton Area. Mind, Body, Spirit Co-Op is located on North Washington Avenue in Scranton and features various types of yoga, body sculpting, mixed martial arts, and other fitness classes. The co-op is also one of the many stops to visit during First Friday. You can learn more by going to <http://www.mindbodyspiritcoop.com/>.



**5** Why is five an important number? Because that is how many first ladies were members of The Junior League. After Mary Harriman founded the Junior League in 1901, there have been 20 first ladies. If you do the math, that means 25% of the women honored to be first ladies, were trained volunteers in the Junior League. Pretty impressive, right? Who were these women? Eleanor Roosevelt, Betty Ford, Nancy Reagan, Barbara Bush and Laura Bush. We have no doubt that one day we will see a former Junior Leaguer as President!



*In Memoriam: Nancy Reagan,  
Junior League Member*

### AJLI Regional Meeting hosted by the Junior League of Scranton

Saturday, April 30<sup>th</sup> 9:00am-4:00pm, at The Tripp House

The goal of this Regional Meeting is to gather Leagues with less than 100 total members who share the same unique opportunities and challenges. We will address strategies to engage members in our communities, grow our members and strengthen our Leagues individually and collaboratively. Also, throughout the sessions we will aid in developing your personal leadership style.

Junior League of Scranton members are to email [juniorleagueofscranton@gmail.com](mailto:juniorleagueofscranton@gmail.com) to register. Payment will go through Nicole Lance, JLS Treasurer. All other chapters of the Junior League who would like to attend should visit <http://www.juniorleagueofscranton.org/regional-meeting.html> to register. You will find an agenda, registration and payment information. For additional information or with questions, contact Education & Training Chair Amy Betts at [thebettsfour@yahoo.com](mailto:thebettsfour@yahoo.com).



## Scranton Love Public Art Project

The Junior League of Scranton sponsored a fun red umbrella for the creative public art project for the Electric City. Over 100 of the area's businesses and residents crafted umbrellas that were on display in an outdoor art installation on Courthouse Square during the First Friday event April 1st, 2016. Photo features just one of the many locations the umbrellas were displayed at in downtown Scranton.

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## Our very own Membership Chair Katie Gilmarten and Sustainer Laurie Cadden, wowed the crowd at March's Story Slam!

These two amazing story tellers made us laugh with glee, as they participated in the local event of competitive storytelling, held at Tequila's restaurant in Downtown Scranton. All participants had a few minutes to capture the crowd's attention, with a true story, themed "As luck would have it". In a last minute (as luck would have it of our own) President Elect Shannon Roche, PR Chair Jenny Frey, Treasurer Nicole Lance, and Community Research Chair Gretchen Wintermantle were asked to step in as judges.



### 2016 Source Goals

The Source purpose is to provide a communication link to and with AJLI, sustainers, and community members; advertise placement opportunities; and share health, wellness and educational tips consistent with Junior League mission and goals.

Please send information to:

Jenny Frey, PR Chair

[jfrey@thesleepdisordercenter.org](mailto:jfrey@thesleepdisordercenter.org)

### *Junior League Prayer*

*We pray that we will never be so blind that our small world is all we see, or so supremely satisfied that what we are is all we ever hope to be. Grant us the joy of filling someone's needs. Make us gracious followers. Make gracious those who lead. And more than all, we pray that down the years, we will remember there are always new frontiers.*





**You're Invited to:**  
*The Scranton Girl*  
*"Southern Style"*  
**Tea Party**

**When:** Sunday, May 22<sup>nd</sup>

**Two Seatings:** 11:00 a.m. - 1 p.m. or 2:30 p.m. - 4:30 p.m.

**Tickets:** \$25 per person

**Where:** The Tripp House  
1011 N. Main Ave  
Scranton, PA 18508

Arts, crafts and activities are planned.  
Tea sandwiches, desserts and beverages will be served.  
Enter to win basket raffles & an American Girl Doll!

For tickets please email: [ScrantonGirlTeaParty@gmail.com](mailto:ScrantonGirlTeaParty@gmail.com)  
Tickets will not be available at the door.

All proceeds benefit Junior League of Scranton Community Programming.  
#ScrantonGirlTea #JuniorLeagueofScranton



**We are thrilled to announce our newest  
Mission Sponsor, Toyota of Scranton, as  
a Platinum Sponsor! Thank you for your  
support!**



***Congratulations to...***

- Nicole Lance on the purchase of her first house!
- Maggie Nasser on her new job as Administrator of Special Projects & Initiatives at Scranton Area Foundation!
- Lindsay Barrasse on her engagement to David Corigliano!
- Mary Kate Johnson on her engagement to Jared McTague!
- Becky Schoonover on her marriage to Donald Sharpe!
- Lindsay Barrasse for winning a 2016 Telly Award for her ScrantonMade Commercial!



## Cinderellas' Closet of NEPA Update!

Cinderellas' Closet of NEPA held their annual pre-boutique fashion show at The Steamtown Mall, on Saturday April 2<sup>nd</sup>. Volunteers from Empire Beauty School helped the two dozen local middle and high school young women who were models at the event. The audience was held captive by the impressive and accomplished group of young women. Co-Chairs of the fashion show, Noelle Griffiths and Jenny Frey were proud fairy god-mothers, along with President Maggie Nasser and the entire board of CCofNEPA!

On Thursday, April 7<sup>th</sup> the board gathered again at the Railriders Opening Game, where board member Emily Pettinato was scheduled to throw out the first pitch. Event Chair, Nicole Lance had the opportunity to film the on field interview and was amazing.



The Unique Boutique event is scheduled for April 14<sup>th</sup>, 4-8pm at Genneti's in Dickson City, PA. As always, we appreciate the support of Junior League's Sustainers and Actives. If you are interested in volunteering please email us at [ccofnepa@gmail.com](mailto:ccofnepa@gmail.com) or contact this year's Event Chair, Nicole Lance, at 570-575-6752.

10th ANNUAL  
**Run for the Roses**  
PRESENTED BY  
**ToyotaScranton**  
**Saturday, May 7th 2016**  
4:00pm  
The Country Club of Scranton  
1000 Morgan Boulevard, Scranton, PA 18611  
This great event is an opportunity to support the vital causes administered by Voluntary Action Center while having fun taking chances on a real horse race!  
**\$85.00 Per Person** Includes: Passed Hot & Juicy, 1st Authentic Derby Dinner complete with Mint Juleps and Open Bar.  
To make a reservation log onto [www.runfortheroses.org](http://www.runfortheroses.org) or call directly 570-347-5616 by April 29th, 2016.

## LIVE WELL

### 2016

Enjoy A **FREE** Evening of Learning  
Light Dinner and Door Prizes

**Wednesday, May 18, 2016**  
**4:00 pm**  
**Lackawanna College**

PrimeTime Health, through the Voluntary Action Center, seeks to empower adults 55 and over with information needed to age well and to support lifestyle changes which improve overall health.

Reservations required by May 4, 2016.  
For information, call the Voluntary Action Center at (570)347-5616

These services are funded, in part under a contract with the Pennsylvania Department of Aging and the Lackawanna County Board of Commissioners through the Lackawanna County Area Agency on Aging.

Presented by Primetime Health