



ExEd Advocates

Exceptional Education Advocates

Empowering Families of Exceptional Learners

IEP & 504 Advocacy Services

Walk into your next meeting prepared, confident, and supported.

I know exactly how schools think, what they can provide, and what it takes to get them to provide it.

Is This for You?

Navigating the special education system is overwhelming. The paperwork is dense, the meetings are intimidating, and most parents walk in at a disadvantage because they do not know what they are entitled to ask for or how the process actually works on the school's side.

These services are designed for you if:

- **You have a meeting coming up and feel unprepared.** You want to walk in knowing your rights, understanding the documents, and having a clear plan for what to ask for.
- **You have been fighting for services without progress.** You have asked, followed up, and advocated, but you are not getting what your child needs. You need someone who knows how to move the needle.
- **You are new to special education and need guidance.** Your child was just identified, you are starting the evaluation process, or you received an IEP or 504 Plan and have no idea whether it is adequate.
- **You are dealing with an ongoing disagreement with the school.** Services have been denied, reduced, or removed. You need someone in your corner who understands the legal framework and knows how to hold schools accountable.

Why ExEd Advocates

I am not a parent who learned the system by trial and error. I am a special education professional who has spent over 20 years on the other side of the table.

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20+ years as a special education teacher -- I know how schools build IEPs, how they make placement decisions, and where there is room to push.

Ph.D. in Psychology, M.Ed. in Special Education, M.S. in Counseling -- I understand the research, the regulations, and the clinical picture behind your child's needs.

Pearson C-Level Certified Assessor -- I can read and interpret evaluation reports, identify gaps in testing, and recommend additional assessments when the school's evaluation is incomplete.

Parent of an exceptional learner -- I have personally navigated the IEP and 504 process for my own child. I know what it feels like to sit in that chair.

Advocacy Service Packages

Every family's situation is different. Whether you need a single strategy session or year-round support, there is a package designed to meet you where you are.

Quick Start Consultation **\$247**

A focused 60-minute session to get clarity, direction, and actionable next steps.

This session is ideal when you need answers quickly. Maybe your meeting is next week, you just received an evaluation report you do not understand, or you are not sure whether your child qualifies for services. In one hour, we cut through the confusion and build a clear plan.

What is included:

- ✓ 60-minute one-on-one consultation (virtual or phone)
- ✓ Review of your current situation, documents, and concerns
- ✓ Explanation of your rights under IDEA and/or Section 504
- ✓ Clear action steps you can take immediately
- ✓ Written summary of recommendations emailed after the session

Best for: Parents who need quick guidance, want to understand a report or document, or need to know their options before a meeting.

Pre-Meeting Intensive **\$497**

Comprehensive preparation so you walk into your IEP/504 meeting ready to lead the conversation.

This is for the parent who wants to be fully prepared. I review every document the school has given you, identify what is strong, what is missing, and what to push for. Then we meet for a strategy session where I walk you through exactly what to say, what to ask, and how to respond if the school pushes back.

What is included:

- ✓ Thorough review of your child's IEP, 504 Plan, evaluation reports, and any relevant correspondence
- ✓ Written analysis identifying strengths, gaps, and areas to address
- ✓ 90-minute strategy session to develop your meeting game plan
- ✓ Talking points and specific language you can use in the meeting
- ✓ List of questions to ask and requests to make, prioritized by importance
- ✓ Post-meeting debrief (30-minute follow-up call to review what happened and plan next steps)

Best for: Parents preparing for an annual review, re-evaluation meeting, eligibility determination, or any meeting where important decisions will be made about services.

Meeting Companion **\$797**

I attend the meeting with you so you have a knowledgeable advocate at the table.

Sometimes having the right person in the room changes everything. When a school knows that a parent has brought someone who understands special education law, evaluation data, and service delivery, the conversation shifts. I am there to support you, ask the questions that need to be asked, and make sure nothing gets glossed over or pushed aside.

What is included:

- ✓ Everything in the Pre-Meeting Intensive (document review, analysis, and strategy session)
- ✓ I attend your IEP or 504 meeting with you (in person in the New York area or virtually anywhere)
- ✓ Real-time advocacy during the meeting: asking clarifying questions, flagging concerns, and ensuring the team addresses your priorities
- ✓ Detailed post-meeting summary documenting what was discussed, what was agreed to, and any outstanding action items
- ✓ 60-minute follow-up session to review outcomes and plan next steps

Best for: Parents facing a difficult meeting, dealing with a disagreement with the school, or who want professional support at the table for high-stakes decisions

Ongoing Partnership **\$1,997/year**

Year-round advocacy support for families navigating complex or ongoing special education needs.

Some situations are not resolved in a single meeting. If your child has complex needs, if you are pursuing additional evaluations, if the school is resistant to providing appropriate services, or if you simply want a knowledgeable partner throughout the entire school year, this is the package that gives you consistent, reliable support every step of the way.

What is included:

- ✓ Attendance at all IEP and 504 meetings throughout the year (in person in NY or virtual)
- ✓ Unlimited email and phone support for questions, concerns, and guidance between meetings
- ✓ Review of all IEP/504 documents, evaluation reports, progress reports, and school correspondence
- ✓ Preparation and strategy sessions before every meeting
- ✓ Post-meeting summaries and follow-up action plans after every meeting
- ✓ Help drafting letters, formal requests, and parent concern statements
- ✓ Guidance on evaluation requests, independent educational evaluations (IEEs), and dispute resolution options
- ✓ Priority scheduling and same-week response times

Best for: Families with complex or ongoing needs, children with multiple disabilities, situations involving dispute resolution, or parents who want an expert partner for the full school year.

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What I Help Families With

Every child's situation is unique, but these are some of the most common issues families bring to me:

IEP Advocacy	504 Plan Advocacy
<p>Initial evaluations and eligibility Understanding whether your child qualifies, what categories apply, and what evaluations to request</p>	<p>504 eligibility and plan development Determining whether Section 504 is the right fit and ensuring the plan includes meaningful accommodations</p>
<p>Goal writing and progress monitoring Ensuring IEP goals are measurable, ambitious, and aligned with your child's actual needs</p>	<p>Accommodation selection Identifying the specific accommodations your child needs based on their disability and how it affects learning</p>
<p>Service delivery and placement Making sure your child receives the right type and amount of services in the right setting</p>	<p>Medical condition accommodations Plans for chronic health conditions including attendance flexibility, medication management, and emergency protocols</p>
<p>Transition planning Preparing for life after high school, including post-secondary education, employment, and independent living goals</p>	<p>Implementation and follow-through When the plan exists on paper but is not being followed in the classroom, I help you address it effectively</p>
<p>Disputes and disagreements When the school denies services, reduces support, or refuses to evaluate, I help you understand your options and take action</p>	<p>IEP vs. 504 decisions Understanding which plan is right for your child and when to pursue a change from one to the other</p>

How It Works

1. **Schedule a Free 15-Minute Call.** Tell me what is going on. I will let you know whether I can help and which service package makes sense for your situation.
2. **Share Your Documents.** Send me your child's IEP, 504 Plan, evaluation reports, progress reports, and any relevant emails or letters. I review everything before we meet.
3. **Strategy Session.** We meet to discuss findings, build your plan, and prepare you with the language and confidence you need.
4. **Meeting Day.** Depending on your package, you either go in fully prepared with my talking points, or I attend with you as your advocate.
5. **Follow-Up.** After the meeting, we debrief, review what was decided, and make sure the school follows through on commitments.

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Common Questions

Are you an attorney?

No. I am an educational advocate, not an attorney. I do not provide legal representation. However, my expertise in special education law, policy, and practice means I can help you understand your rights, navigate the process, and advocate effectively within the IEP/504 framework. If your situation requires legal representation, I can help you identify when that step is necessary and provide referrals.

Can you attend meetings virtually?

Yes. I attend meetings in person in the New York area and virtually anywhere in the country. Virtual meeting attendance is just as effective and is fully supported under IDEA regulations.

What if I am not sure which package I need?

Start with the free 15-minute call. Once I understand your situation, I will recommend the service that fits your needs and your budget. There is no pressure to commit to a higher-tier package. Many families start with a Quick Start Consultation and add services as needed.

My child has not been identified yet. Can you still help?

Absolutely. I help families navigate the evaluation request process, understand what to expect, and prepare for eligibility meetings. Getting the right evaluation is one of the most important steps, and many families benefit from guidance before the process even begins.

What if the school is refusing to cooperate?

This is one of the most common reasons families seek advocacy support. I help you understand your formal and informal options, including how to put requests in writing, how to escalate concerns, and when to consider filing a complaint or requesting mediation. Having an advocate who knows the system often changes the dynamic significantly.

Quick Reference: Which Package Is Right for You?

Your Situation	Recommended Package
I have a quick question or need to understand a document	Quick Start Consultation - \$247
I have a meeting coming up and want to be fully prepared	Pre-Meeting Intensive - \$497
I want someone at the table with me	Meeting Companion - \$797
The meeting is high-stakes or contentious	Meeting Companion - \$797
My child has complex needs requiring ongoing support	Ongoing Partnership - \$1,997/year
We are in a dispute with the school district	Ongoing Partnership - \$1,997/year
I am not sure yet	Free 15-Minute Call - No cost, no obligation

Ready to Get Started?

Schedule a free 15-minute call to tell me what is going on.

You do not have to do this alone.

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