

**MEDICAL HISTORY FORM**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

General State of Health: Excellent Good Fair Poor

Number of Children: \_\_\_\_\_

Do you smoke? YES NO \_\_\_\_\_ Packs per day  
 \_\_\_\_\_ smoking years

Do you drink alcoholic beverages? YES NO

How much? \_\_\_\_\_

Are you on any type of diet? \_\_\_\_\_

Are you happy with your weight? \_\_\_\_\_

Do you exercise? YES NO How much? \_\_\_\_\_

When was your last physical exam? \_\_\_\_\_

Reason for today's visit? \_\_\_\_\_

\_\_\_\_\_

Allergies: \_\_\_\_\_

Do you have any hormone issues? YES NO

If yes, please explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Previous Hospitalizations and/or surgery: \_\_\_\_\_

\_\_\_\_\_

Current Medications (including over the counter): \_\_\_\_\_

\_\_\_\_\_

**Female History**

Age of onset of periods? \_\_\_\_\_

Are periods regular? YES NO

# of Pregnancies: \_\_\_\_\_ # of Miscarriages: \_\_\_\_\_

Are you Pregnant? YES NO Form of Birth Control: \_\_\_\_\_

Age of "Change of Life": \_\_\_\_\_

Do you do self-breast exams? YES NO

Family	Age	Illness	Cause of Death
Mother			
Father			
Siblings			

FAMILY HISTORY of: (please circle)

- |                         |                     |
|-------------------------|---------------------|
| Family – Sugar Diabetes | Psychiatric Illness |
| Overweight              | Alcoholism          |
| High Cholesterol        | Bleeding Disorder   |
| Heart Attack            | Anemia              |
| Stroke                  | Glaucoma            |
| Tuberculosis            | Lung Cancer         |
| Lung Problems           | Breast Cancer       |
| Asthma                  | Colon Cancer        |
| Stomach Cancer          | Other Cancer        |

Personal–Past MEDICAL HISTORY:(have you had any)

- |                    |                   |
|--------------------|-------------------|
| Depression         | Suicide Attempt   |
| Heart Problems     | Venereal Disease  |
| Sugar Diabetes     | Arthritis         |
| Overweight         | Thyroid Problem   |
| Stroke             | Gout              |
| Chronic Bronchitis | Anemia            |
| Emphysema          | High Cholesterol  |
| Asthma             | Bleeding Problems |
| Tuberculosis       | Glaucoma          |
| Hepatitis          | Ulcer             |
| Urinary Stone      | Urinary Infection |
| Seizures           | Migraines         |
| Decreased Vision   | Decreased Hearing |

Other Disorders of: Breast, Stomach Bowel, Blood Vessels, Gallbladder, Pancreas, Kidneys, Prostate