

## WINTER 2021

**Begins:** Tuesday, January 5  
**Ends:** Tuesday, February 9  
**Time:** 6:00 PM – 7:30 PM  
**Location:** Zoom Video Conference  
**Cost:** **FREE**  
**Facilitators:** Frank Williams  
Charles Harrison  
Benjamin Drone  
Robert Lykes  
Travis Johnson  
Marshall Cannon

**Contact:** For more information and to register call  
**740.844.3070**  
**234.281.3836**

**“Every father should remember that one day his son will follow his example instead of his advice.”**

**“Children learn to smile from their parents.”**



**Parenting Skills**  
**Conflict Resolution**  
**Effective Communication**  
**Father & Child Bonding**

### TEAM WORK

Man2Man is endorsed by:  
Domestic Relations Court  
CSEA Family Support Matters



## BRIDGING THE GAP

**Bridging the gap between fathers and mothers for stronger families.**



### 2021 WINTER PROGRAM



## MAN2MAN FATHERHOOD INITIATIVE

The program is designed to provide fathers with the necessary skills to bond with their children. The program will assist the parent in developing a rapport with his child and be able to relate to the child's needs. The program will be conducted in a relaxed environment to promote interaction and confidence of the participating fathers. The class also addresses the situations of controversy between mother and father and resolution options. Promoting the well being of the child and the respect for one another is a primary objective. A common goal is emphasized, which is the child, to increase the civility of all parties involved in order to encourage a productive environment. The text used is the "7 Habits of 24/7 Dad" along with role playing, video excerpts, and professional specialist to address various topics.

## THE PROGRAM

The class format will include guest speakers on related topics that enhance individual skills on Fatherhood. The class will also incorporate video presentations that display descriptive examples that relate to specific skills of parenting.

### WEEK 1:

#### Promoting Punctuality & Responsibility (Setting Goals and Be Proactive)

Participants will review the positive aspects of punctuality. Various scenarios will be given and evaluated by participants of situations regarding punctuality and the results of continued tardiness. Keeping your word promotes trust and strengthens relationships. Being punctual, on time and taking responsibility for your word is a necessary behavior to develop. If you say you're going to do something, do what you say.

### WEEK 2:

#### Effective Communication, Love & Relationships (Begin With the End In Mind)

The art and technique of effectively communicating with mother and the child will be discussed. Tone, temper and listening skills will be reviewed. What is the most effective way to communicate a disagreement? When is a good time to listen? How does body language effect communication? Learn how to effectively talk to your mate, friend, lover, or someone of conflicting opinions. Just because you disagree with someone doesn't mean you cannot communicate effectively with them.

### WEEK 3:

#### The Role of The Father (Put First Things First)

Learn the skill of caring for children from the male perspective of parenting. What are the needs of the child from a father? What is the exclusive provision of a father that mother may not be able to provide? What does a father provide exclusive of a mother?

### WEEK 4:

#### How To Apply For A Job (Think Win-Win)

Learn skills for filling out a job application, interviewing skills, and other skill-sets for securing employment.

### WEEK 5:

#### Handling & Expressing Emotion (Listen First, Talk Second)

We live in a diverse world with people of various cultures, differences, and personalities. Respect is key to getting along with others. Interacting respectfully with people allows you to work more effectively with all types of people.

### WEEK 6:

#### Father's Dealing With Infant Mortality & Dealing With Pains From The Past

Discuss the effects and leading causes of infant mortality in Ohio.