



THE RESIDENCES AT
Seashore Point
IN PROVINCETOWN

An inclusive 55+ condo community

The Residences at Seashore Point in Provincetown openly welcomes those 55 and older from the LGBT community. Offering value, convenience, and a vibrant, social environment—nowhere will you find the services and amenities found here.

Services & Amenities Include:

- Snow removal
 - On site fitness center
 - Landscaping
 - Local driver on call
 - Parking
 - Utilities
 - 24 hour security
 - Maintenance...
- and so much more!*

Call or e-mail today!

508-487-0771

sales@seashorepoint.org

to learn more about

The Residences at Seashore Point.

100 Alden Street • Provincetown, MA 02657



www.seashorepoint.org



THE RESIDENCES AT
Seashore Point
IN PROVINCETOWN

An inclusive 55+ condo community

Meet our Homeowners

Happy homeowners
discuss how
wonderful life is at
Seashore Point

*Discover why Seashore Point
just might be the right choice for you*



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Meet our Homeowners

Happy homeowners are true testaments that living at
The Residences at Seashore Point has changed their lives for the better:



John Brewer

Worn out from taking care of my Nantucket home, I was determined to downsize. Yet, I was dismayed to discover many places didn't accept pets. Then I heard about **The Residences at Seashore Point**. Pet-friendly, it offered the perfect solution for me and my "best friends". **You truly come to appreciate all you get here.** With **underground parking, a gym, beautiful surroundings and open spaces for my dogs to run**, the "boys" and I really love it here.

I no longer have to shovel snow, mow the lawn, clean the gutters or do repairs. Maintenance services are wonderful. And I feel better than ever!

Elaine Anderson & Lorraine Kujawa

While serving on the Board of Selectman I (Elaine) was fortunate to learn about plans for **The Residences at Seashore Point**. Now that Lorraine and I are living at **The Residences**, it is **EVERYTHING** and **MORE** than what we had envisioned.

We are extremely happy! The services we get are phenomenal. We even have underground parking. **Best of all, we socialize all year long!** From community dinners to concerts, art exhibits and "play dates" for our dogs (**and us**), **The Residences was such a wise decision.**



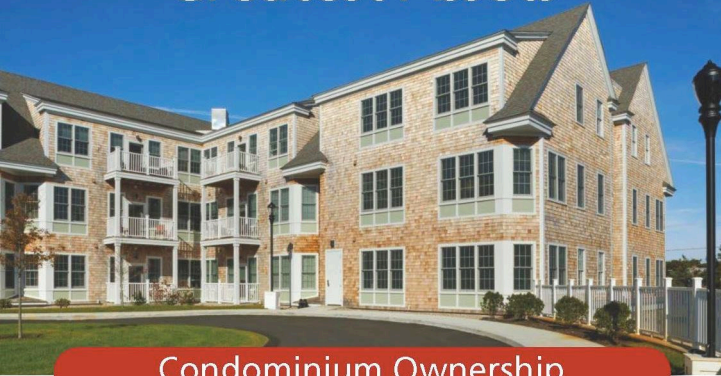
Joanne Colucci & Marilyn Lober

You can't beat the price for what you get at **The Residences at Seashore Point**. Consider what you spend now—amenities like maintenance-free living and the in-house gym alone make living here worth it. **And that's just for starters.**

Parking right here is **so worth it's weight in gold in Provincetown.** And we're just two blocks from the center of town.

For us, it was important to know **The Residences** openly welcomes those from the LGBT community. It feels just like home, but with a **"vibrant buzz"**. We wake up every morning in our lovely condo, with an incredible view, and exclaim, **"We made the right choice!"**

One of Provincetown's Greatest Assets



Condominium Ownership

The over 55+ condominiums at ***The Residences at Seashore Point*** makes owning a home easy...And it offers peace of mind when you are traveling or as you age.

Services & Amenities Include:

- Snow removal
- Landscaping
- Parking
- 24 hour security
- On site fitness center
- Local driver on call
- Utilities
- Maintenance...and so much more

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Find us on [Facebook.com/seashorepointresidences](https://www.facebook.com/seashorepointresidences)



THE NOT-FOR- PROFIT DIFFERENCE

Founded in 1889, Deaconess Abundant Life Community (Deaconess) is **one of the longest enduring not-for-profit providers** of quality residential and health care services for older adults in Massachusetts today. In each of our communities, we strive to nurture the mind, body, and spirit in an environment of dignity and respect for the lifelong contributions of our residents.

Quality, not earnings, is the barometer of a not-for-profit organization's efforts. All resources in a not-for-profit are reinvested in improving the physical environment, serving more people, offering better accommodations and services and, ultimately fulfilling the organization's mission.

The Deaconess provides a variety of opportunities throughout the year for residents, family members and the greater community to become partners in the Deaconess mission through the sharing of talents, time and financial procedures, including, but not limited to:

- **The Deaconess Benevolent Fund** – Donations to the Residents of Seashore Point's Wellness Center, provide care and programming for those with financial hardship.
- **The Annual Year-End Appeal**
- **The Annual Memorial Appeal**
- **Charitable Gift Annuities** – A charitable gift annuity allows you to support the Deaconess while benefiting from guaranteed lifetime income;
- **Bequests** - Leave a lasting legacy by remembering the Deaconess in your will;
- **Board, Committee and Community Advisory Council Membership**

As a 501 (c) 3 organization, donations made to Deaconess Abundant Life Communities are tax deductible.

For more information contact Seashore Point

508-487-0771



The Residences at
Seashore Point
 IN PROVINCETOWN

The Residences at Seashore Point is an 81 unit condominium concierge campus designed for the 55 plus community. Built in two phases, we reached full capacity in 2013 and then added an additional 38 units. There are a variety of sizes and layouts throughout the three story building. All units come with 1 parking space and are pet friendly.

Bank financing available for qualified Buyers.



Condominium Pricing and Fees

Condominium Size	Price	Monthly Fee Range
Studio	None Currently Available	N/A
One Bedroom	\$299,000 to \$415,000	\$788 to \$944
Two Bedroom	\$449,000 to \$479,000	\$1,181 to \$1,189



YOUR MONTHLY FEE COVERS

- Heat, Hot Water, Air Conditioning
- Electricity, Water and Sewer
- Building Insurance
- Building and Grounds Maintenance
- 24 - Hour Security
- 24 - Hour Emergency Response
- 24 - Hour Property Management/Maintenance
- 24 - Hour Concierge Desk
- Full Time Director of Resident Services
- Snow and Trash Removal
- Laundry Room
- Elevator Service
- Post Office Box
- Parking
- Patio with BBQ Grills
- Private Heated Storage
- Roof Deck
- Hair Salon on Site
- Fitness Center
- Dining Room
- Library with Complimentary Newspapers
- Generator for h/w; heat and electricity in hallways/common areas.
- Scheduled Transportation for Local Shopping, Banking and Medical Appointments
- Special Event Meeting Rooms and Common Areas
- Daily Wellness Check (If Requested)
- Social Programs
- Cultural Programs
- Wellness Programs

Owners pay real estate taxes, phone/cable/internet package and contents insurance.

ADDITIONAL SERVICES AND MEALS PROVIDED "A LA CARTE"

A LA CARTE FEE SCHEDULE

*We strive to meet all of your needs.
 If there is a service you need that is not listed, please let us know!*



SEASHORE POINT GRILLE AND DINING PRICING

- Express Lunch \$9.25
- 10 Express Lunches \$85
- Full Service Lunch or Dinner \$18.75
- Monthly Dining Program (1 meal/day, lunch or dinner) \$395
- 20 meals per month \$300
- 15 meals per month \$250
- 10 meals per month \$175
- Meal Delivery Service \$3.00 per tray plus cost of meal
- Private functions/Catering Services available Pricing available upon request
- Friends and Family Plan (5) meals/month) \$70
- Grille Menu \$4.95 to \$11 priced per item

MEDICATION MANAGEMENT

- Weekly Prescription Caddy Fill \$30 per caddy
- Case Management of Medication Administration \$50 per hour, ½ hour minimum charge

PERSONAL CARE ASSISTANCE

- Home Health Aide \$26 per hour, 15 minute minimum charge
- Nightly Safety (Wellness) Check \$13 per trip
- Escort to/from the Dining Room Pricing available upon request
- Personal shopper \$26 per hour, ½ hour minimum
- Companion services \$26 per hour, ½ hour minimum

HOUSEKEEPING AND MAINTENANCE SERVICES

- Personal Laundry Service (Wash, dry and fold) \$9 per load
- Carpet cleaning \$48 per room
- Housekeeping Service \$30 per hour, ½ hour minimum charge
- Work in your unit by a General Technician \$40 per hour, ½ hour minimum charge
- Work in your unit by a Senior technician \$55 per hour. ½ hour minimum charge
- Individual Trash Pick-up Mon, Wed and Friday \$10 per week
- Furniture/Appliances Removal Priced by the cost for disposal

OFFICE SERVICES

- Photo Copies 10 cents per page
- Fax Copies Pricing upon request

ADDITIONAL SERVICES

- Guest Suite Based on Availability \$100 per night, (3) consecutive nights max
- Personal Safety Pendant \$50/month
- Dog walking services Pricing available on request

TRANSPORTATION SERVICES

- Long Distance Van \$35 per hour
- Wheelchair Bus \$50 per hour
- Certified staff companion for transportation \$15.00 per hour in addition to vehicle charge
- Bank Deposit-Local \$15 per trip
- Prescription pick up-Local \$15 per trip

* Based on staff and van availability



SAMPLE LUNCH MENU

SOUP

SOUP OF THE DAY

SALAD

FRESH GARDEN SALAD
FRESH FRUIT PLATE

ENTRÉE

THE POINT PIZZA

FRESH MADE PIZZA WITH CHOICE OF TOPPINGS, PEPPERONNI, PEPPERS, ONIONS, MUSHROOMS, ETC.

MONUMENTAL CHEESE BURGER

100% CERTIFIED ANGUS BEEF MAKE THIS BURGER "JUICY"

GRILLED CHICKEN SALAD

FRESH SALAD GREENS AND TOMATO, CUCUMBER, TOPPED WITH GRILLED CHICKEN AND CHOICE OF SALAD DRESSING

GRILLED CITRUS SALMON SALAD

GRILLED SALMON ON ARUGALA WITH ORANGE SLICES AND CITRUS DRESSING

SIDE DISHES

VEGETABLE OF THE DAY
FRENCH FRIES, COLE SLAW, AND POTATO SALAD

BEVERAGES

COFFEE, DECAF. COFFEE, TEA, APPLE JUICE, CRANBERRY JUICE, MILK, SKIM MILK, COLA, DIET COLA

CHEF'S CHOICE OF DELICIOUS DESSERTS

CAKES, PIES, ICE CREAMS, AND FRESH FRUIT



SAMPLE DINNER MENU

SOUP

SOUP OF THE DAY

SALAD

FRESH CAESAR SALAD, FRESH GARDEN SALAD

ENTRÉE

CHICKEN CORDON BLEU

CHICKEN STUFFED WITH HAM AND SWISS CHEESE

SHRIMP SCAMPI

SHRIMP SAUTEED IN A BUTTER GARLIC SAUCE SERVED OVER PASTA

HOMEMADE LASAGNA

LAYERS OF CHEESE WITH A HEARTY TOMATO MEAT SAUCE

NEW YORK STRIP STEAK

100% CERTIFIED ANGUS BEEF GRILLED TO PERFECTION

CATCH OF THE DAY

ASK OUR SERVER ABOUT THE FISH OF THE DAY

SIDE DISHES

VEGETABLE OF THE DAY

FRENCH FRIES, COLE SLAW, OR POTATO SALAD

BEVERAGES

COFFEE, DECAF COFFEE, TEA, APPLE JUICE, CRANBERRY JUICE, MILK, SKIM MILK, COLA, DIET COLA

CHEF'S CHOICE OF DELICIOUS DESSERTS

CAKES, PIES, ICE CREAM, AND FRESH FRUIT



ALDEN STREET

To Commercial Street



THE RESIDENCES AT
Seashore Point
IN PROVINCETOWN

The outer Cape's only concierge
condominium community



Providing quality housing, health and wellness services for people as they age is a hallmark of **Deaconess Abundant Life Communities**. Founded in 1889, we have earned a renowned reputation for providing a broad range of services and cultivating a person's desire to age gracefully. Uniquely, as the needs of residents at our communities change, we bring services to them preventing stressful moves and relocation.

An **abundant life**— rich in family, friends, caring, comfort and peace of mind— is what we strive to provide at **Deaconess Abundant Life Communities**.

Deaconess Abundant Life Communities is a growing network of residential communities that offers a variety of accommodations, services, features and amenities designed to fit the changing needs of older adults. These include:

- Concierge Condominiums for 55 and over**
- Individual Homes for 62 and over**
- Residential Apartment Suites**
- Assisted Living apartments**
- Out-patient rehabilitation**
- Neighborhoods for those needing memory support**

Some of the many services we provide include:

- Restaurant style dining
- Cultural, educational and social programming
- Local transportation
- Housekeeping and maintenance services
- Assistance with daily living as needed
- Wellness services



THE COMMUNITIES WE SERVE

CONCORD, MA • NORTHAMPTON, MA • PROVINCETOWN, MA • GILFORD, NH

80 DEACONESS ROAD • CONCORD, MA 01742 • 978-369-5151 • WWW.NEDEACONESS.ORG



In each of our communities, we strive to nurture the mind, body, and spirit in an environment of dignity and respect for the lifelong contributions of our residents.



WESLEY WOODS IN GILFORD • GILFORD, NH
An intimate neighborhood uniquely designed for persons 62 and over. Set in a beautifully wooded area, yet close to everything, Wesley Woods offers a variety of free-standing and duplex homes in a plan to meet each person's needs.



NEWBURY COURT • CONCORD, MA
Residents enjoy a full-service lifestyle with a variety of amenities and programs that promote a high quality lifestyle for aging successfully in a residential setting. Overlooking the Sudbury River valley, this peaceful setting is a favorite spot for residents.



ROCKRIDGE • NORTHAMPTON, MA
A comfortable community nestled in the woods, yet convenient to all the culture and activity of downtown Northampton. Full-service living in an apartment or cottage home also allows residents to receive assistive care when needs change.



At our **GARDENS NEIGHBORHOODS**, one will find a supportive environment offering opportunities each day for personal meaning and a sharing of community. Visit The Gardens at **Rockridge** and **Newbury Court** where you will find an individualized approach to care-giving.



**SEASHORE POINT IN PROVINCETOWN
PROVINCETOWN, MA**
The Residences at Seashore Point is a new concierge condominium community offering a maintenance-free lifestyle for those age 55 and over. The on-site Wellness Center offers the opportunity to receive in or out-patient rehabilitation, as well as long-term care services, should they ever be needed.



**RIVERCREST AT NEWBURY COURT
CONCORD, MA**
Designed to provide short-term rehabilitation as well as long-term care. A spacious, fully-equipped rehabilitation gym is staffed seven days a week for those requiring Physical, Occupational, or Speech Therapy. Our therapists have experience with a wide range of injuries and illnesses.

CALL TODAY TO GET MORE INFORMATION ON THE DEACONESS ABUNDANT LIFE COMMUNITY OF YOUR CHOICE.

978-369-5151

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Follow each of our communities on Facebook to see what's happening

