****

**4th Kup**

**Grade from Blue Belt to Red ends.**

**Belt Colour – Red Belt**

Red Belt signifies danger, cautioning the student to exercise control and warning the opponent to stay away.

 **Pattern:** - Joong Gun

**Meaning:**

Joong Gun is named after the patriot Ahn Joong Gun who assassinated Hiro-Bumi Ito, the first Japanese- Governer General of Korea. Known as the man who played the leading part of the Korea-Japan merger. There are 32 movements in this pattern to represent Mr An’s age when he was executed in Lui-Shung prison in 1910.

**Pattern Information:**

The pattern consists of 32 movements.

**The new movements introduced in this pattern are:**

 Closed Ready Stance (B) - Moa Junbi Sogi (B)

 Reverse Knifehand Block - Sonkal Dung Makgi

 Upward Palm Heel Block, Rear Foot - San Badak Ollyo Makgi, Dwit Bal Stance Sogi

 High Section Reverse Upper Elbow - Nopunde Bandae Wi Palkup Strike Taerigi

 Twin Vertical Punch - Sang Sewo Jurugi

 Twin Upset Punch - Sang Dewijibo Jurugi

 High Section X Block - Nopunde Kyocha Makgi

 Low Stance, Pressing Block - Nacho Sogi, Noolo Makgi

 Angle Punch - Giokja Jirugi

 Fixed Stance, U Shaped Block - Gojung Sogi, Digutja Makgi