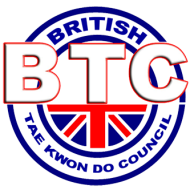
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**4th Kup**

**Grade from Blue Belt to Red ends.**

**Belt Colour – Red Belt**

Red Belt signifies danger, cautioning the student to exercise control and warning the opponent to stay away.

**Pattern:** - Joong Gun

**Meaning:**

Joong Gun is named after the patriot Ahn Joong Gun who assassinated Hiro-Bumi Ito, the first Japanese- Governer General of Korea. Known as the man who played the leading part of the Korea-Japan merger. There are 32 movements in this pattern to represent Mr An’s age when he was executed in Lui-Shung prison in 1910.

**Pattern Information:**

The pattern consists of 32 movements.

**The new movements introduced in this pattern are:**

Closed Ready Stance (B) - Moa Junbi Sogi (B)

Reverse Knifehand Block - Sonkal Dung Makgi

Upward Palm Heel Block, Rear Foot - San Badak Ollyo Makgi, Dwit Bal Stance Sogi

High Section Reverse Upper Elbow - Nopunde Bandae Wi Palkup Strike Taerigi

Twin Vertical Punch - Sang Sewo Jurugi

Twin Upset Punch - Sang Dewijibo Jurugi

High Section X Block - Nopunde Kyocha Makgi

Low Stance, Pressing Block - Nacho Sogi, Noolo Makgi

Angle Punch - Giokja Jirugi

Fixed Stance, U Shaped Block - Gojung Sogi, Digutja Makgi