



Signature Destress & Wellbeing Treatments



Our signature ultimate full body and facial massage experience: £65

- Foot soak with a foot and lower leg exfoliation
- Back exfoliation followed by a hot stone back massage
- Full body massage Incorporating hot stone therapies and warm herbal poultice
- Full body brush
- Facial massage including décolletage
- Head massage

90 mins of pure relaxation



Our signature destress drift away massage experience: £55 (2 for 99)

- Hot stone back, neck and shoulder massage
- Skin specific organic facial massage including décolletage
- Relaxing head massage

75 mins to drift away



Our signature rest and restore massage experience: £55 (2 for £99)

- Full organic facial massage including décolletage neck & shoulder
- Hand and lower arm massage, includes hand mask
- Foot soak including foot and lower leg exfoliation
- Foot and lower leg massage, includes mask


75 mins to rest and restore



Our signature full body exfoliation treatment: £45

- Foot soak
- Foot and lower leg exfoliation
- Back exfoliation
- Full stimulating and exfoliating body brush
- Light massage applying nourishing creams and oils

50 mins of stimulating your skin, lymph and blood circulation (great pre-holiday)




Our signature purifying back massage experience: £38

- Back brush
- Back exfoliation (cleansing mask steam /extraction if applicable)
- Hot stone back, neck and shoulder massage
- Massage with warm herbal poultice

40 mins to destress and nourish (great pre-holiday or special occasion)


Body Massage Treatments

Due to therapists experience all massage treatments will be adapted to suit individual client requirements




Swedish back massage: 30 mins

£30




Full body swedish massage: 60 mins

£46




Aromatherapy back massage: 30 mins

£30




Full body aromatherapy massage: 60mins

£46




Hot stone back massage: 30 mins

£30




Full body hot stone massage: 60mins

£46




Indian head massage: 30 mins

£30




Upper back, neck and shoulder massage (seated) 30 mins

£30



Leg and foot massage: 20mins

£25



Medical massage speak to therapists for advice

£40

Reflexology Treatments


Reflexology has been used for many years as a complimentary treatment for a wide range of conditions



Reflexology foot massage 45 mins


£30

Eye Treatments




Eyebrow shape tweezer /wax

£12




Eyelash tint*

£12




Eyebrow tint*

£10




Eyebrow shape and eyebrow tint*

£18




Eyebrow shape, tint & eyelash tint*

£28




Eyebrow shape, tint & eyelash tint & lip & chin wax*

£42



Eyelash and brow tint *

£20




Eyebrow shape and eye lash tint*

£22


*a patch test 24 hours prior to tinting treatments is essential for all new clients

Hair Removal Treatments




Full leg wax including bikini line area

£35




Full leg wax excluding bikini

£30




Three quarter leg wax

£25




Half leg wax

£16




Half leg and bikini wax

£28




Bikini wax

£14




Underarm wax

£12




Eyebrow wax/tweezer

£12




Lip wax

£10




Chin wax

£10




Lip and chin wax

£18



Lip and eyebrow wax

£18



Chin and eyebrow wax

£18


Lip, chin and eyebrow wax

£26

The Foot Health Clinic

Treatments carried out by qualified foot health practitioner


Foot health treatment one :



£22

Includes foot cleanse and detailed foot and lower leg health check, toe nail cutting, in growing toe nails, filing and thinning, foot file and foot and lower leg massage **30 mins**

Foot health treatment two:



£32

Includes foot cleanse and detailed foot and lower leg health check, toe nail cutting, in growing toe nails, filing and thinning, foot file, treatment of corns , callous, deep fissures , cracked dry heels, verruca and lower leg and foot massage . Your feet will feel fabulous! **50 mins**

*add £5 for nail polish application (if applicable)

*add £10 for Shellac application (if applicable)


Foot health treatment emergency:



£20


Includes emergency area being treated i.e. corn/callous or that ingrowing toe nail **10mins**

Facial Treatments



Neal's yard facial Personalised organic essential oil express facial: £30

Includes face, neck and shoulder massage. Good for relaxation and adapted to suit your specific skin and muscle tone requirements. Great relaxing and nourishing treatment **30mins**




Neal's yard plus facial Personalised organic essential oil facial massage: £38

Includes deep cleaning, exfoliation, comedones &milia extraction mask and serum, face, neck, shoulder and décolletage massage, includes lower arm and hand massage.Good for relaxation and adapted to suit your specific skin and muscle tone requirements. Escape the worries of the world and relax **60mins**




Crystal clear Microdermabrasion facial: £46 (course of 3 £128)

A progressive and non-aggressive micro dermabrasion skin treatment, using crystals to improve skin texture, comedones, milia and skin specific needs. Also includes a lymphatic drainage element and a luxury lifting mask with a hand and lower arm massage. Fabulous facial experience **60 mins**



Derma lift microcurrent non-surgical facial: £42 (course of 3 £118)

Using a micro current to gently lift and tone facial, eye and neck muscles. The dermalift treatment has the ability to reduce those tell-tale signs of ageing, such as puffiness around the eye area helps to and softens those facial lines. This treatment helps to bring back the skins natural glow and improves elasticity. Suitable for all skin types. A great professional stimulating facial **60 mins**



Advanced derma lift facial: Light skin peel and skin specific infused mask £52

Using a light skin peel to remove dead epidermal skin cells and a micro current to gently lift and tone facial, eye, and neck area muscles, helping to reduce fine lines, skin tone and puffiness . Application of skin specific infused mask using the micro current to enable skin optimum and nourishment **75 mins**



Derma eye lift: Concentrated eye lifting treatment £28

Using a micro current to lift and tone the upper and lower eye areas: helps to reduce puffiness, fine lines, using specialised Vitamin C infused pads and also includes a draining, soothing and relaxing eye massage **30mins**

