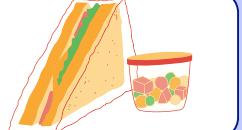


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LUNCH Bear Clan 1:30pm – 3:00pm Downtown Mobile (no set location)	BREAKFAST Women's Resource Centre 9:30am -Noon Women & children only	TO-GO BAGS Women's Resource Centre 9:30am -Noon Women & children only	BREAKFAST Women's Resource Centre 9:30am -Noon Women & children only	TO-GO BAGS Women's Resource Centre 9:30am -Noon Women & children only	BREAKFAST Women's Resource Centre 9:30am -Noon Women & children only	LUNCH 7th Street HAC Sandwiches 11:30am – 1:00pm
LUNCH Love in the City Ministries 1:00-3:00pm	BREAKFAST Men's Resource Centre 9:00-10:00 am Program Participants	LUNCH Helping Hands 11:30am – 1:00pm	BREAKFAST Men's Resource Centre 9:00-10:00 am Program Participants	LUNCH Helping Hands 11:30am – 1:00pm	BREAKFAST Men's Resource Centre 9:00-10:00 am Program Participants	DINNER Salvation Army Princess Park 4:30pm
LUNCH 7th Street HAC Sandwiches 11:30am – 1:00pm	LUNCH Helping Hands 11:30am-1:00pm	HAMPERS Samaritan House Monthly Hamper (or Weekly Kit for unhoused population) Register in person only Mon-Fri 10:00am-3:00pm Tues evening 4:00pm-5:30pm	LUNCH Helping Hands 11:30am – 1:00pm	GROCERIES Food Rescue Grocery Store Wed & Thurs 12:00-6:00pm Fri 1:00-6:00pm Sat 10:00-4:00pm Closed Sun-Tues	LUNCH Helping Hands 11:30am – 1pm	OUTDOOR WATER BOTTLE REFILL STATIONS Closed for the season until the Spring
Ask Auntie Coffee Lounge Mon-Fri 9:00 am -11:00 am 4:30 pm-7:00 pm Sat-Sun 11:00 am -7:00 pm	COFFEE 7th St. HAC Tues & Thurs 9:00am – 11:00am BFC Drop-In Mon-Fri 8:30am-4:30pm	HAMPERS St. Augustine's Church Monthly on Wed 1:30pm –3:00pm Drop in basis. East door. 204-727-4728 Salvation Army Monthly on Wed. Call Tues to book 204-727-4334	HAMPERS St. Augustine's Church Monthly on Wed 1:30pm –3:00pm Drop in basis. East door. 204-727-4728 Salvation Army Monthly on Wed. Call Tues to book 204-727-4334	LIGHT MEAL Bear Clan – Mobile Thurs. & Fri. 7:00pm – 9:00pm	LIGHT MEAL Bear Clan – Mobile Thurs. & Fri. 7:00pm – 9:00pm	 PHONE APPS FOR DISCOUNTED GROCERIES Flashfood (Superstore) Food Hero (Safeway/Sobeys)

Contact Information:

Brandon Bear Clan: 603 Princess Ave 431-720-2327
Brandon Friendship Centre (BFC): 603 Princess Ave 204-727-1407
Ask Auntie (new location): 24-6th St 204-901-4049
Food Rescue Grocery Store: Town Centre parkade 204-727-1696
Helping Hands Soup Kitchen: 111 7th Street 204-727-4635
Love in the City Ministries: 302 8th Street 204-717-7744

Samaritan House: 820 Pacific Avenue 204-726-0758
The Women's Resource Centre: 1233 Rosser Ave 204-726-8632
Salvation Army: 9 Princess Avenue East 204-727-4334
(Food Truck location – Princess Park)
St. Augustine's Church: 327 4th Street 204-727-4728
7th Street Health Access Centre: 20 – 7th Street 204-578-4800

Find the most up-to-date Brandon Food Calendar

