## BRANDON FOOD PROGRAMS - Weekly Calendar | Updated OCT 2025

Information is subject to change.

**SUNDAY** 

**MONDAY** 

WEDNESDAY

**THURSDAY** 

**FRIDAY** 

**SATURDAY** 

LUNCH Bear Clan

1:30pm - 3:00pm Downtown Mobile (no set location)

LUNCH Love in the City Ministries 1:00-3:00pm

LUNCH
7th Street HAC
Sandwiches
11:30am - 1:00pm

PHONE APPS FOR
DISCOUNTED
GROCERIES
Flashfood
(Superstore)
Food Hero
(Sobeys/Safeway)

BREAKFAST Women's Resource Centre 9:30am -Noon Women & children only

> BREAKFAST Men's Resource Centre

9:00-10:00 am Program Participants

LUNCH Helping Hands 11:30am-1:00pm

COFFEE
Ask Auntie
Mon-Fri
4:30pm-7:00 pm
7th St. HAC
Tues & Thurs

9:00am - 11:00am **BFC Drop-In** Mon-Fri 8:30am-4:30pm TO-GO BAGS Women's Resource Centre

**TUESDAY** 

9:30am -Noon Women & children only

LUNCH Helping Hands 11:30am - 1:00pm

HAMPERS Samaritan House

Monthly Hamper
(or Weekly Kit for
unhoused
population)
Register in person
only
Mon-Fri
10:00am-3:00pm
Tues evening
4:00pm-5:30pm

BREAKFAST Women's Resource Centre

9:30am -Noon Women & children only

Men's Resource Centre 9:00-10:00 am Program

**BREAKFAST** 

LUNCH Helping Hands 11:30am - 1:00pm

**Participants** 

HAMPERS St. Augustine's Church Monthly on Wed 1:30pm -3:00pm

Drop in basis.
East door.
204-727-4728
Salvation Army
Monthly on Wed.
Call Tues to book
204-727-4334

TO-GO BAGS Women's Resource Centre 9:30am -Noon Women & children only

LUNCH Helping Hands 11:30am - 1:00pm

GROCERIES
Food Rescue
Grocery Store
Wed & Thurs

Wed & Thurs 12:00-6:00pm Fri 1:00-6:00pm Sat 10:00-4:00pm Closed Sun-Tues

LIGHT MEAL

Bear Clan - Mobile

Thurs. & Fri.

7:00pm - 9:00pm

BREAKFAST Women's Resource Centre

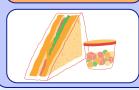
9:30am -Noon Women & children only

BREAKFAST Men's Resource Centre

9:00-10:00 am Program Participants

LUNCH Helping Hands 11:30am - 1pm

LIGHT MEAL
Bear Clan - Mobile
Thurs. & Fri.
7:00pm - 9:00pm



LUNCH
7th Street HAC
Sandwiches
11:30am - 1:00pm

DINNER
Salvation Army
Princess Park
4:30pm

OUTDOOR WATER
BOTTLE REFILL
STATIONS
Closed for the
season until the
Spring



## **Contact Information:**

Brandon Bear Clan: 603 Princess Ave 431-720-2327
Brandon Friendship Centre (BFC): 603 Princess Ave 204-727-1407
Ask Auntie (new location): 24-6<sup>th</sup> St 204-901-4049
Food Rescue Grocery Store: Town Centre parkade 204-727-1696
Helping Hands Soup Kitchen: 111 7th Street 204-727-4635
Love in the City Ministries: 302 8th Street 204-717-7744

Samaritan House: 820 Pacific Avenue 204-726-0758
The Women's Resource Centre: 1233 Rosser Ave 204-726-8632
Salvation Army: 9 Princess Avenue East 204-727-4334
(Food Truck location – Princess Park)
St. Augustine's Church: 327 4th Street 204-727-4728
7th Street Health Access Centre: 20 – 7th Street 204-578-4800

Find the most up-to-date Brandon Food Calendar



SOCIAL MEDIA @CWCBRANDON CWCBRANDON.CA