

 <p><b>Communitywellness204@gmail.com</b></p>	<p><b>Community Wellness Collaborative</b></p> <p><b>July 2022</b></p> <p><b>TERMS OF REFERENCE</b></p>
<p>On behalf of the Community Wellness Collaborative, I want to acknowledge the Indigenous Peoples in Manitoba, upon whose lands we continue to gather, work and reside. We are gathered today on Treaty 1 and 2 territories. Treaty 1 and 2 are two of the historic treaties that were signed in Manitoba, including numbered treaties 1 through 5, and 10. I acknowledge that Manitoba encompasses the First Nations ancestral lands of the Anishinaabe, Cree, Anishinew, Dakota, and Dene peoples, as well as the traditional homelands of the Metis Nations. I also acknowledge that many Inuit have made a home in Manitoba. I further acknowledge the strengths and resilience of all Indigenous Peoples in Manitoba, as demonstrated through the sharing of Indigenous knowledge, continued cultural practices, and language revitalization.</p> <p>The Community Wellness Collaborative continues to strive toward community planning and development that embraces equitable and collaborative approaches to reconciliation.</p>	
<p><b>Call to Action</b></p>	<p>Collaborators of the CWC believe the intersectional challenges faced by community require innovative and transformative actions that empowers and complements existing services. The CWC represents collaborators working in good faith to coordinate and support efforts that promote community wellness.</p>
<p><b>Purpose</b></p>	<p>The CWC acts to inform community on issues of import and to provide a meeting place where projects of benefit to the community can be drafted and refined. It is a space where decision makers and community can come together to work towards wellness and learn from each other. It is a place where researchers can connect and find the appropriate stakeholders, where innovative initiatives are conceived and thrive. It supports development that is responsible and fair under social determinants of health guidelines and engages community in innovative actionable solutions to local challenges and opportunities.</p>
<p><b>Vision</b></p>	<p>Through transformative social change, we foster an empowered community that thrives in an inclusive and caring way.</p>
<p><b>Mission</b></p>	<p>The CWC works to support transformative, strategic, accountable, safe, and culturally competent knowledge and service networks that create agile and collaborative partnerships.</p>

<b>Scope</b>	The CWC includes all that choose to participate with the CWC or are impacted by the work of the CWC.
<b>Guiding Principles in Partnership</b>	<b>Accountability:</b> we follow through on our commitments and our actions. We will consider both intended and unintended outcomes of our actions to the best of our ability.
	<b>Actionable Research:</b> we will lead and/or participate in collaborative research to facilitate community action.
	<b>Collaboration:</b> we commit to create a safer space to foster positive working relationships, shared resources and decision-making, and collective actions.
	<b>Community Capacity:</b> Through meaningful engagement we commit to build on existing community assets to enhance and empower the voice of individuals and groups in support of community driven solutions.
	<b>Communication:</b> we commit to meaningful and timely communication.
	<b>Economic Success/Stability:</b> we recognize the importance of income and financial literacy as key drivers of health and wellness, and will work to improve the economic reality of individuals and groups.
	<b>Equity not Equality:</b> we actively promote equitable outcomes for community because equal delivery of services within colonial systems do not result in fair and ethical outcomes for those in need.
	<b>Inclusivity:</b> we respect differences in culture, values, and life circumstance. We all share in the responsibility to include the larger community.
	<b>Innovation:</b> we focus on innovative, evidence-informed actions and improving available services and supports in the community.
	<b>Practice Wisdom:</b> we honour experiential learning gained through community practice over time.
	<b>Responsibility:</b> we are responsible to all community members who contribute to, and are impacted by, our efforts.
	<b>Representation:</b> members of the collaborative should be as representative of community as possible.
	<b>Truth and Reconciliation Commission: Calls to Action:</b> we commit to ongoing learning and the facilitation of community discussions to identify opportunities for social action in support of the calls to action.
	<b>Value Evidence:</b> we will gather locally-relevant data, be open to new interpretations, and build on knowledge and experience in community.
	The CWC adheres to the above guiding principles while recognizing that the many diverse languages and ideas represented within community must inform the actions of the CWC and not all may be represented clearly within this document. The CWC commits to seeking consensus wherever possible

	and to represent in good faith the disparate opinions of members within a framework guided by the above principles in partnership.
<b>Outcomes</b>	<ul style="list-style-type: none"> <li>○ Community wellness</li> </ul>
	<ul style="list-style-type: none"> <li>○ Community stewardship</li> </ul>
	<ul style="list-style-type: none"> <li>○ Informed &amp; Engaged Collaborators <ul style="list-style-type: none"> <li>▪ Collaborators informed on issues and initiatives of interest to the community</li> <li>▪ Collaborators actively seek partnerships to achieve collective impact</li> </ul> </li> </ul>
	<ul style="list-style-type: none"> <li>○ Enhanced connections and opportunities for learning between Community, Collaborators and Members</li> </ul>
	<ul style="list-style-type: none"> <li>○ Understanding of what wellness means for community, using determinants of health as a framework</li> </ul>
	<ul style="list-style-type: none"> <li>○ Presence of a shared space for innovative and actionable community development</li> </ul>
	<ul style="list-style-type: none"> <li>○ Celebrate ways of being, practice wisdom, traditional knowledge, and evidence informed decision making</li> </ul>
<b>Membership</b>	<p><b>Committee of the Whole</b></p> <ul style="list-style-type: none"> <li>▪ Broad body of community interest representing agencies and individuals</li> </ul> <p><b>Board of Directors</b></p> <ul style="list-style-type: none"> <li>▪ Co-Chair Model: including Indigenous representation</li> <li>▪ Elected by Collaborators representing key elements of community</li> <li>▪ The Board will consist of 3 to 12 Director seats</li> </ul> <p><b>Collaborators</b></p> <ul style="list-style-type: none"> <li>▪ Enthusiastic participation in addressing the challenges faced by community</li> <li>▪ Act as contact points and bring collaborative ideas to the table</li> <li>▪ Commit to a certain number of meetings a year</li> <li>▪ May be a member of a Coordinating or Steering committee(s)</li> </ul> <p><b>Supporters</b></p> <ul style="list-style-type: none"> <li>▪ Private partners prepared to engage with social procurement and other issues of import to the collaborative</li> <li>▪ May be anonymous</li> </ul>
<b>Operational Structure</b>	<p><b>Board of Directors</b></p> <ul style="list-style-type: none"> <li>▪ Executive positions will be voted in by Collaborators and hold the positions for a three-year term</li> </ul> <p><b>Coordinating Committees</b></p> <ul style="list-style-type: none"> <li>▪ Liaise pre-existing or emergent committees on key issues in Brandon and surrounding area</li> </ul> <p><b>Steering Committees</b></p>

	<ul style="list-style-type: none"> <li>▪ Special Committees called to order by the Board on issues of import</li> <li>▪ May be long-term or short term and accommodate existing bodies</li> </ul>
<b>Meetings</b>	<ul style="list-style-type: none"> <li>▪ Meetings will be held monthly and at the call of the Chairpersons as required</li> <li>▪ Meetings will be structured to support community participation and will include a hybrid option wherever possible</li> <li>▪ Meetings represent an opportunity to network and learn about community and thus locations will rotate accordingly</li> <li>▪ Quorum is set at 50% + 1 of voting membership</li> </ul>
<b>Communication</b>	<ul style="list-style-type: none"> <li>▪ Meeting minutes will be distributed to Board members in advance of the next meeting</li> <li>▪ Meeting minutes and committee reports will be shared with ex-officio members of the Board</li> <li>▪ The Chairpersons are the public spokespersons for the Board.</li> </ul>
<b>Accountability</b>	The CWC Board of Directors will report to the broad community through an annual general meeting for stakeholders and residents. Additional reporting will occur when appropriate.
<b>Community Review</b>	The Terms of Reference will be reviewed annually by CWC Collaborators and updated as required.
<b>Date reviewed</b>	July 2022

## Appendix A: Definitions

**Actionable:** Work that is possible with readily available resources

**Collaborators:** The term collaborator is used in two different ways in this document. 1) to denote member and collaborators of the CWC, 2) to denote a specific category of engagement with the CWC (ie. Collaborators, Members) that improves capacity of community members organizations and through building partnerships in community

**Community:** Is self-defined by those that identify as members of community

**Community Development:** Community development is a holistic approach grounded in principles of empowerment, human rights, inclusion, social justice, self-determination and collective action (Kenny, 2007). Community development considers community members to be experts in their lives and communities, and values community knowledge and wisdom. Community development programs are led by community members at every stage - from deciding on issues to selecting and implementing actions, and evaluation. Community development has an explicit focus on the redistribution of power to address the causes of iniquity and disadvantage. -

<https://aifs.gov.au/cfca/expert-panel-project/what-community-development> - Accessed 2021-08-23

**Community Wellness:** Community wellness is considered holistic, we focus on those issues that are emergent within community. Journeys towards wellness are varied and as collaborators we assist in taking the appropriate next step towards improving wellness for community. It extends beyond physical health and incorporates many different contexts of the lived experience that should work in harmony.

There are two important aspects to this definition. First, wellness is not a passive or static state but rather an “active pursuit” that is associated with intentions, choices and actions as we work toward an optimal state of health and wellbeing. Second, wellness is linked to holistic health—that is, it extends beyond physical health and incorporates many different dimensions of lived experience that should work in harmony. - <https://globalwellnessinstitute.org/what-is-wellness/> - Accessed 2021-08-23

**Evidence Informed Decision Making:** process for making decisions about a program, practice, or policy that is grounded in the best available research evidence and informed by experiential evidence from the field and relevant contextual evidence -

[https://vetoviolence.cdc.gov/apps/evidence/docs/EBDM\\_82412.pdf](https://vetoviolence.cdc.gov/apps/evidence/docs/EBDM_82412.pdf) - Accessed 2021-08-23

**Practice Wisdom:** Is the knowledge and expertise that social workers, therapists, and other care providers draw upon to make professional decisions. Practice wisdom develops through on-the-job training and experience but may also be influenced by theory, research, and life experience. - <https://www.alleydog.com/glossary/definition.php?term=Practice+Wisdom> - Accessed 2021-08-23

**Shared Space:** A welcoming and open space where community can come together to debate and create Community Wellness Collaborative Terms of Reference – Approved October 19, 2021

**Stewardship (Seventh Generation Principle):** Stewardship, the notion of caring for the people and space around us, is an integral part of responsible community development. There are many models of stewardship; The Seventh Generation Principle today is generally referred to in decisions being made about our energy, water, and natural resources, and ensuring those decisions are sustainable for seven generations in the future. But, it can also be applied to relationships - every decision should result in sustainable relationships seven generations in the future. – adapted from <https://www.ictinc.ca/blog/seventh-generation-principle> - Accessed 2021-08-23

**Traditional Knowledge:** Honour local knowledge and knowledge production practices, bring in the wisdom of generational knowledge and the respect it deserves. Knowledge, know-how, skills and practices that are developed, sustained and passed on from generation to generation within a community, often forming part of its cultural or spiritual identity. - Modified from: [https://www.wipo.int/tk/en/tk/#:~:text=Traditional%20knowledge%20\(TK\)%20is%20knowledge,its%20cultural%20or%20spiritual%20identity.](https://www.wipo.int/tk/en/tk/#:~:text=Traditional%20knowledge%20(TK)%20is%20knowledge,its%20cultural%20or%20spiritual%20identity.) - Accessed 2021-08-23

**Ways of Being:** The CWC acknowledges and celebrates the many Ways of Being represented by our diverse community and works to support and learn from different Ways of Being

**Members:** individuals or groups with an interest in community wellness who have not yet committed to formal functions of the CWC