

# NAUTICAL ARABIA ACADEMY

# AT SUNSET BEACH RESORT KHOBAR, SAUDI ARABIA

Learn Sailing In Safe And Motivating Environment.



# ZERO-TO-HERO

(36 Hrs)

This course is the fastest route to gaining a benchmark level. The Zero-to-Hero course combines Level 1, 2, 3 and 4.



## START SAILING LEVEL 1

Launching and recovery, sailing across the wind, turning around, steering and basic parts of the boat

## START SAILING LEVEL 2

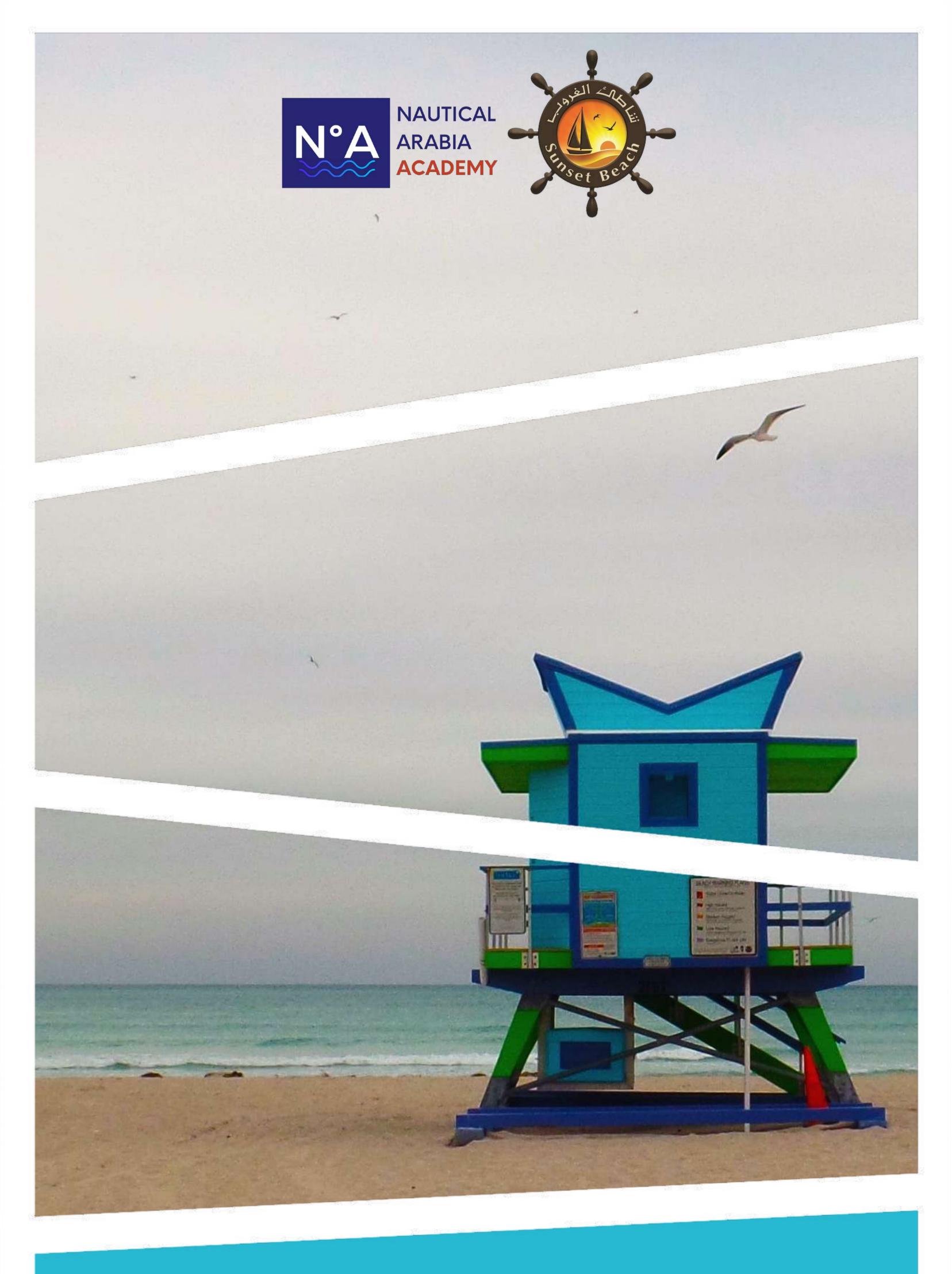
Improved sailing skills on all points of sail. Tacking, gybing, ropework and collision avoidance

#### START SAILING LEVEL 3

Improved rigging, sailing theory, launching and recovery. Building confidence in a range of sailing techniques on all points of sail and capsize recovery

#### START SAILING LEVEL 4

Transferring pre-learnt skills, techniques and maneuvers to sail crewed boats, enhance rigging, launching, recovery and practical skills to recover a man overboard.



### SAFETY

Training is conducted under supervision of a certified RYA instructor, with presence of lifeguard, safety vessel, lifejackets, helmets, on safe and shallow water, and with medical staff available on site.