



NAUTICAL
ARABIA
ACADEMY



NAUTICAL ARABIA ACADEMY

**AT SUNSET BEACH RESORT
KHOBAR, SAUDI ARABIA**

Learn Sailing In Safe And Motivating Environment.

www.NauticalArabia.com . Sunset Beach Resort, Khobar .
academy@nauticalarabia.com - WhatsApp: 0505592005



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ZERO-TO-HERO (36 Hrs)

This course is the fastest route to gaining a benchmark level. The Zero-to-Hero course combines Level 1, 2, 3 and 4.

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START SAILING LEVEL 1

Launching and recovery, sailing across the wind, turning around, steering and basic parts of the boat

START SAILING LEVEL 2

Improved sailing skills on all points of sail. Tacking, gybing, ropework and collision avoidance

START SAILING LEVEL 3

Improved rigging, sailing theory, launching and recovery. Building confidence in a range of sailing techniques on all points of sail and capsized recovery

START SAILING LEVEL 4

Transferring pre-learnt skills, techniques and maneuvers to sail crewed boats, enhance rigging, launching, recovery and practical skills to recover a man overboard.



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SAFETY

Training is conducted under supervision of a certified RYA instructor, with presence of lifeguard, safety vessel, lifejackets, helmets, on safe and shallow water, and with medical staff available on site.

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